

Georgetown's best fan

By Colin Gibson
Sports Editor

Doubtless this story has been done before and hopefully sometime in the future it will be done again, for it loses nothing in the retelling. It's the story of one of Georgetown's oldest and most ardent sports fans, Myrtle Pattenden.

Mrs. Pattenden has been a resident of Georgetown for the past 30 years. Originally from Shelburne, she spent five years in Thornhill before moving to Georgetown. Strange as it may seem, her enthusiasm for sports did not really begin until she moved into this area.

Although hockey is her favorite sport, and the Raiders her favorite team, she admits that, in general, she likes most sporting affairs. After talking to Mrs. Pattenden, we can assure you this is something of an understatement. In winter she spends about four of five nights a week at the arena, rooting for the various town teams. When possible she likes to take in games at Maple Leaf Gardens.

Not restricted solely to hockey in winter, Mrs. Pattenden—especially last year—attends the occasional professional basketball.

Her favorite professional hockey teams are the Chicago Cougars of the WHA and the Chicago Black Hawks of the NHL. A short time ago she attended a Cougars-Toros game and spoke afterwards to Georgetown native Jan Popell of the Cougars, whom she has

known since he was a "wee little guy." In the summer months, Mrs. Pattenden is a regular at both town softball and hardball games. Some days, if the weather is right, she will watch three games a day.

As her main interest has been hockey through the years, we asked her opinion on the apparent increase of violence in the game today. Surprisingly, she didn't feel that it's any more violent than in years past. She agreed that the style of play had changed somewhat, but pointed out that, through the years, she has seen just as much roughhousing as is carried on now.

Getting closer to home, we asked if she would care to comment on some local stars of the past. This she was reluctant to do, as she didn't want to bruise any feelings. She did admit, after some gentle prodding, that Jan Popell Junior Beaumont, Del Beaumont and Don Currie played some memorable games for the locals and generated a lot of entertainment for the fans. Her interest however, is in the game itself.

She was an ardent supporter of the Raiders when they won their Ontario crown but the team it seems she holds dear to her heart was the midwest team of several years ago, which similarly won three All-Ontario titles. As she said, "They just seemed so small, but they kept on winning and we kept cheering them on."

Mrs. Pattenden feels that the current edition of the Raiders, although they did get off to a poor start, are playing better hockey of late and should continue to improve. She credits the return of Keith Pallett as the main reason for the Raiders' upswing and in the

same vein, feels that Junior Tibbetts and Bill Currie have played almost as large a part in the Raiders' resurgence. Mrs. Pattenden does feel, however, that the appointment of a regular, full-time coach would benefit the team tremendously and hopes it will occur shortly. As for the Raiders prospects for this campaign, well she's just keeping her fingers crossed.

One of the things she delights in while attending hockey games is razzing the officials. For the most part this is done good-naturedly although at times she feels criticism is warranted. Most of the officials just go along with the razzing, but a few, apparently, get quite upset.

Curiously enough, it was a certain concerted action by the officials that caused her to miss several playoff games. When she arrived home, a beautiful chrysanthemum plant with over 30 blooms was delivered. The card read, "from the referees association."

Regarding sports in general, Mrs. Pattenden feels that it is a healthy thing for youngsters to get involved in. It teaches them responsibility and helps them mature. As an afterthought, she added, "It keeps them out of mischief."

The next time you attend a game at the arena and spot a gentle looking lady in a white bonnet and red ski jacket in the east end seats suddenly hurl a caustic comment at the officials, that's Myrtle Pattenden. A great fan and a great lady who, at 72, still appreciates watching a game for the sheer love of the sport itself. She is one of a vanishing breed.



Raiders come back

The Georgetown Chrysler Raiders are quickly gaining a reputation in the OHA Intermediate "A" League as quite a comeback team. On Sunday night in Georgetown the Raiders were down 4-2 to the Dundas Merchants at the end of two periods but came back to win the game 5-4 in overtime. Sunday's win should give the club a boost, as it was the third game of the week for the Raiders and they picked up four out of a possible six points. It could have been three wins in a row for the red and white crew but they dropped a heart-breaking 6-3 contest in Port Colborne last Tuesday. The two newcomers to the

club, Pete Bettiol and Mike Mahoney, continue their splendid play and in Sunday's game had a hand in all five Raiders scores. Bettiol fired the winner. Sunday's contest was, in a sense, two games in one. Ragged play, inept passing and a general sloppiness characterized both teams' play for the first period and a half. A Raiders goal midway in the second frame seemed to snap the players out of the doldrums and the game was exciting from that point on. Dundas opened the scoring at the 5:28 mark of the first but it was the disorganized play of the Raiders which could really be

held accountable. The Merchants were working well in the corners and Ron Wilson, who had positioned himself in the slot, received a pass and backhanded it past Raiders goaler Pallett. The Raiders tied the score at the 16:22 mark as Mike Mahoney picked up his first of two goals for the night. With the teams playing five aside, Burger and Mahoney broke in on the Dundas defense. Burger drew both defencemen towards him and, as he was being hit, slipped the puck over to Mahoney, who faked one and slipped it past Merchants goaler, Aussen. The first period was highlighted by a fight between Bob Larmond and Merchants Joe Donald. Although little damage was done, Larmond was bounced around by Donald before the officials intervened. This did not seem to bother Larmond at all, as he continued to play hard-nosed hockey and threw one of the better checks of the season in the third period. The Merchants ran the score up to 4-2 by the end of the second period. The fans could sense, however, that the Raiders were coming back and the jeers heard earlier were turning into cheers.

Ernie Bodden on an unassisted effort made it 2-1 for Dundas but Frank Hincks, who also had an excellent game, tied the score at 2-2 at the 9:21 mark of the second. Mike Mahoney and Pete Bettiol drew assists on this marker. This was the goal that appeared to wake both teams up, as the passing became crisper and the quality of the game improved greatly. The Merchants were not about to concede anything yet and netted two more goals before the period ran out. Joe Donald, who was the pick of the Merchants, scored twice to apparently put the Raiders behind the eight ball. Frank Hincks thought otherwise and his goal from Mike Mahoney at the 15-second mark of the third tightened things up considerably. Although the Raiders had many good scoring opportunities in the third it appeared that the game was lost, when, with less than a minute to play, goaler Pallett was removed for a sixth attacker. This is one of the most controversial moves in hockey but for the Raiders, this time, it worked. With time running out, Junior Tibbetts flipped the puck back to Mahoney at the blueline and his low drive found the bottom left hand corner of the

Raider club president Will Brownlow, commenting on the Raiders' situation, suggested that absenteeism and injuries had forced certain lines to be juggled, thus cutting down on Pearson's playing time. Similarly, he suggested that Pearson didn't play to form some nights and for the good of the team, didn't see much action. Brownlow officially acknowledged some cuts from the team. Brian Hurley, Jim Blair, Art Webster, Bruce Lewis, John Blair and Bob Marchildon are no longer with the Raiders. Doug Elliott, formerly of the Pittsburgh Penguin organization, should be dressing for the game against Dundas on Wednesday and more new players will make appearances in the coming weeks.

HERALD sports

Exciting times ahead for youth bowlers

By Chris Burke
The House Round of the Youth Bowlers Council's "Four Steps to Stardom" championships are well underway

now at Georgetown Bowl. Over 330 of Georgetown's Youth Bowlers are competing for 36 qualifying positions (six in each division) in order to advance to the Zone Round of the Championships. The first eight league games, bowled in January, up to and including February 1, are counted for the House Round.

Do you like the shape you're in?

For years we Canadians have been assailed—by both experts and non-experts from within and without the country—by charges that we are one of the most physically unfit of people inhabiting a modern nation. I remember when Prince Philip made just such a remark after a tour of Canada several years ago. While not really being in a position to refute his remarks, I then and now question his fact and sense of diplomacy.

The clamor concerning our questionable fitness reached new heights several years ago when we were granted the dubious honor of staging the 1974 Olympics. The government immediately delved into the vault and began distributing money to various programs, which, it was hoped, would get Canadians into reasonably good shape for '76.

Unfortunately for the majority of Canadians, the money was put mainly into programs whose sole purpose was to develop world class athletes: the people, who, for the most part, are already in relatively good shape. The rest of us, who bear the brunt of the criticisms regarding our physical fitness and who, in effect, are the statistics in any study done, were left out in the cold to fend for ourselves.

The government should at least have distributed pamphlets outlining what was surely to come once the "get fit" idea became official policy. No such luck. Almost overnight health clubs sprouted and became the "in" thing. Miracle diets and health foods appeared in



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stores. Literature praising physical fitness seeped through the mail, slyly suggesting as a postscript that we join their organization. Sporting goods manufacturers praised the government's stand while extolling the virtues of their wares to the detriment of their competitors.

It reminded me, and still does of the statement, supposedly attributed to Herr Hitler when he emphatically stated "You will be happy". As it pertains to us, perhaps the statement should read "You will be fit." Don't get me wrong, I think every individual owes it to himself to look after his body and keep in relatively good shape, but I feel we are going about it the wrong way.

Very few people can attain the physical fitness level we often have looked at us on television. Similarly very few people can retain this peak over a long period. For the most part, people unaccustomed to strenuous exercise and dieting do themselves more harm than good.

I am 5'9" and approximately 185 pounds. Several years ago, for various reasons, I ballooned to 200 pounds. Believe me this is not good for a person of my height or frame. I remember looking disgustingly in the mirror and deciding that, one way or another, I would lose 35 pounds. I gave up eating for several days, but this only made me hungry and didn't cause any noticeable weight loss. I then went on a diet, on my own, and within three weeks I had lost 25 pounds. I looked better but felt terrible and my doctor informed me that had I continued in my efforts, I could have done myself serious harm. I heeded his advice.

Since then I have found out, and been informed by various fitness people, that a person doesn't have to harm himself to attain a certain degree of fitness. Similarly, a person doesn't have to look like a Greek God or Goddess to be fit. It's a matter of one's own sense of well-being. If you like the way you look, and can function normally without fatigue and engage in some form of physical activity on a regular basis, then for all intents and purposes, you are in reasonably good shape.

If you don't like the way you look and can't function properly, first of all see a doctor. He will suggest a way to either gain or lose weight. Once that is done you must tone your body. Again, a proper and sensible program can be worked out.

Don't go into the fitness fad recklessly. It truly is amazing what regular eating habits, combined with a regular routine of even minor physical activity, can do for you.

In the long run you must ask yourself, "Do I like the way I look?" If not, do something about it. But not at the expense of your health, and your pocket-book.

Knicks upset

Action was hot and heavy last Thursday night in the Halton Hills Men's Basketball League. The holiday layoff didn't appear to have affected the calibre of play, due, no doubt, to the fact that the league is now operating with new officials. It is hoped in future weeks, as these new officials gain experience, their control of the game itself will similarly improve.

The first place Knicks were knocked off by the Lakers 41-35 in a spirited game. High point man for the winners was Colin Foster with 14 points, while John Shaw picked up a similar 14 points in a losing effort. The Warriors got by the Braves 34-23. In the most one-sided contest of the night, the Cougars romped over the Celtics 53-30.

Broken jaw, wrist in donnybrook

In one of the roughest games witnessed in the Georgetown arena for quite some time, Georgetown Chrysler Raiders lashed the Dunnville Mudcats 10-5 Friday. The game saw 22 penalties handed out for a total

of 83 minutes. Included in these figures are six fighting majors and one game misconduct, which was handed out to Raiders' Neil Cotten. Two Mudcats required medical treatment. Fred Bassett suffered a broken wrist in a tussle with Gerry Pearson and Pete Vervegaert and received a broken jaw as well as a gash that required ten stitches. Cotten might wish that he had steered clear of the fight as he mangled his hand and is now sporting a cast which will keep him off the ice for a short while. The Raiders struck hot and heavy in the opening period, pumping in six goals to two for the Mudcats. Tommy Gilbert, Mike Mahoney, Gerry Pearson, Frank Hincks, Gerry Tibbetts and Ray Evans figured in this scoring spree. Ken Aucutt and Pete Vervegaert responded for the Mudcats. The second period, which featured the Cotten, Vervegaert battle, saw both teams score twice. Paul Burger and Pete Bettiol took turns setting each other up for the two Raiders markers in this frame. Bettiol netted the first goal while Burger was credited with the second. For Dunnville, Rick Fraipont scored at the 16:57 mark and Pete Vervegaert got his second goal of the contest at the 18:03 mark. At the end of two periods the score was Raiders 6, Dunnville 4. Tempers cooled somewhat in the third period, as only three penalties were handed out. Two of these, however, were for fighting. Frank Hincks tangled with Mudcat Tom Yurchich at the 19:29 mark. The third period might well have been donated to Hincks, as, besides his scuffle, he scored twice more to pick up his hat trick. Dunnville scored once in the final 20 minutes but seemed to have left their game in the dressing room at the end of the second period.

OHA INT. 'A' STANDINGS (As of Jan. 13th)

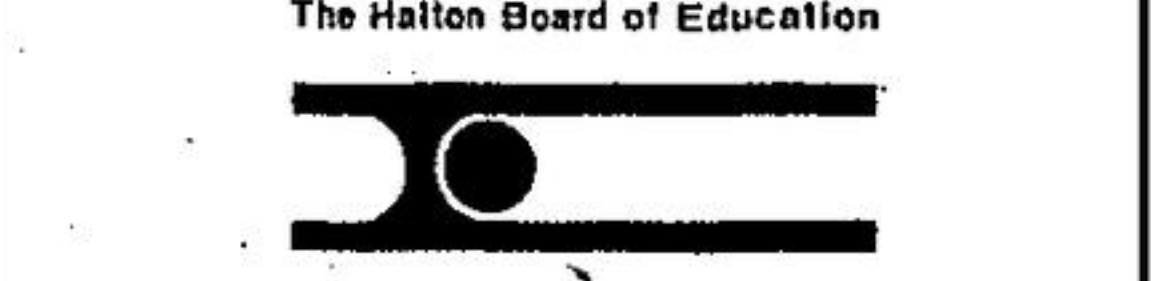
TEAM	L	T	GF	GA	PTS	GP	W
Port Erie	25	16	9	0	146	143	32
Port Colborne	23	15	8	0	118	94	30
Thorold	25	15	10	0	128	111	30
Oakville	24	12	11	0	109	110	24
Georgetown	23	11	11	1	117	109	23
Dundas	26	9	17	0	108	128	18
Dunnville	24	6	17	1	98	127	15

WEEK'S RESULTS (overtime)

Port Colborne 6 - Georgetown 5
 Port Erie 9 - Oakville 5
 Georgetown 10 - Dunnville 5
 Thorold 5 - Dundas 1
 Georgetown 5 - Dundas 4 (overtime)

SCORING LEADERS

NAME & TEAM	G	A	PTS
Gerry Roussel - Port Erie	28	41	60
Tom Daly - Oakville	18	28	46
Bob Green - Port Erie	17	27	44
Dave Pay - Thorold	21	22	43
Dave Beatty - Oakville	17	13	40
Fred Leselva - Thorold	16	22	38
Frank Faone - Thorold	15	25	38
Ron Romanyk - Port Erie	21	15	36
Mike Green - Port Colborne	13	22	35
Hal Maracle - Port Erie	13	21	34



GEORGETOWN JANUARY NIGHT SCHOOL CLASSES

REGISTRATION: OR AT Georgetown High School
 BY MAIL Wednesday, Thursday Jan. 15-14
 (using the form below) 7:30 - 8:30 p.m.

The following courses will run as scheduled and are still open for registration:

WEDNESDAY JANUARY 22	TIME	FEES
Bookkeeping for Small Business	7:00 - 10:00 p.m.	\$18
Brush-up Your Typing Skills	7:30 - 9:30 p.m.	\$12
Rush-Hooking (not latch hook)		\$12
THURSDAY JANUARY 23		
Sewing - Make Your Own Clothes	7:00 - 10:00 p.m.	\$15
Yoga - Beginners	7:30 - 9:30 p.m.	\$12
MONDAY, JANUARY 20		
Yoga	7:30 - 9:30 p.m.	\$12
TUESDAY, JANUARY 21		
Typing - Beginners	7:00 - 10:00 p.m.	\$12
Small Motors & Auto Maintenance	7:00 - 10:00 p.m.	\$20

The following courses will be conducted for one night and continued if enrollment increases.

WEDNESDAY, JANUARY 22	Crocheting and Needlework	7:30 - 9:30 p.m.	\$12
MONDAY, JANUARY 20	Fitness & Recreation (co-ed)	7:30 - 9:30 p.m.	\$12

Additional monies may be collected to cover the basic cost of supplies as used.
 The Halton Board of Education - Night School Registration

Mr./Mrs./Miss
 (Circle One) Surname (Please Print) First Name
 PHONE NO. BUS. PHONE
 ADDRESS:
 CITY-TOWN
 I WISH TO REGISTER IN:
 First Choice
 Second Choice
 BEING OFFERED AT:
 MON, TUE, WED, THURS.
 FEE ENCLOSED
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