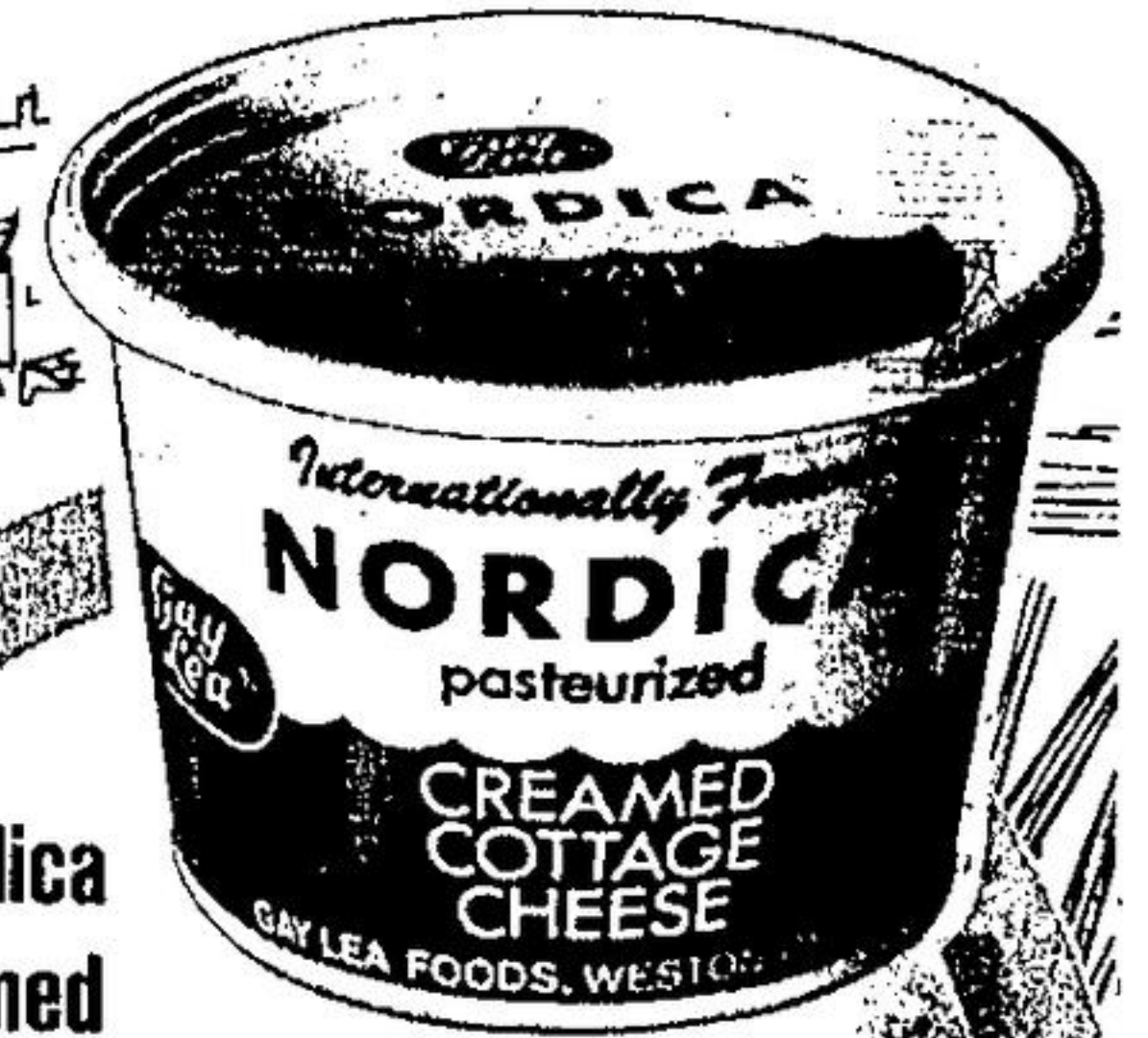


SALE!



Nordica
creamed

cottage cheese

59¢
1 lb. tub

PLAIN

Kraft grated
parmesan cheese

\$1.39
8 oz. shaker

Cherry Hill
cheese sticks

79¢
8 oz. pkg.
farmers colby
or brick

Kraft process
cheese slices

48¢
8 oz. pkg.
singles (2/3 oz.)

Gay Lea
swiss style yogurt

51¢
FOR 6 oz. cup
peach, orange, cherry, fruit,
strawberry, blueberry
or raspberry

CANADA GRADE A BEEF
SHORT RIB or ROUND BONE
shoulder roasts

75¢
lb.

27%
OFF

FRESHLY GROUND
(FORMERLY MINCED BEEF)
hamburger

3 LB. PKG.
or OVER **68**¢
lb.

fresh pork
shoulder roasts

88¢
lb.

LUCAS ARTHURS BRAND MACARONI &
CHEESE, MOCK CHICKEN LOAF or BOLOGNA
cooked meats

SLICED **42**¢
8 oz. pkg.
each

MARY MILES or LUCAS ARTHURS BRAND
skinless wieners

74¢
1 lb. pkg.

fresh butt or shoulder
pork chops

1.18
lb.

Scotties
2 ply facial tissue

44¢
200's pkg.
rediscover white, yellow,
pink or green

Cindy
liquid detergent

49¢
32 fl. oz. bottle
pink or lemon

FROZEN FOODS

OMAR
choice peas **59**¢
2 LB. POLY BAG
RASPBERRY, CHOCOLATE CHERRY or STRAWBERRY

McCain shortcake **1.39**
2 LB. PKG.

LOBLAWS FANCY
cauliflower **44**¢
10 OZ. PKG.

LOBLAWS
braunschweiger liver sausage **99**¢
LB.
MARY MILES or LUCAS ARTHURS BRAND
bologna **44**¢
BY THE PIECE LB.
ZIGGYS SLICED
bierschinken, tyroler or goettinger **1.09**
8 OZ. PKG. EACH
MARY MILES BRAND or ZIGGYS
cooked ham **86**¢
SLICED 8 OZ. PKG. EACH
FROZEN HIGHLINER BRAND COOKED
Boston bluefish-in-batter **88**¢
14 OZ. PKG.

FROZEN HIGHLINER BRAND
Boston
bluefish fillets

INDIVIDUAL
WRAP **99**¢
14 oz. pkg.

White Swan
2 ply paper towels

89¢
2 roll pkg.
orange border, green border,
white, yellow, orange
or green

Stokely
fancy peas
& carrots

51¢
FOR 10 fl. oz. tin

fresh New York
pork shoulders

whole **92**¢
lb.

FREE!

This Weeks Edition of Loblaws
Smart Shoppers Meat Guide
ROLLED BEEF ROAST BOOK

with this coupon and \$5.00 Purchases
this coupon valid while supplies last Limited quantity
Limit one coupon per family per week

RODINA STANDARD PEELED
plum tomatoes

28 fl. oz. tin **49**¢

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

than the price is right.