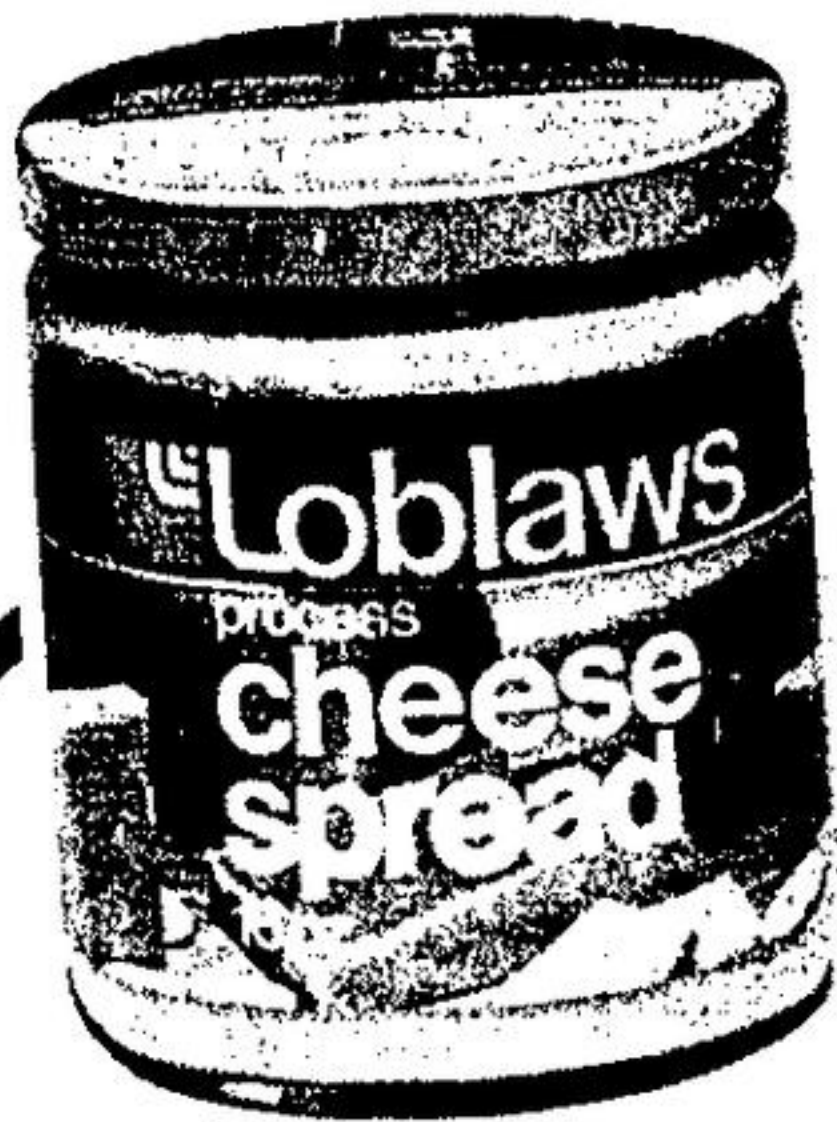




Kellogg's
Sugar Frosted
Flakes cereal

89¢
18 oz. pkg.



Loblaws process
cheese spread

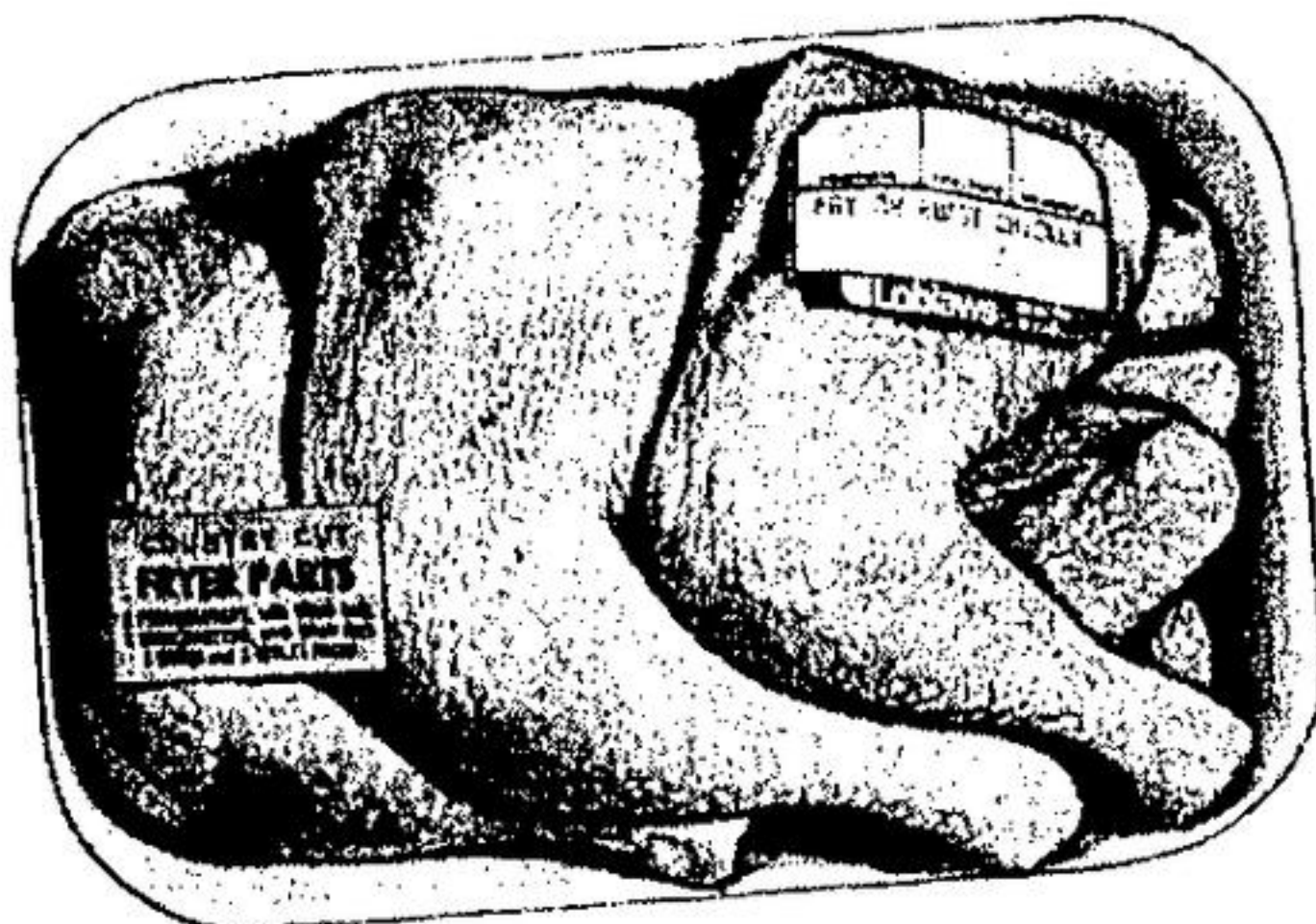
\$1.19
16 oz. jar



Mitchell's
choice
apple juice
unsweetened
vitaminized

49¢
48 fl. oz. tin

STOKELY FANCY
honey pod peas 2 10 FL. OZ. TINS **49¢**
KRAFT JET PUFFED
fruit flavoured marshmallows 11 OZ. PKG. **39¢**
KRAFT PROCESSED
cheese slices (SINGLES) 2 LB. PKG. **1.99**
CUDNEY FROZEN UNSWEETENED CONCENTRATED
orange juice 6 1/2 FL. OZ. TIN **15¢**
MEXICAN PRIDE
strawberry jam WITH PECTIN 24 FL. OZ. JAR **99¢**
WEST CARE
creme rinse REGULAR OR HERBAL 450 ML PLASTIC BOTTLE **1.79**
WEST CARE
shampoo 45 ML PLASTIC BOTTLE BABY, HERBAL, GOLDEN OR DANDRUFF **1.79**



FRESH "COUNTRY CUT" **fryer parts**

3 HINDQUARTERS WITH BACK
3 FRONTQUARTERS WITH BACK
3 WINGS, 2 GIBLETS
lb. 65¢

PREVIOUSLY FROZEN
skinless SLICED **beef liver lb. 48¢**
PREVIOUSLY FROZEN
sliced **pork liver lb. 35¢**
PREVIOUSLY FROZEN
meaty pork hocks LB. **35¢**
NEW ZEALAND IMPORTED FROZEN
shoulder lamb chops LB. **88¢**
NEW ZEALAND IMPORTED FROZEN
leg O'lamb WHOLE LB. **1.28**
SCHNEIDERS mini sizzlers or LOBLAWS
pork sausage skinless 1 LB. PKG. **1.08**
SHOPSYS
pure beef sausage 1 LB. PKG. **98¢**
SCHNEIDERS LOBLAWS
red or skinless **hots or wieners 1 LB. PKG. 78¢**
VALUPLUS BRAND
skinless wieners 2 LB. PKG. **1.48**
SCHNEIDERS or LOBLAWS SLICED
macaroni & cheese, chicken loaf, luncheon meat, or bologna 6 OZ. PKG. EACH **42¢**

SCHNEIDERS or LOBLAWS
sliced bologna 1 LB. PKG. **99¢**
SCHNEIDERS or LOBLAWS
sliced cooked ham 6 OZ. PKG. EACH **1.04**
LOBLAWS
sliced salami 6 OZ. PKG. EACH **65¢**
LUCAS ARTHURS BRAND
choice bologna BY THE PIECE LB. **48¢**
mini ZIGGYS
COOKED meat chubs 6 VARIETIES 8 OZ. EACH **99¢**
ZIGGYS
pepperoni, bavarian smokies, debreciner or bratwurst 8 OZ. POUCH EACH **1.04**
LOBLAWS BRAUNSCHWEIGER
liver sausage BULK LB. **99¢**
SCHNEIDERS
liver & bacon, braunschweiger or sandwich spread rolls 8 OZ. EACH **49¢**
SCHNEIDERS
beef meat pies 13 OZ. EACH **1.19**
HIGHLINER BRAND FROZEN
ocean perch fillets 1 LB. PKG. **82¢**
SCHNEIDERS FROZEN
quarter pound beef burgers 1 LB. PKG. 3 VARIETIES EACH **94¢**

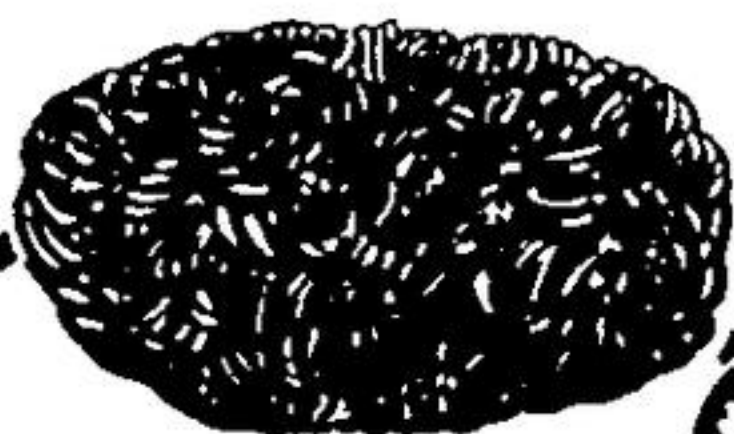
—FROZEN FOODS—

HONEY DEW
lemon lime drink CONCENTRATED 12 1/2 FL. OZ. TIN **49¢**
SOMERDALE
choice straight cut french fries 2 LB. POLY BAG **1.19**
LOBLAWS FANCY
sliced strawberries 15 OZ. CARTON **65¢**
McCAIN REGULAR
deep 'n delicious pizza 20 OZ. PKG. **1.79**
KELLOGG'S BLUEBERRY
eggo waffles 11 OZ. PKG. **59¢**



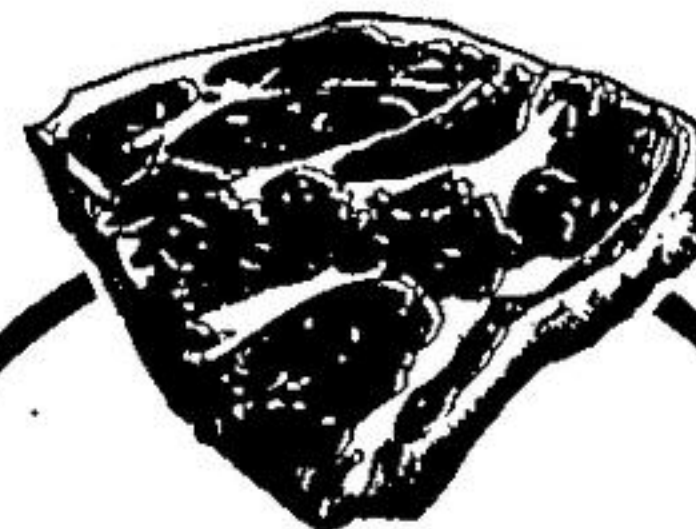
Kambly
chocolate chip
cookies

79¢
12 oz. bag



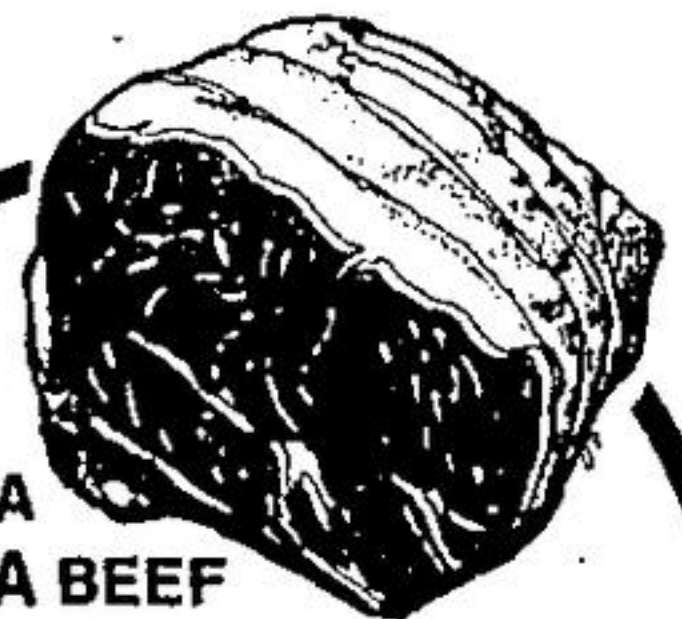
FRESHLY GROUND

ground beef
2 LB. PKG. or OVER **94¢ lb.**



CANADA GRADE A BEEF

chuck steaks
BLADE CUT **72¢ lb.**



CANADA GRADE A BEEF
round bone shoulder or
short rib roasts

78¢ lb.

PRICES EFFECTIVE AUG. 6 TO AUG. 12 EXCEPT PRODUCE & BAKERY PRICES EFFECTIVE AUG. 6 TO AUG. 9. GEORGETOWN ONLY

than the price is right.