

Students Preserve Sights Of History

Have you ever taken a walk along the Credit River and when you noticed the impressive, historic-looking buildings wondered whether they would be standing in a few years or whether they would be torn down for development?

They want us to think about conserving our heritage as it is represented in these monumental buildings. Save them from developers who tear out the history of an area in the interests of "progress"...

The Living Heritage has had a lot of co-operation from people in the area who have willingly talked about the history of the territory and sometimes even invited the group into their homes to see first-hand the monuments of our heritage.

Remapping Of Credit River

Credit Valley Conservation Authority is carrying out a program of remapping the floodline for the Credit River. They are working on the west Credit River in Caledon, and the east Credit River from Erin to Hillsburgh and Fletchers Creek to Highway 7 south through Brampton to the Credit River.

Women

Page 10 - THE HERALD, Wednesday, July 17, 1974

ANN LANDERS

Just Using Legs Is Good Exercise

Dear Ann Landers: People are taking a lot these days about the high prices of everything—especially gasoline. The real energy crisis is in the people, not the commodities. I'm referring to the laziness of the average American.

He can't keep his hands off the help. When I tell him it's humiliating to me, he says, "I do it just to bug you, honey."

When are we going to stop driving our kids to a school five blocks from home? In some neighborhoods, Mom rationalizes by saying she's concerned for the youngsters' safety. If that's the case, why doesn't she WALK him to school, and walk herself back?

Dear U. And C.: If a man won't keep his hands off other women when he is engaged, don't expect the marriage ceremony to accomplish any miracles. Most changes after marriage are for the worse.

Whenever the weather is bad there's a traffic jam around every school in the country. You'd think our kids were a nation of legless creatures. "Poor Johnny can't walk because it's too cold."

Confidential to Want to Stop Smoking But Can't Afford Hotel-Type Clinics: Calw the Seventh Day Adventist Church nearest you and ask about its five-Day Plan. The fee for registration is very modest and they operate all over the U.S. and Canada.

All that's left to say is, "Poor Johnny." And Mom is to blame—Mother of Three Pairs Of Working Legs

Dear Mother: Every now and then a letter pops up that gives me a chance to get out my bullhorn. Thanks for this one.

Walking is the simplest, cheapest and most overall beneficial exercise known to mankind. It requires no lessons, no investment, no equipment, no skills—just legs and the will to use them. Get out and walk, folks! And remember, a sprightly gait gets those heart muscles pumping and you'll burn a few calories at the same time. So walk, don't ride. Save your gas, your tires, and add years to your life.

Dear Ann Landers: I am in the process of getting a divorce and have been going with a man who wants to marry me. I have three school-age children. He has two by his former wife. Lenny claims he had been in love with me for years, but couldn't let me know because I was a married woman.

Whenever we go out, Lenny takes every opportunity to leave me sitting by myself while he goes off and gets chummy with other women. The guy is very handsome and women go for him in a big way. Lenny claims he is not the aggressor, but I'm not so sure about this. All the same, it bugs me when he puts his arms around a curvy lady and lets her kiss him on the mouth.

I notice, too, that whenever we are in a restaurant or bar,

Again I've Had It by Fanny was acclaimed as reviewers choice by the voting audience on Party Rock. Makin' the Best of a Bad Situation came a close second but was defeated to let I've Had It take on two more challengers on this Friday's Party.

Due to summer vacation Community Billboard and Party Rock will be the major summer programs. Prizes will continue to be given away all summer long so don't miss out on your opportunity to win.

Several showers were given in honor of the bride. A miscellaneous shower was given by the women of the Baptist Christian Fellowship of Georgetown. A shower at the bride's home for a former classmate turned out to be a double miscellaneous shower when the same friends surprised Lynda by having one for her, too.

The problem is this: Whenever we go out, Lenny takes every opportunity to leave me sitting by myself while he goes off and gets chummy with other women. The guy is very handsome and women go for him in a big way. Lenny claims he is not the aggressor, but I'm not so sure about this. All the same, it bugs me when he puts his arms around a curvy lady and lets her kiss him on the mouth.

Her grandmother, Mrs. Edythe Peck, held a linen shower.

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The women of Facer St. Baptist Church in St. Catharines had a miscellaneous shower. Mrs. Don Livingstone.

Mr. and Mrs. Leo Jamieson attended the Toronto Institute of Medical Technology Division of Respiratory Technology graduation ceremony July 5. Their daughter Sheila was among those graduating. Sheila was associated with the Toronto General Hospital. Congratulations Sheila.

Mr. and Mrs. Frank Kennedy of Hillsburg spent Saturday evening with her parents Mr. and Mrs. Wilfred Burt and family. The Kennedys left for the west coast on Sunday.

The dry, hot week was a blessing for the farmers. It gave them an opportunity to harvest the hay crop.

It was a fine day for the Sinclair reunion on Sunday. It was held at the community centre in Ballinfad about 70 persons were present for this annual occasion. There were races for the young and those not so young. A ball game was

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MR. AND MRS. PAUL CLIFFORD STADE

(Fishback Photograph)

Wedding Vows Are Taken In Double-Ring Ceremony

Lynda Ann Peck and Paul Clifford Stade were married in a pretty wedding ceremony conducted at the Pentecostal Church in Georgetown.

The bride is the daughter of Mr. and Mrs. Douglas Peck, Georgetown, and the groom is the son of Rev. and Mrs. Judson Stade, St. Catharines. The double ring ceremony was also candlelit with the candlelighters being Karen and Lorilyn Stade, sisters of the groom and Lawrence and Keith Peck, brothers of the bride.

The ushers were Earl Stade, Wasaga Beach and Bruce Peck, brother of the bride. The ceremony was performed by Rev. Judson Stade, the groom's father. During the service Miss Brenda Burt of Acton sang The Wedding Song, accompanied by Miss Kathryn Church of Lacombe, Alta., at the organ.

As the bride and her attendants proceeded up the aisle "Trumpet Voluntary" was played on the trumpet by Mr. Ken Stade brother of the groom.

Former classmates and relatives travelled from Mackenzie B.C., Calgary, Edmonton, Drumheller, Lacombe, Alta., Regina and Melfort Sask. Winnipeg Dryden and throughout Southern Ont. Lennoxville Quebec and Dartmouth N.S.

Grandparents attending were the groom's grandfather William Lees of Melfort Sask., the bride's grandparents Mr. and Mrs. Hugh M. Reid of Guelph and Mrs. Edythe Peck of Georgetown. A special guest was a friend of the bride and groom, Mrs. Lily Currie, 83, from Drumheller, Alta.

The bride had been employed at J.B. Mackenzie and Son. The couple is residing at 10 Christie St. in St. Catharines where the groom attends Brock University.

Several showers were given in honor of the bride. A miscellaneous shower was given by the women of the Baptist Christian Fellowship of Georgetown. A shower at the bride's home for a former classmate turned out to be a double miscellaneous shower when the same friends surprised Lynda by having one for her, too.

Her grandmother, Mrs. Edythe Peck, held a linen shower. The women of Facer St. Baptist Church in St. Catharines had a miscellaneous shower. Mrs. Don Livingstone.

Convention Visited By La Leche League

La Leche League of Brampton, with members from Halton Hills, sent one delegate to the organization's Fifth International Convention, which took place in Chicago, July 11, 12 and 13. La Leche League is the international organization which offers information and encouragement to those interested in breastfeeding.

The convention provided an opportunity for parents, doctors and nurses associated with the League to share information so that they can continue to give help to the mothers who turn to them.

Human Milk: A Unique Gift of Love; A Natural World Resource—the theme of the Convention—was the title of the keynote address delivered by Dr. Derrick Jelliffe, internationally known pediatric nutritionist. Dr. Paul Gyorgy of Philadelphia, who for many years has diligently researched mother's milk, spoke about its unique composition.

Other featured speakers included Lee Salk, Ph.D., Dana Raphael, Ph.D., Maria Piers, Ph.D., Glenn Doman, and Karen Pryor, all noted authors in the field of child development.

Brampton La Leche League has been active for several months and is one of a dozen groups in and around Toronto. Informal meetings are held in members' homes monthly to acquaint those interested with the physical, psychological and practical sides of breastfeeding.

The energy crisis and other shortages have emphasized the need for the highly industrialized nations to return to more natural ways of life in order to conserve the resources still available to us. For some of the world's impoverished people human milk can mean the difference between starvation or survival; among all peoples it is both a very basic natural resource and an unique gift of love.

Tomatoes One Quarter Of Total Farm Value

Tomatoes represent one quarter of the total farm value of all vegetables crops grown in Ontario. More acres of tomatoes are grown annually in the province than any other vegetable except corn, potatoes and peas, say Food Specialists at the Ontario Food Council, ministry of agriculture and food.

1973 was four times the production of sweet corn. Tomatoes are unsurpassed by any vegetable in tonnage produced. Less than one-eighth of Ontario's tomato acreage is grown for the fresh market; the remaining 20,686 acres produce tomatoes for processed tomato and juice products.

As far as total farm value is concerned, only potatoes are worth more. Corn and peas, both fresh and processed, provide less than one-half the total farm value of tomatoes.



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GRADUATE

Ellen Barbara Duncan graduated May 31, 1974 from Fanshawe College, London in Dental Assisting. Ellen is currently employed in London, Ontario. She is the daughter of Keith Duncan of Dundas, Ontario and Barbara Duncan of Guelph, formerly of Glen Williams and is granddaughter of Mrs. Ann Ferwerda of Georgetown.

Varian Firm Gets Contract

A Georgetown firm, Varian Associates of Canada Ltd., has been given a \$39,985 federal contract for the manufacture of electronic tubes, the department of supply and service announced Monday, July 8. It was one of 319 unclassified contracts, each worth \$10,000 or more for a total value of \$23,577,064 awarded to Canadian firms during the week ended June 23.

Our little community was saddened last Wednesday afternoon when word got around that Fred Wigglesworth had passed away in Milton. Mr. Wigg, as we all called him, was a wonderful man and liked by all who knew him. He was faithful to his church and as long as he was able he attended. He had an interest in young people's work, too, and all community activities.

THESE BUSINESSES WANT YOU TO BECOME AN INSTANT MILLIONAIRE. WIN GIFTS OF \$10. LOTTERY TICKETS. Each week the word MILLIONAIRE will appear in several advertisements on this feature. Simply read the ads carefully, write down the name of the advertiser in which the word appears and send along with your name, address and phone no. to MILLIONAIRE editor c/o the Herald. Each week draws will be made and winners notified.

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This Week's Winner: MRS. M. BARLOW 21 Gairey Drive Georgetown, Ont.

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