

Working
harder to keep
prices low
our pride



If we can't do it, nobody can.

ALL PRICES SHOWN IN THIS AD GUARANTEED EFFECTIVE THROUGH SATURDAY, FEB. 28TH, 1976.

89¢

TO 20-LBS AVERAGE

99¢

Pork Loin Roasts

Rib Portion **\$1.18**

Tenderloin Portion **\$1.18**

(SLICED lb \$1.28) lb

RIB HALF LOIN **\$1.39**

TENDERLOIN HALF LOIN **\$1.39**

Centre Cut Pork Loin Roasts or Chops

\$1.79

lb

COOKED, SMOKED HAMS

SHANK PORTION **\$1.09**

BUTT PORTION **\$1.19**

SHANK HALF (No Centre Slices Removed) lb **\$1.29**

BUTT HALF (No Centre Slices Removed) lb **\$1.39**

CENTRE CUTS or HAM STEAKS lb **\$1.49**

Side Bacon 1/2 lb Vac Pac **\$1.78**

Italian Sausage lb **99¢**

Luncheon Meat 4oz pkg **44¢**

Sausages Beef & Pork lb **89¢**

Beef Steakettes lb **95¢**

Chicken Cutlets lb **88¢**

Fish & Chips **\$1.08**

COKE

40-FL-OZ BOTTLE **39¢** PLUS BOTTLE DEPOSIT

PANCAKE DAY

TUESDAY, MARCH 2nd

Beehive 2-lb tin **69¢**

Pancake Syrup **\$1.29**

Aunt Jemima **69¢**

McCormicks Snaps **\$1.39**

Joy Liquid 32-oz plastic bl **99¢**

Tomatoes 28-oz tin **59¢**

Kraft Dinner 3 7 1/2-oz pkgs **79¢**

Nescafe Coffee 10-oz jar **\$2.89**

Libby's Beets 3 **\$1.00**

Kraft Pizza Mix 30-oz pkg **\$1.29**

Aylmer Pickles 15-oz jar **65¢**

Lipton Cup-A-Soup 1.25-oz pkg **59¢**

ROWNTREE CANDY 2 FAMILY SIZE BARS **89¢**

Goods!

LEAD 00

BUY 3 LOAVES SAVE 41¢

89¢

59¢

69¢

75¢

75¢

69¢

49¢

59¢

NOODLE NUMBERS

19-FL-OZ TIN **39¢**

BATHROOM TISSUE

PKG OF 4 ROLLS **89¢**

MIXED VEGETABLES

4 10-FL-OZ TINS **\$1.00**

DAD'S COOKIES

1-LB TIN THE BAG **89¢**

CAKE MIXES

3 9-OZ POWDER PACKS **\$1.00**

A&P ORANGE JUICE

4 6-FL-OZ TINS **\$1.00**

Klondike 3 **\$1.00**

Soft Margarine pkg of 2, 8-oz tubs **79¢**

Dr. Ballard's Dog Food 3 **\$1.00**

Aylmer Beans 4 10-oz tins **\$1.00**

Cheer Detergent 5-lb box **\$2.29**

Tomato Paste 3 5 1/2-oz tins **\$1.00**

Fresh Fruits & Vegetables

CANADA NO. 1 GRADE, P. E. I. WHITE TABLE STOCK

POTATOES

20-LB BAG **\$2.69**

RADISHES 1-LB PKG **29¢**

PINEAPPLE EACH **59¢**

CHOPPED SUEY MIX 16-OZ PKG **39¢**

POPPING CORN 2-LB PKG **69¢**

TROPICAL PLANTS **\$5.49**

Report From Queen's Park



by Julian Reed MPP, Halton-Burlington

This is the time of year when we all start thinking about Income Tax Returns, and already I have received a number of enquiries about the Provincial Tax Credit System, which is, of course, designed to improve the fairness of the tax system, by relating the credits to the individual's ability to pay taxes.

In an effort to make sure that the benefits of the Tax Credit System are most helpful to those in the greatest need of assistance, the total Tax Credit entitlement is reduced by 2 percent of the taxable income, which means that the amount available to any taxpayer depends upon the family circumstances, age, income, and the property tax or rent which is paid, subject to an overall maximum of \$500.

In the event that a taxpayer has any outstanding liability for Income Tax, Canada Pension Plan or Unemployment Insurance contribution, the Tax Credits will be applied to reduce this liability. Otherwise, the Federal Department of National Revenue will send out a refund cheque which will include the Tax Credits paid by the province as well as any federal refund which may be payable.

To be eligible for the Tax Credits, you must be over 16 and a resident of Ontario on the last day of the taxation year. If someone is temporarily out of the Province on December 31st, he or she may still be considered a resident providing a tax return is not filed as a resident of another Province. Individuals who left Ontario and Canada during the taxation year must consider the last day of their taxation year as the day on which they ceased to live in Ontario, and their eligibility for tax credit purposes is determined as of that date.

Property Tax Credit

This should be claimed by the spouse having the higher taxable income, in respect of the principal residence only, and is the lesser of \$180 or occupancy cost (plus 10 percent). For homeowners, occupancy cost is property tax paid in 1975, and for those who rent accommodation it is 20 percent of the total rent paid in 1975. College, university and nursing students living in "prescribed" student residences may claim occupancy cost of \$25.00. People under the age of 18 at the end of the year, or under 21, living at home and claimed as dependents, are ineligible for this credit.

Sales Tax Credit

This credit is 1 percent of Personal Exemptions for Income Tax purposes, and may be claimed by most Ontario residents, with the exception of those under 18, or anyone claimed as a dependent for an Income Tax Return.

Pensioner Tax Credit

This \$110 Tax Credit may be claimed by everyone over 65 years of age and resident in Ontario on December 31st, 1975, but in the case of a married couple, both over 65 at the end of the taxation year and living in the same principal residence, only the spouse with the higher taxable income is eligible.

Ontario Political Contribution Tax Credit

To obtain this Tax Credit, you list your Total Ontario Political Contributions for taxation year 1975 and official receipts must be attached. The total allowable credit maximum is \$500 remember. You may claim 75 percent of the first \$100 of total contributions, 50 percent of the next \$450 of total contributions, and 33 one-third percent of total contributions in excess of \$550.