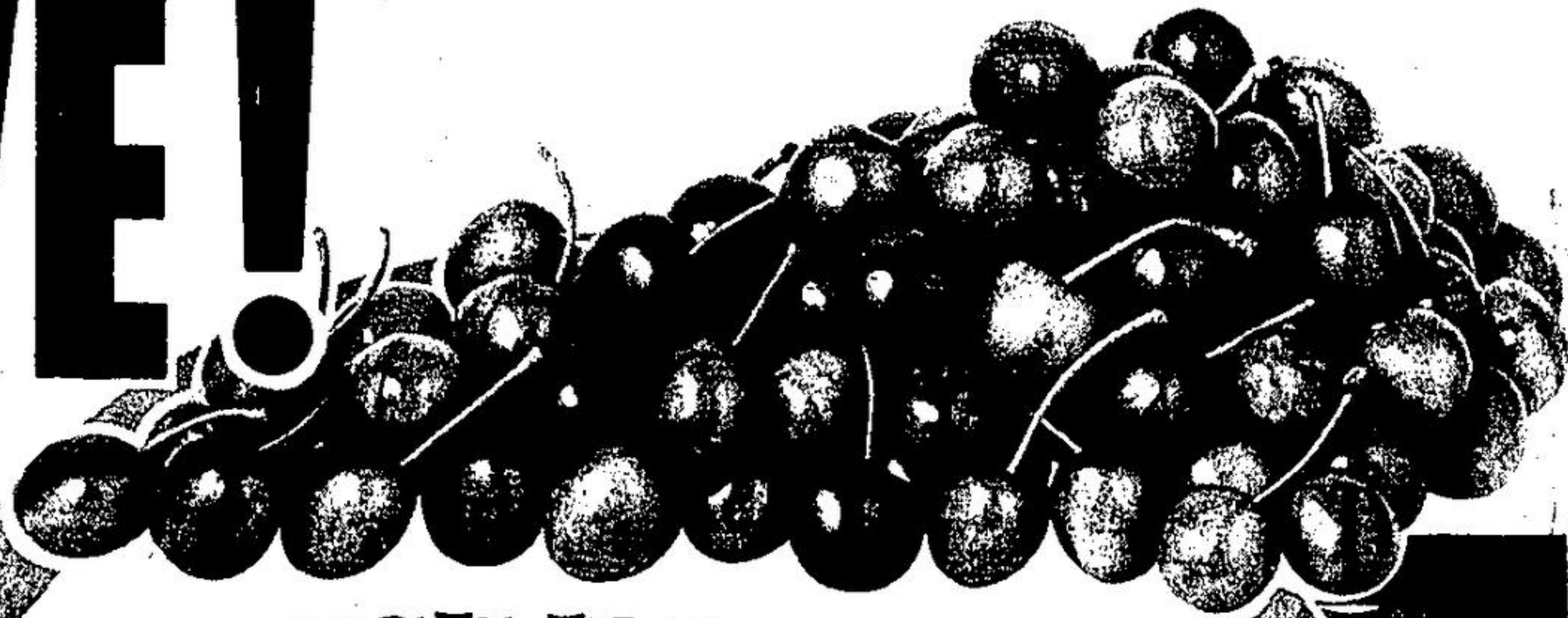


AND SAVE!



 CANADA GRADE A BEEF boneless round steak FULL SLICE 148 lb.	 CANADA GRADE A BEEF prime rib club steaks 145 lb.
 CANADA GRADE A BEEF cube steaks FAMILY PAC 212 lb.	 CANADA GRADE A BEEF boneless oven roasts BOTTOM ROUND 148 lb.
 MARY MILES BRAND sliced side bacon 168 1 lb. pkg.	 LUCAS ARTHURS BRAND MACARONI & CHEESE, MOCK CHICKEN LOAF or BOLOGNA cooked meats SLICED 6 OZ. PKG. 42 each

ZIGGYS COOKED SMOKED VAC PAC **198**
boneless dinner hams LB.

MARY MILES or LUCAS ARTHURS BRAND **88**¢
sliced bologna 1 LB. PKG.

ZIGGYS **88**¢
bierwurst, jagdwurst or kolbassa sausage SLICED 6 OZ. PKG. EACH

FRESH "COUNTRY CUT" (3 HINDQUARTERS WITH BACK) (3 FRONTQUARTERS WITH BACK) (3 WINGS, 2 GIBLETS) LB. **68**¢
fryer parts

HIGHLINER BRAND FROZEN **78**¢
Boston bluefish fillets 1 LB. PKG.

START FRESH IT'S **SALAD MONTH**

PRODUCE OF U.S.A.! SWEET EATING!

fresh NO. 1 GRADE **48**¢
cherries lb.

FROM CALIFORNIA! SWEET & JUICY!
Valencia oranges 4 LB. BAG **99**¢
ONTARIO or U.S.A. GROWN! LONG GREEN SLICERS!
cucumbers NO. 1 GRADE 5 FOR **99**¢

ONTARIO or U.S.A. GROWN! EXTRA FLAVOUR FOR STEAKS!
mushrooms **79**¢
pound

Crisco vegetable oil
\$109
24 fl. oz. bottle

IDEAL FOR SALADS
cherry tomatoes
49¢
pound
produce of U.S.A.!

Good Host iced tea mix
\$199
24 oz. zip top tin

F.B.I. nectar
79¢
six-6 fl. oz. tin-sleeve
apple or grape

Viva spaghetti
\$155
5 lb. cello pkg.

Hostess parchment margarine
39¢
1 lb. pkg.
100% vegetable oil

CLIP THIS COUPON AND GET YOUR COPY OF . . .

FREE!

This Weeks Edition of Loblaw's Smart Shoppers Meat Guide **CORNISH HEN BOOK** with this coupon and \$5.00 Purchases
this coupon valid while supplies last Limited quantity
Limit one coupon per family per week

CATELLI macaroni & cheese dinner **18**¢
7 1/4 oz. pkg.

PRODUCE OF U.S.A.! FRESH AND JUICY! FOR HOT WEATHER DESSERTS!
blueberries **58**¢
pint box

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

than the price is right.