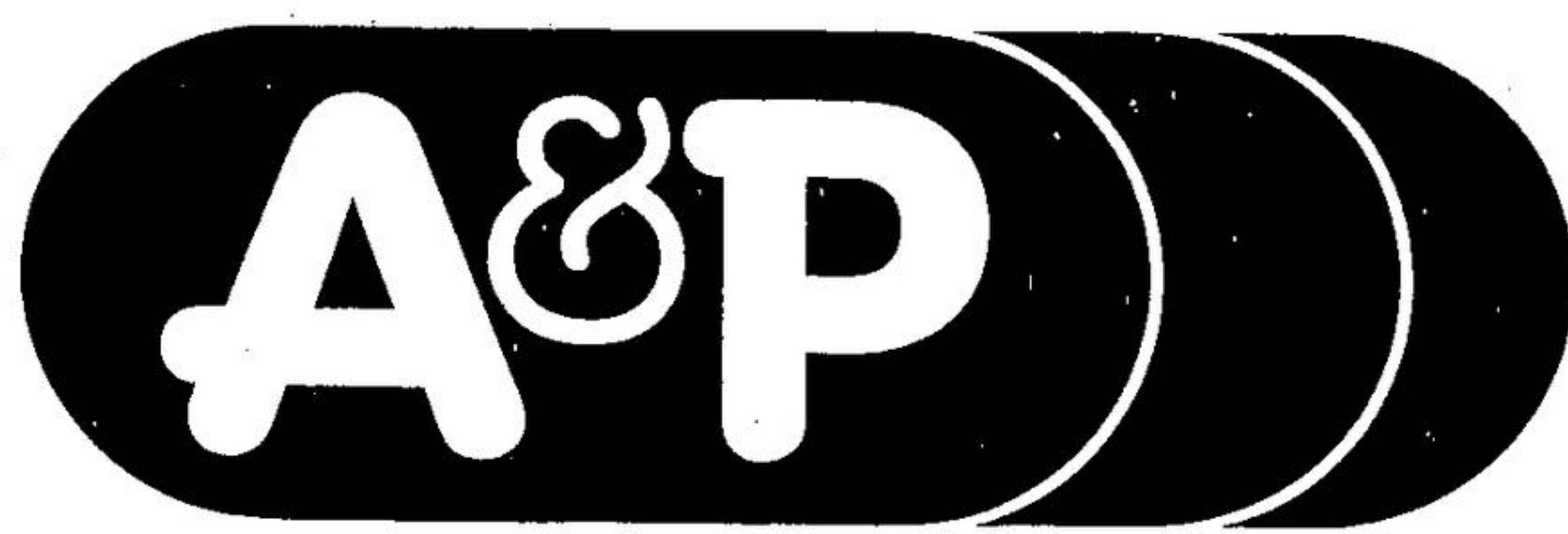




We're working together to keep our Prices low and our Pride high. If we can't do it, nobody can.



ALL PRICES SHOWN IN THIS AD GUARANTEED EFFECTIVE THROUGH SATURDAY, FEB. 28TH, 1976.

Report From Queen's Park



by Julian Reed MPP, Halton-Burlington

This is the time of year when we all start thinking about Income Tax Returns, and already I have received a number of enquiries about the Provincial Tax Credit System, which is, of course, designed to improve the fairness of the tax system, by relating the credits to the individual's ability to pay taxes.

In an effort to make sure that the benefits of the Tax Credit System are most helpful to those in the greatest need of assistance, the total Tax Credit entitlement is reduced by 2 percent of the taxable income, which means that the amount available to any taxpayer depends upon the family circumstances, age, income, and the property tax or rent which is paid, subject to an overall maximum of \$500. In the event that a taxpayer has any outstanding liability for Income Tax, Canada Pension Plan or Unemployment Insurance contribution, the Tax Credits will be applied to reduce this liability. Otherwise, the Federal Department of National Revenue will send out a refund cheque which will include the Tax Credits paid by the province as well as any federal refund which may be payable.

To be eligible for the Tax Credits, you must be over 16 and a resident of Ontario on the last day of the taxation year. If someone is temporarily out of the Province on December 31st, he or she may still be considered a resident, providing a tax return is not filed as a resident of another Province. Individuals who left Ontario and Canada during the taxation year must consider the last day of their taxation year as the day on which they ceased to live in Ontario, and their eligibility for tax credit purposes is determined as of that date.

Property Tax Credit
This should be claimed by the spouse having the higher taxable income, in respect of the principal residence only, and is the lesser of \$180 or occupancy cost (plus 10 percent). For homeowners, occupancy cost is property tax paid in 1975, and for those who rent accommodation it is 20 percent of the total rent paid in 1975. College, university and nursing students living in "prescribed" student residences may claim occupancy cost of \$25.00. People under the age of 16 at the end of the year, or under 21, living at home and claimed as dependents, are ineligible for this credit.

Sales Tax Credit
This credit is 1 percent of Personal Exemptions for Income Tax purposes, and may be claimed by most Ontario residents, with the exception of those under 16, or anyone claimed as a dependent for an Income Tax Return.

Pensioner Tax Credit
This \$110 Tax Credit may be claimed by everyone over 65 years of age and resident in Ontario on December 31st, 1975, but in the case of a married couple, both over 65 at the end of the taxation year, and living in the same principal residence, only the spouse with the higher taxable income is eligible.

Ontario Political Contribution Tax Credit
To obtain this Tax Credit, you list your Total Ontario Political Contributions for taxation year 1975 and official receipts must be attached. The total allowable credit maximum is \$500 remember. You may claim 75 percent of the first \$100 of total contributions, 50 percent of the next \$450 of total contributions, and 33 one-third percent of total contributions in excess of \$550.

PORK LOIN QUARTERS CUT INTO
PORK CHOPS
10 CHOPS IN A PKG
lb **\$1.39**
2 RIB CHOPS, 2 LOIN END CHOPS
6 CENTRE CUT CHOPS

Pork Loin Roasts
Rib Portion **\$1.18**
Tenderloin Portion
3 to 3 1/2-lb Cut
(SLICED lb \$1.28) lb **\$1.39**
RIB HALF LOIN
TENDERLOIN HALF LOIN lb **\$1.39**

SMOKED, COOKED 16 TO 20-LBS AVERAGE
WHOLE HAMS
lb **99¢**

CENTRE CUT PORK LOIN ROASTS or CHOPS
lb **\$1.79**

RIB LOIN
Pork Chops lb **\$1.69**
COUNTRY STYLE
Spare Ribs lb **\$1.49**
SUPER-RIGHT—SLICED
Side Bacon 1/2 lb Vac Pac **\$1.68**
SUPER-RIGHT QUALITY
Sliced Pork Liver lb **39¢**
MAPLE LEAF—REGULAR OR ALL BEEF
Wieners 1/2 lb Vac Pac **88¢**
MAPLE LEAF—RANCH STYLE
Bologna By The Piece lb **49¢**
MAPLE LEAF—SLICED
Bologna 1/2 lb Vac Pac **99¢**

COOKED, SMOKED
HAMS
SHANK PORTION **\$1.09**
BUTT PORTION **\$1.19**
SHANK HALF (No Centre Slices Removed) lb **\$1.29**
BUTT HALF (No Centre Slices Removed) lb **\$1.39**
CENTRE CUTS or HAM STEAKS lb **\$1.49**

SWIFT PREMIUM—SLICED
Side Bacon 1/2 lb Vac Pac **\$1.78**
FEARMA'S—HOT OR SWEET
Italian Sausage lb **99¢**
SCHNEIDERS—SLICED, 8 VARIETIES 4-OZ PKG
Luncheon Meat **44¢**
BURNS—STORE PACK
Sausages Beef & Pork lb **89¢**
SCHNEIDERS—FROZEN
Beef Steakettes lb **95¢**
GOLDEN SKILLET—FROZEN—HEAT & SERVE
Chicken Cutlets lb **88¢**
FRAZERVILLE—FROZEN—TURDOT 24-OZ PKG
Fish & Chips **\$1.08**

COKE
40-FL-OZ BOTTLE **39¢** PLUS BOTTLE DEPOSIT

PANCAKE DAY
TUESDAY, MARCH 2nd
GOLDEN CORN SYRUP ACTION PRICED!
Beehive 2-lb tin **69¢**
AUNT JEMIMA 32-FL-OZ BTL ACTION PRICED!
Pancake Syrup **\$1.29**
PANCAKE MIX—REGULAR, BUCKWHEAT, BUTTERMILK ACTION PRICED!
Aunt Jemima **69¢**

GINGER, OATMEAL, CHOCOLATE, SUGAR & SPICE 2-LB PKG
McCormicks Snaps **\$1.39**
DETERGENT ACTION PRICED!
Joy Liquid 32-oz plastic btl **99¢**
AYLMER—CHOICE ACTION PRICED!
Tomatoes 28-oz tin **59¢**
MACARONI & CHEESE ACTION PRICED!
Kraft Dinner 3 7 1/2-oz pkgs **79¢**
INSTANT PREPRICED
Nescafe Coffee 10-oz jar **\$2.89**
CHOICE—SLICED 19-FL-OZ TIN
Libby's Beets 3 **\$1.00**
CHEESE
Kraft Pizza Mix 30-oz pkg **\$1.29**
SWEET MIXED OR SWEET WAFER ACTION PRICED!
Aylmer Pickles 15-oz jar **65¢**
8 VARIETIES
Lipton Cup-A-Soup 1.25-oz pkg **59¢**

5 VARIETIES
ROWNTREE CANDY 2 FAMILY SIZE BARS **89¢**

Fresh Baked Goods!
Sliced, 60 or 100% Whole Wheat or Cracked Wheat
JANE PARKER BREAD
3 **\$1.00**
24-OZ LOAVES BUY 3 LOAVES SAVE 41¢
FULL 8 INCH—24 OZ PIE SAVE 10¢
JANE PARKER PUMPKIN PIE EACH **89¢**
JANE PARKER SAVE 10¢
FROSTED BALL DONUTS PKG OF 6 **59¢**
JANE PARKER (PKG OF 12 \$1.19)
HOT CROSS BUNS PKG OF 6 **69¢**
JANE PARKER—APPLE RAISIN ACTION PRICED!
Coffee Cake 12-oz cake **75¢**
JANE PARKER SAVE 10¢
Lemon Pie FULL 8 INCH, 22 OZ PIE **75¢**
JANE PARKER SAVE 10¢
Jelly Donuts pkg of 6 **69¢**
JANE PARKER SAVE 10¢
Bran Muffins pkg of 6 **49¢**
JANE PARKER ACTION PRICED!
Jelly Roll 10-oz cake **69¢**
WINTARIO & OLYMPIC LOTTERY TICKETS AVAILABLE AT A&P FOOD STORES!

HEINZ—SPAGHETTI IN TOMATO SAUCE
NOODLE NUMBERS
19-FL-OZ TIN **39¢**

BUDGET—WHITE—PINK—YELLOW
BATHROOM TISSUE
PKG OF 4 ROLLS **89¢**

LIBBY'S—CHOICE ACTION PRICED!
MIXED VEGETABLES
4 10-FL-OZ TINS **\$1.00**

4 VARIETIES
DAD'S COOKIES
1-LB TIN TIE BAG **89¢**

MONARCH—7 VARIETIES
CAKE MIXES
3 9-OZ POUCH PACKS **\$1.00**

FROZEN, CONCENTRATED, 100% JUICE FROM FLORIDA
A&P ORANGE JUICE
4 6-FL-OZ TINS **\$1.00**
2-12-FL-OZ TINS — \$1.00

MONTHLY FEATURE
Kleenex 3 boxes of 100 sheets **\$1.00**
TOMATO OR VEGETABLE MONTHLY FEATURE
Heinz Soups 5 10-oz tins **\$1.00**
11 VARIETIES MONTHLY FEATURE
Pamper Cat Food 5 6 1/2-oz tins **\$1.00**
ZION BRAND
Fig Bars 24-oz pkg **99¢**
ANN PAGE MONTHLY FEATURE
Peanut Butter 1-lb jar **79¢**

CUT GREEN OR WAX
Aylmer Beans 4 10-oz tins **\$1.00**
POWDER
Cheer Detergent 5-lb box **\$2.29**
HEINZ
Tomato Paste 3 5 1/2-oz tins **\$1.00**
MONARCH IMPERIAL
Soft Margarine pkg of 2, 8-oz tubs **79¢**
BEEF—CHICKEN—LIVER 25 1/2-OZ TIN
Dr. Ballard's Dog Food 3 **\$1.00**

Fresh Fruits & Vegetables
CANADA NO. 1 GRADE, P. E. I.
WHITE TABLE STOCK
POTATOES
20-LB BAG **\$2.69**
FLORIDA MILD, LARGE ECONOMY PACKAGE
RADISHES
1-LB PKG **29¢**
MEXICAN SUGAR LOAF, LARGE SIZE
PINEAPPLE
EACH **59¢**
PACKED FRESH DAILY
CHOPPED SUEY MIX
16 OZ PKG **39¢**
EVERY DAY LOW RETAIL
POPPING CORN
7 1/2 LB PKG **69¢**
IN HANGING BASKETS
TROPICAL PLANTS
6 INCH POTS **\$5.49**