



HERE IS a mixed catch from Lake Nipissing. It contains four-pound whitefish. You can make catches like this in pike, walleye, perch, and one Ontario's outdoors.

**ONTARIO OUTDOORS**

**Fish Contest Offers Prizes**



BY BOB OLLIVIER

Ontario Federation of Anglers and Hunters has a Big Fish Contest this year as it has had for several years now. This contest is sponsored by a brewing company and prizes are given for fish in the following categories: rainbow trout, brook trout, lake trout or splake, walleye, northern pike, largemouth bass, smallmouth bass, and musky (maskinonge).

Entry forms are available in stores that sell tackle, and these forms when submitted must have a clear side view of the fish. Scale samples are also requested, if possible, and these are sent to the ministry of natural resources for study. There are prizes totaling \$3,200, with prizes for the biggest fish in each category, and several other prizes.

**PLACES TO GO**

Try Mountsberg Wildlife Centre. There is plenty for the family and the fishing is good for bass, largemouth, that is. You can also catch a nice feed of catfish, and this is good fish for the kids to try for as they are so easy to catch. Mountsberg is just south of Highway 401 past Campbellville.

**WHAT'S IN OUR PARKS**

Continuing information of the parks within easy reach of Georgetown. McRae Point Provincial Park is situated on Lake Simcoe, 10 miles southeast of Orillia, reached from Highway 12. Camping and day use are available, and McRae Point Park is enclosed on three sides by Lake Simcoe, thus providing extensive beach areas.

Hydro sites are available for campers, and there is a boardwalk with various lookout points through a swamp which travels to the far shore of Lake Simcoe and loops back along shoreline.

**WASAGA BEACH**

This park lies along the eastern shore of Nottawasaga Bay off Georgian Bay. It can be reached from Highway 400 by taking Highway 27 to 28 or 92. Daytime facilities only are provided at Wasaga Beach Park, but the 10 miles of sandy beach is popular with swimmers and sunbathers. Fishing is available in the Nottawasaga River in the early morning, or in the evening, and during the day, despite water skiers.

**BIG SALMON**

Abel Frankroyer of Georgetown caught an eight-pound salmon while in Victoria B.C., recently. Abel and his family also saw wolf, moose, deer, mountain goat and sheep. This is a beautiful place for seeing animals, and there is scenery.

At the graduation program for Stewarttown Senior School, a special note was brought by Mr. Cosgrove, and I quote: "And to Roger Armstrong, you are a great potential fisherman." Hang in there, Roger!

**DUFFERIN DEER**

The ministry of natural resources has announced that a bow season on deer is planned for the fall of 1974 in Dufferin County. From the swamps of Amaranth to the rolling hills of Mono and Mulmur, this county has long been known to support substantial deer numbers and thus will quite easily tolerate this limited form of harvest. The growing appeal of country living has resulted in much of the farmland in this area reverting to the "country retreat" type of property. This has provided excellent habitat for white-tailed deer.

Other areas of Ontario have had bow season for several years during which time bow hunting has been proven to be safe, satisfying and inexpensive form of recreation which is compatible even in heavily built up rural areas.

Initial participation in a bow season is expected to be low because there are few Ontarians skilled in this ancient pursuit. As well, wildlife managers within the ministry predict a harvest of fewer than one deer per 100 hunters. The main objective of this season is to provide the opportunity for more outdoor recreation. To participate in an archery season, the bowhunter must hold a valid Ontario licence for deer. Bowhunting is legal on Sunday and archers have the added advantage of being able to practise in their own backyards.

The appeal of hunting with bow and arrow lies in the preparation required before the open season and the actual hunt itself, rather than in putting venison on the table. Those who lack true sportsmanlike spirit quickly lose interest in an activity that requires so many hours of preparation and practice for such a slight chance of success. The satisfaction comes from being outdoors, gaining skill in the necessary techniques and achieving a better understanding of our natural surroundings.

Next week: My Sons will be Hunters.

Fill then see you in "ONTARIO OUTDOORS".



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**RECREATION TIPS**

**Weather Boating Hazard**

Ontario Safety League emphasizes the need for pleasure boaters to realize that weather is the main hazard which must be considered at all times except when boating in confined waters such as small lakes and rivers.

Even large craft have come a hatch or cabin door has been left open allowing the vessel to fill up with water and founder before the operator realized the danger. Small open boats are even more vulnerable but the danger is also more obvious. It is unexpected and sudden storms which present the greatest hazard to smaller craft.

The League advises all pleasure boat operators to check the weather before starting on any extensive trip, he must have an adequate number of lifejackets aboard that are in good condition, and if heavy winds or waves are encountered, put the lifejackets on before the danger becomes acute. Research proves that

practically all victims of boating accidents were not wearing lifejackets when the fatal accident occurred.

**RESOURCE SCHOOL**  
After a few weeks holidays many children would welcome a change in routine, something new and different. We think that the Mountsberg Wildlife Centre is offering an exciting alternative. A Summer Resource School is being held July 15 to 19. This is for boys and girls 9 to 15 years of age. Page 16 Filler

**Lack Of Knowledge And Experience Contribute To Canoeing Mishaps**

Canoeing is becoming more popular every year. This is not surprising because a canoe provides the means of escaping the noise, rush and smog of urban living to a greater extent than any other recreational means.

The Ontario Safety League points out to canoeists that unless they have sufficient knowledge of the craft they are handling and the situations into which it can take them, they can be in even more deadly peril than in city or highway traffic.

This fact is proved by the number of paddlers who have drowned already this year in Ontario. In almost every instance, it was lack of knowledge and experience in handling a canoe which caused the fatality.

**BASIC PRINCIPLES**  
There are a few basic principles of canoeing which everyone should know before attempting a canoe trip without experienced assistance. The

only safe position in a canoe is kneeling, or sitting on the bottom of the craft. This keeps the centre of gravity low and minimizes the danger of capsizing. It also helps the canoeist to keep his balance which prevents falling overboard, the usual cause of canoeing accidents. Always stay with the canoe if you should fall out or capsize even in cold water, and kick the canoe ashore using it as a life raft.

The Ontario Safety League emphasizes the advisability of learning to swim before attempting to paddle a canoe, and in hazardous situations always wear a suitable flotation jacket.

**ELECTRON TUBES**  
OTTAWA—Varian Associates of Canada Ltd. of 45 River Dr., Georgetown, has been awarded a \$21,780 federal contract by the department of supply and services for a supply of electron tubes

**YOU CAN DEPEND ON US FOR GUARANTEED QUALITY!**

*This Week... Make The Switch to A & P WEO!*

**GREAT ON A GRILL!**  
3 Leg Quarters, 3 Breast Quarters, 3 Necks, 3 Wings, 3 Giblet Packages  
**BOX-O-CHICKEN** FRESH lb 15 PIECES **57¢**

SHOULDER OR BUTT — "GREAT ON A GRILL!"  
**PORK CHOPS**  
lb **79¢**

Canada Grade "A" Beef  
**BONELESS BLADE OR SHORT RIB ROAST**  
lb **\$1.28**

FRESH DAILY — "GREAT ON A GRILL!"  
**GROUND BEEF**  
lb **88¢**

TOWN CLUB — 14¢ LB LOWER THAN A YEAR AGO!  
**WIENERS** 1-lb vac pac **59¢** 2-lb vac pac **\$1.17**

SWIFT SUGAR PLUM.  
**Side Bacon** SLICED 1-lb vac pac **99¢**

BURNS CAMPFIRE, BIRD ON, BY THE PIECE  
**Side Bacon** END CUTS lb **59¢**

SHOPS, COLE SLAW OR  
**Potato Salad** 24-oz carton **68¢**

SHOPS, SWEET PICKLED, OVEN ROASTING  
**Corned Beef Brisket** lb **\$1.38**

SCHNEIDERS, SLICED, 7 VARIETIES  
**Cooked Meats** 6-oz vac pac **42¢**

BURNS, STORE PACK,  
**Beef & Pork Sausages** lb **78¢**

GRADE "A" BEEF  
**Cross Rib Steaks** lb **\$1.38**

SILVERBRIGHT,  
**Salmon Steaks** FROZEN lb **\$1.69**

GOLDEN SKILLET,  
**Chicken Cutlets** FROZEN lb **98¢**

"GR EAT ON A GRILL!"  
**Chicken LEGS OR BREASTS** 5-lb box **\$3.79**

TOWN CLUB,  
**Beef Patties** FROZEN 2-lb pkg **\$1.79**

TOWN CLUB,  
**Beef Steakettes** FROZEN lb **85¢**

**Fresh Baked Goods**

**Jane Parker BREAD**  
60% or 100% Whole Wheat or Cracked Wheat  
SLICED — BUY 3 LOAVES — SAVE 11¢  
3 24-oz loaves **\$1.00**

JANE PARKER (SAVE 10¢)  
**Fruit Cake** ENGLISH 1-lb, 9-oz cake **59¢**

JANE PARKER (SAVE 4¢)  
**Family Donuts** pkg of 12 **59¢**

JANE PARKER (BUY 3 PKGS — SAVE 22¢)  
**Twin Rolls** 3 pkg of 12 **\$1.00**

JANE PARKER (SAVE 8¢)  
**French Stix** 12-oz-pkg of 2 loaves **39¢**

JANE PARKER (SAVE 10¢)  
**Strawberry Pie** full 8-inch pie **89¢**

JANE PARKER (SAVE 10¢)  
**Lemon Pie** full 8-inch pie **69¢**

JANE PARKER (CHOCOLATE 60¢) (SAVE 4¢)  
**Chiffon Cake** Orange 13-oz cake **63¢**

JANE PARKER "Brown 'N Serve" ROLLS  
PLAIN, POPPY SEED, PKG OF 10  
SESAME SEED FRENCH ROLLS, PKG OF 12  
PLAIN OR WHEAT TWIN ROLLS **39¢**

**Action Priced! With Coupons Below Save Up To 30¢**

100% BRAZILIAN  
**8 O'CLOCK COFFEE**  
3-LB BAG **\$2.85** 1-LB BAG **98¢**

Cherry Hill, Danish—Blue, Cinnamon, Olive, Smoothie's, Mushroom, Onion Cream Spreads  
**CHEESE SPREADS** 3/\$1.00

IN TOMATO SAUCE — VEGETARIAN OR WITH PORK  
**LIBBY'S BEANS** 14-oz tin **41¢**

7 VARIETIES — CAKE MIXES  
**BETTY CROCKER** 19-oz pkg **59¢**

**Action Priced! MOM'S SOFT**

**MARGARINE**  
1-lb tub **59¢**

**Action Priced! IN TOMATO SAUCE**

**Libby's Spaghetti** or ALPHA-GETTI  
3 19-oz tins **\$1.00**

**Action Priced!**  
MONARCH — 7 VARIETIES ACTION PRICED!  
**SPONGE PUDDINGS** 3 9-oz pkg **\$1.00**

GENERAL MILLS ACTION PRICED!  
**Cheerios Cereal** 10-oz pkg **55¢**

NABISCO ACTION PRICED!  
**Shredded Wheat** 20-oz pkg **67¢**

FIRESTONE ACTION PRICED!  
**Marshmallows** 1-lb pkg **49¢**

TOOTH PASTE & MOUTH WASH IN ONE ACTION PRICED!  
**Close-Up** GREEN or RED 100 ml. tube **97¢**

**Action Priced!**  
GREEN, PUMPKIN, WHITE, YELLOW  
**FACELLE ROYALE TOWELS** pkg of 2 rolls **79¢**

E. D. SMITH — APPLE ACTION PRICED!  
**Pie Fillers** E. D. SMITH 19-oz tin **72¢**

BAQU — PLAIN, MEAT, MUSHROOM ACTION PRICED!  
**Spaghetti Sauce** 14 1/2-oz jar **39¢**

3 VARIETIES — FROSTING MIXES ACTION PRICED!  
**Betty Crocker** 16-oz pkg **59¢**

FROZEN, CHICKEN, SHRIMP, ETC. SAVE 14¢ — ACTION PRICED!  
**Chun King** DINNERS 11-oz pkg **79¢**

**WITH THIS COUPON**  
ACTION PRICED!  
100% BRAZILIAN  
**8 O'CLOCK BEAN COFFEE** 1-LB BAG **98¢** SAVE 9¢

**WITH THIS COUPON**  
ACTION PRICED!  
100% BRAZILIAN  
**8 O'CLOCK BEAN COFFEE** 3-LB BAG **\$2.85** SAVE 30¢