

Your Red Cross + Urges You To

PRACTICE

WATER SAFETY

All Summer Long

Every year hundreds of lives Children and Adults are snuffed out through drownings. Carelessness or lack of knowledge of the inherent dangers in all aquatic sports is often the cause.

On this page your local Red Cross offers a variety of suggestions on water safety. Follow them and enjoy a carefree summer of fun in the water and the sun.

+ WATER SAFETY WEEK JUNE 1st - JUNE 7th

Once a year, the Country's attention is focused directly onto Water Safety during Water Safety Week. Water Safety Week is held annually during the first week of June.

The Water Safety Service continues to grow as Canadians, and particularly residents of Halton Hills, take a greater interest in recreation activities, especially in aquatics. The number of drownings continues to grow at an alarming rate—the predominant causes being swimming and boating accidents.

With this in mind, then, the Water Safety Committee in Halton Hills, in cooperation with the Recreation Dept. for the Town of Halton Hills, has developed a water safety program for all members of the family during Water Safety Week, June 1 - 7th.

FURTHER INFORMATION
 —Contact Acton Pool —653-3140 (Supervisor - Anne Pickering)
 —Georgetown Pool — 877-7721 (Supervisor Chris Hall)

GEORGETOWN INDOOR POOL PROGRAMS

Small Craft Course

Interest in summer leisure activities is rapidly increasing. One of the most noticeable areas of growth is in the use of small craft.

The specific objective of the small craft course is to prevent drownings related to such craft. The course will endeavour to teach safe handling of small craft and ways of dealing with emergency situations.

The emphasis of the course is small craft safety for the canoe operator via public education and practical involvement.

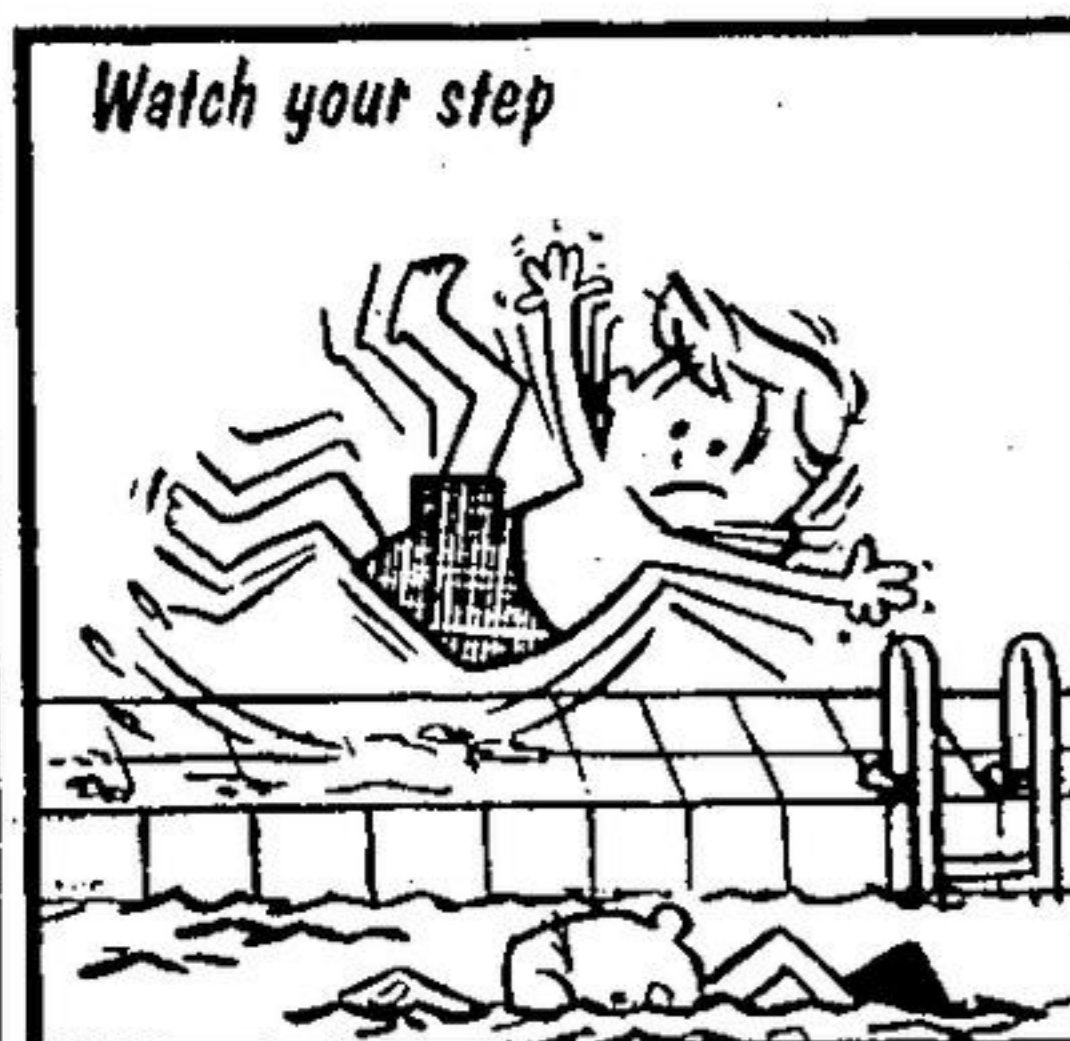
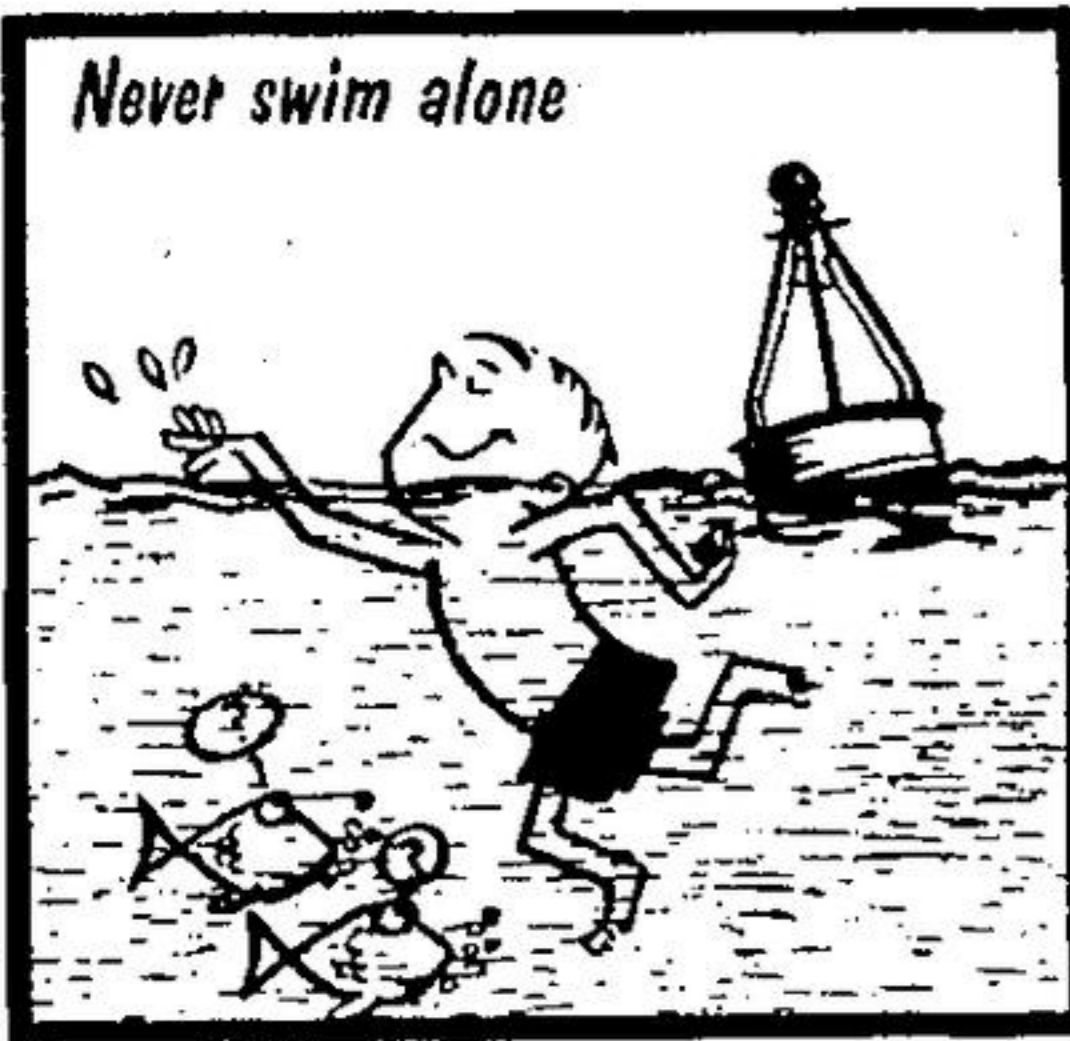
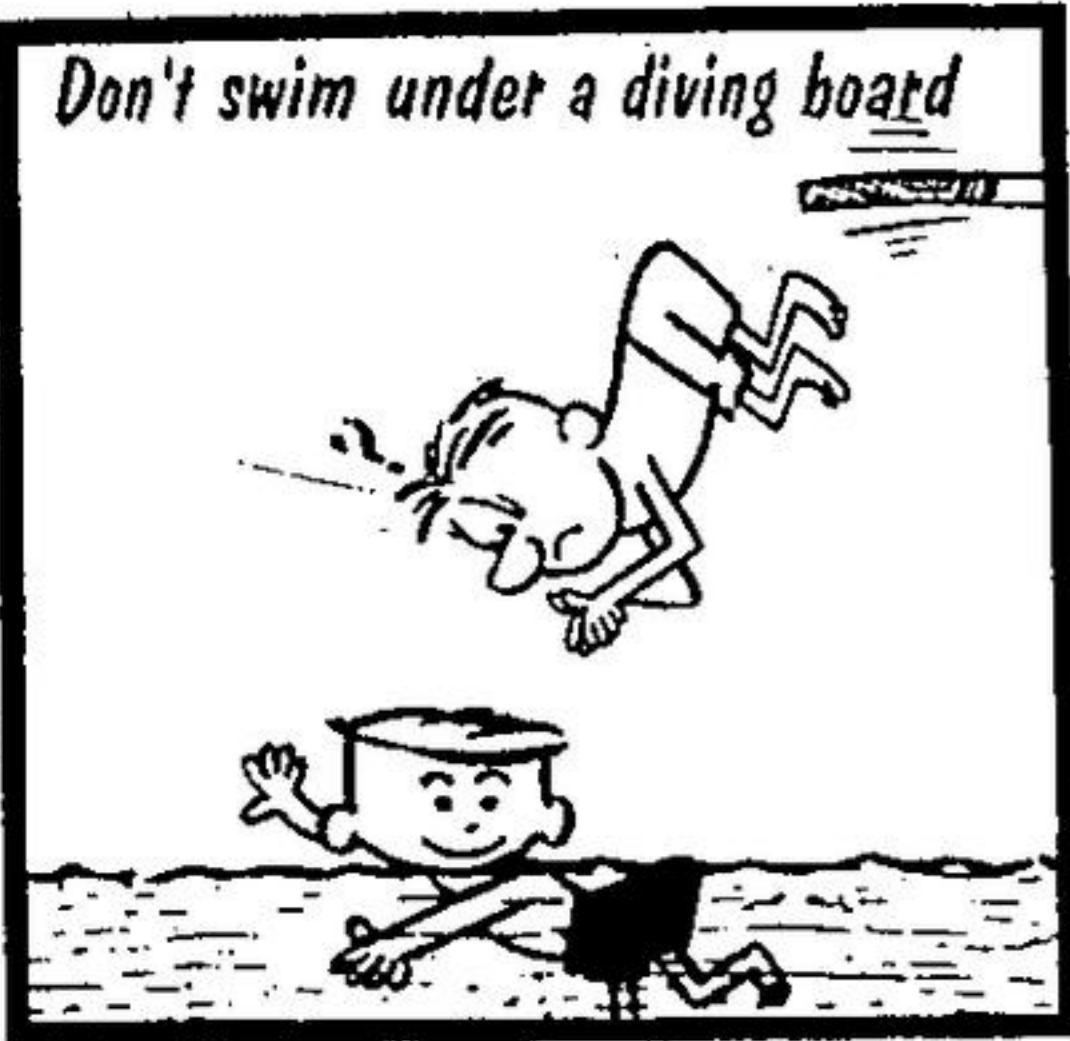


Backyard Pool Course

Because of the interest in private recreational facilities and the steadily increasing number of pool owners, the Ontario Water Safety Service has developed a Backyard Pool Course to assist interested people in setting up their pools.

The Backyard Pool Owner's texts cover items ranging from suggestions as to where to place your pool (taking into account wind direction, etc.) to what sort of chemical reactions take place within your pool—remedies for red water, green water, brown water....

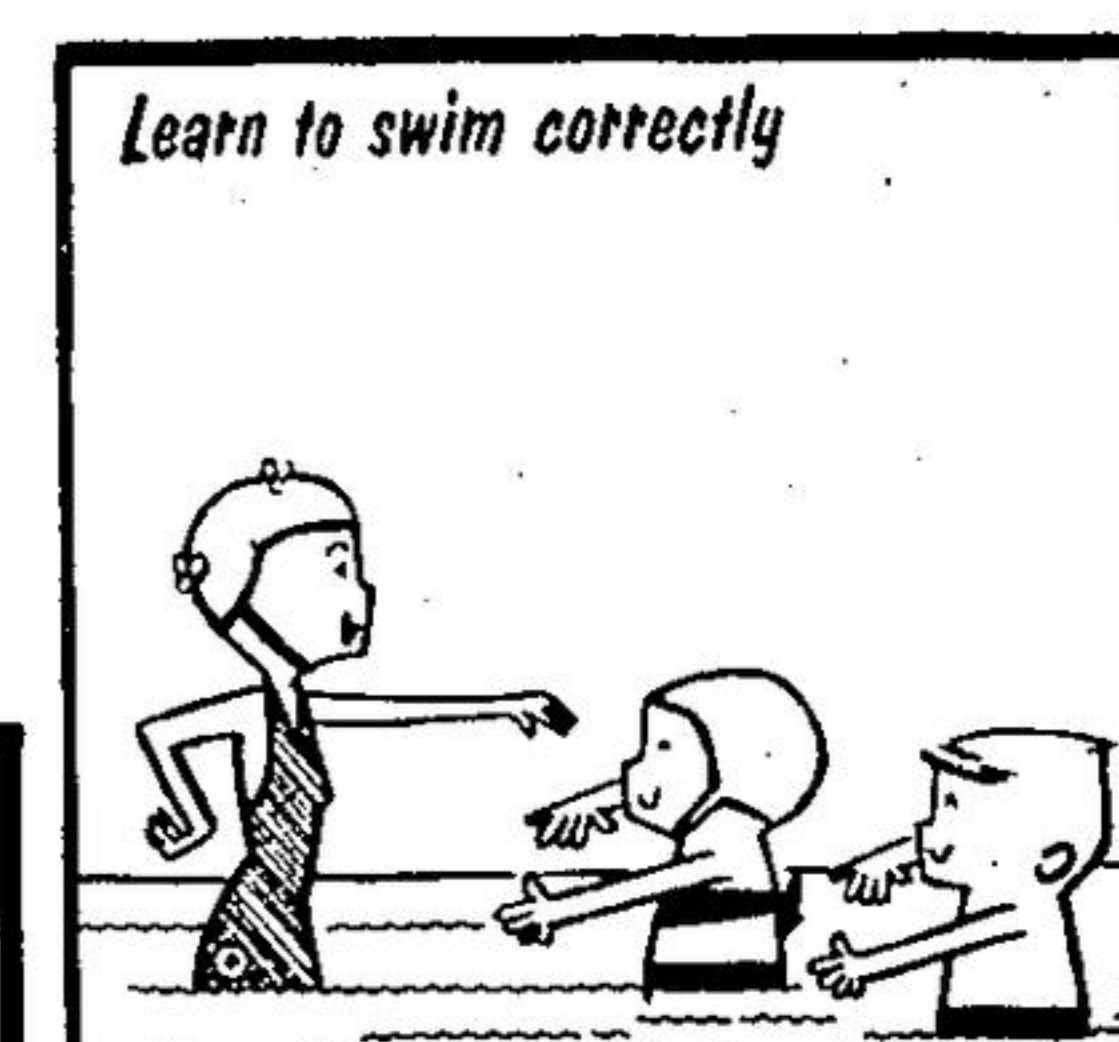
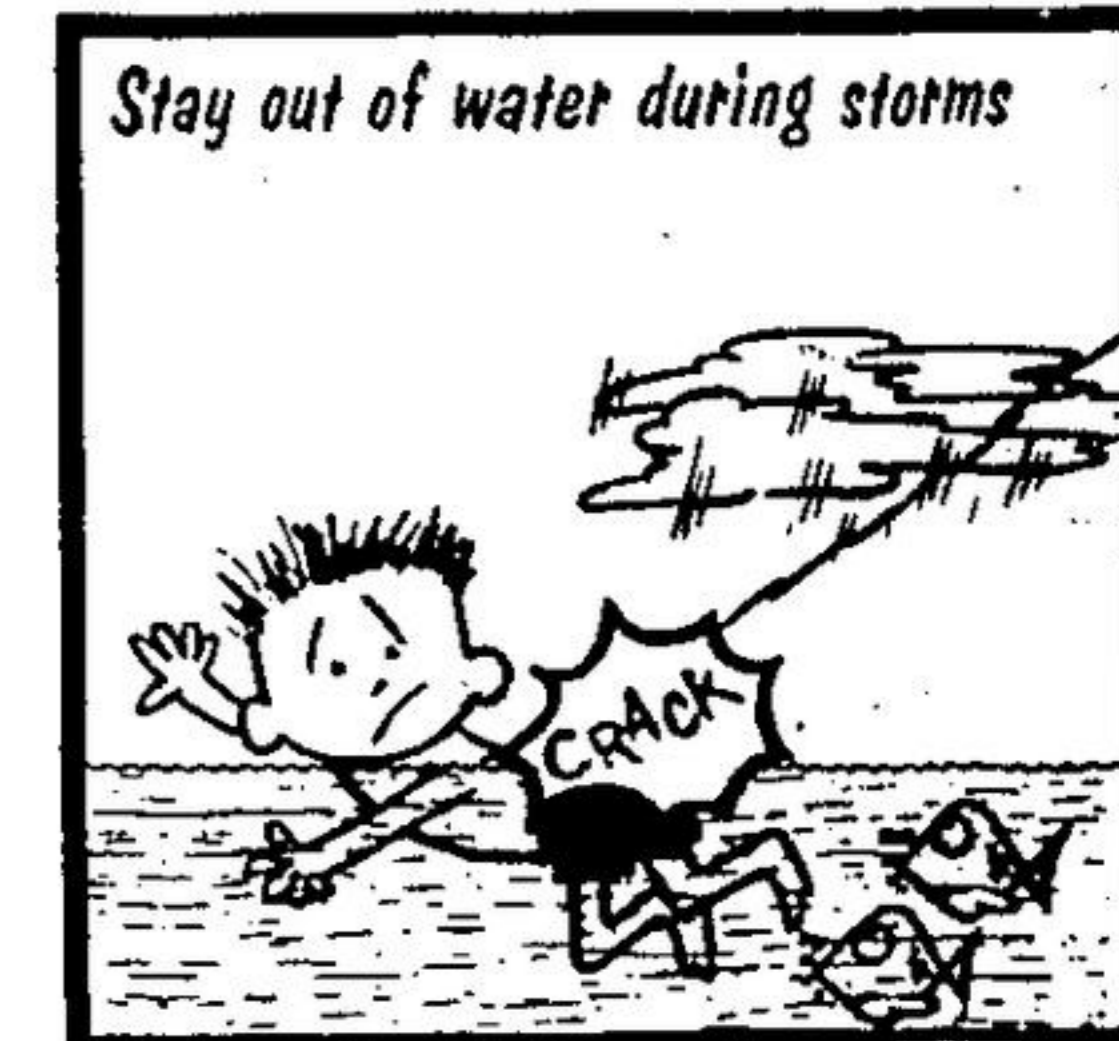
The texts cover the equipment available and the "pros and cons" of most, ways of winterizing and summerizing, health regulations as they apply to the home pool owner....



RING BUOY SHOULD BE AVAILABLE AT YOUR POOL OR DOCK. LEARN TO THROW IT PROPERLY; THEN PRACTICE.



INVESTIGATE UNKNOWN WATER BEFORE YOU DIVE IN. ENJOY SAFE WATER SPORTS THE RED CROSS WATER SAFETY WAY.



PROGRAM SCHEDULE		
COURSES	LOCATION	DAYS & TIMES
A. Small Craft	(G & A)	Tues. 7-9 p.m.
B. Backyard Pool Operators	(G)	Sat., June 7, 9:00-4:30 p.m. (15 & under) Mon. 6-8 p.m. Wed. 6-7 p.m., Fri. 7-9 p.m. (16 & over) Mon. 7-9 p.m., Wed. 9-10 p.m., Thurs. 8-10 p.m.
C. Survival Swimming	(G & A)	(15 & under) Wed. 7-8 p.m. Thurs. 7-8 p.m., Fri. 7-9 p.m. (16 & over) Mon. 9-10 p.m. Thurs. 8-10 p.m.
D. Junior Artificial Respiration	(G & A)	(15 & under) Wed. 7-8 p.m. Thurs. 7-8 p.m., Fri. 7-9 p.m. (16 & over) Mon. 9-10 p.m. Thurs. 8-10 p.m.

REGISTRATION INFORMATION
 (for above programs)
 WHEN —During Week of May 26-31, 1975 at the indoor pools
 TIME —Weekdays from 7-10 p.m., weekends 2-5 p.m.
 FEES —No charge for any of THESE programs during Water Safety Week

CUT OUT HERE

+ RESCUE BREATHING (MOUTH-TO-MOUTH) +

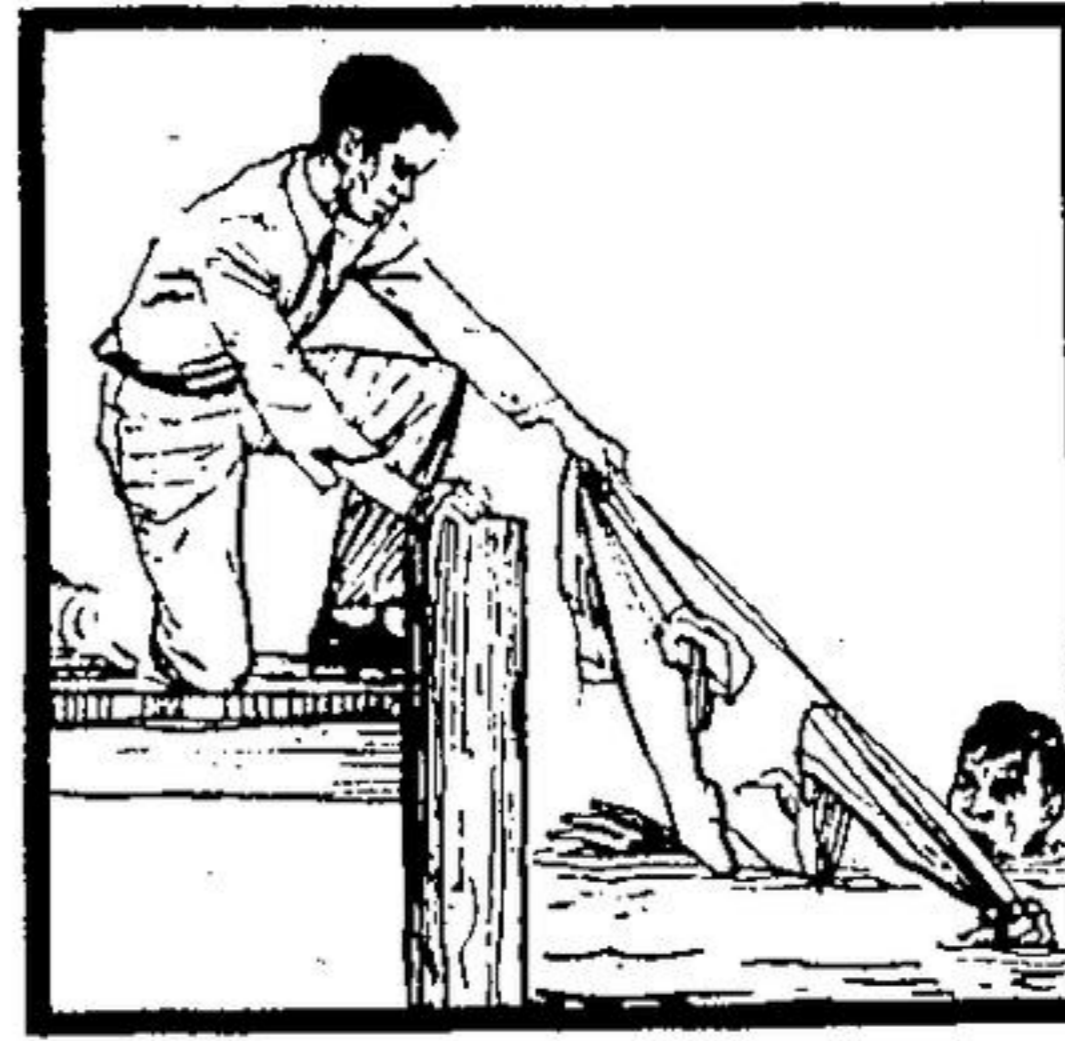
THE CANADIAN RED CROSS SOCIETY

Start Immediately: The sooner you start, the greater the chance of success.

<p>Open airway by lifting neck with one hand and tilting the head back with the other hand.</p>	<p>Pinch nostrils to prevent air leakage. Maintain open airway by keeping the neck elevated.</p>	<p>Seal your mouth tightly around the victim's mouth and blow in. The victim's chest should rise.</p>	<p>Remove mouth. Release nostrils. Listen for air escaping from lungs. Watch for chest to fall.</p>
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CUT OUT HERE

REPEAT LAST THREE STEPS TWELVE TO FIFTEEN TIMES PER MINUTE.
 IF AIR PASSAGES ARE NOT OPEN: Check neck and head positions, CLEAR mouth and throat of foreign substances.
 For infants and children, cover entire mouth and nose with your mouth. Use small puffs of air about 20 times per minute.
 USE RESCUE BREATHING when persons have stopped breathing as a result of: DROWNING, CHOKING, ELECTRIC SHOCK, HEART ATTACK, SUFFOCATION and GAS POISONING.
 Don't give up. Send someone for a doctor. Continue until medical help arrives or breathing is restored.



HAVE FUN BUT DO IT SAFELY



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