are for you.

own shopping.

group of 40 girl guides and 7 adult leaders. This took place at

George Kennedy School in

Georgetown east where the 5th girl guide company meets.

Beginning with Canada's "food rules" then on to a story

Mrs. Green discussed food values of foods such as

vegetables, fruits, milk, eggs, meat, and how nourishing they

The girls participated by

asking and answering many

questions and realizing the fact

that "you are what you eat"

Mrs. Green also stressed the Importance of eating

vegetables and fruits raw

rather than cooking them first.

The girls learned a number of

shopping tips which will prove to be of great value as they

grow older and are doing their

There's a lot of railroad horsepower on the go, here, as three diesel locomotives of the GO fleet prepare to depart Georgetown station

for the evening run into The units are returned at the end of the day, and return the following morning for the commuter

operation. The blue and white color scheme on these locomotives will be supplanted by a new green and white design at subsequent

GO HORSEPOWER ON THE GO

shoppings. The locomotives above are GP40TCs, built on SD40 underframes to accommodate extra generating

capacity for coach use. Bullder is General Motors Diesel of London, Ont. New locomotives are GP40-2s.



ALLEYWAYS

By Chris Burke

This weekend will be a busy classed Tigers in all three time for many Youth Bowlers games. Six Strikers creamed as they participate, collec- Dummles in every game. Big tively, in three separate Five thrashed Lucky Strikers in tournaments. Two teams of six bowlers will

Lanes in Hamilton on Saturday where Georgetown Bowl will be defending its Ontario All Group Five 55, Swining Six 50, S.S. and Championship. Georgetown has captured Tigers 39, Six Strikers 37,

and hope to make it three in a Pack 32, Beavers 24, Lucky row. In doing so, Georgetown Strikers 16, Dummies 0. would keep the All Group trophy for good. Both teams look strong and may end up battling between

themselves for top honors! Each is composed of one bantam girl and boy, one junior girl and boy, and one senior girl and boy. Coaches are Charlene MacCormack and George (188). Barber.

STAR TOURNEY

in the Toronto Star Junior Singles Tournament in Scarborough. Georgetown has always faired well here and we Rebels claimed three games look for more of the same this from Chargers. Tiger Cats **BURSARY TOURNAMENT**

On Sunday Mike Warman, who has just completed his final year of Youth Bowling at Georgetown Bowl, will compete In the Youth Bowling Council Bursary tournament, sponsored by the Bowling Proprietors Association Ontario (B.P.A.O.) and conducted by the Master Bowlers Association (M.B.A.) to be held at Sportsman's Bowl in Guelph, top prize to both male and female champions will be one years' free membership into the tournament division of the Master Bowlers Association for the 1974-75 tour. This includes entry tee into all M.B.A. tournaments and an M.B.A. uniform. A total of 10 games will decide the winners in two five game blocks - one at 10 a.m. and one at 2 p.m.

Good luck to bowlers in all three of these tournaments. We know you will represent us well.

C.N.E. FUND In order to halp boost sales of

the light bulb packages for the Canadian National Exhibition tournament fund, proprietors of Georgetown Bowl, have made the following offer to all members of the Youth Bowling Council leagues at Georgetown Bowl. Each package of light bulbs sold at a price of one dollar per pack, will mean one free game of bowling for the salesman. The bulbs may be picked up at Georgetown Bowl.

I would urge all parents to please co-operate in this fund. We must sell 51 dozen packs in order to send one team (made up in the same fashion as the All Group teams) to the Canadian National Exhibition to compete in these championships. We have a first rate team to send. All we need is your support

DOUBLÉS AND FAMILY TWOSOME TOURNAMENT Results are still being tabulated. More "family twosome" shifts are scheduled for tonight (Wednesday) and Friday (May 10), both at 7 p.m. See you there!

BANTAM GIRLS Lisa Brownlee has the high average of 163, followed by Janet Hicks with 161. Beginners were clobbered in every game by Strikes Spares and Swinging Six out-

all three games. Lucky Bowlers subdued Rat Pack in be travelling to Sportman's every game. Beavers dumped Tiger Cats in every game. TEAM STANDINGS - BIg M's 49, Lucky Bowlers 49,

this event for the past two years Beginners 36, Tiger Cats 34, Rat SUPERSIX

Heather Tyler rolled the top trio of 514 with a 217 single. Wendy Chaplin fired a 513 triple and a 188 single. Next were Diane Leonard - 496 (185), Lisa Burke - 491 (228), Janet Hicks -480 (171) and Nicola Cox - 471 **BANTAM BOYS**

Kevin Harrison and David Forty-four Georgetown Finlay are in a tight race for youngsters, 18 years of age and high average, each with 178. under, will once again compete Crackshots ditched Late Comers in two games and totals. Argonauts clubbed Super Strikers in every game. destroyed Thunderbirds in all three games. Hot Shots plastered No Names in all three games. Corner Pins were defeated in two games and

totals by Alley Cats. TEAM STANDINGS-Argonauts 62, Rebels 47, Chargers 46, Tiger Cats 45, Alley Cats 43, Hot Shots 42, Super Strikers 39, No Names 36, Corner Pins 33, Thunderbirds 16, Crackshots 8, Late Comers.

UPPER EIGHT

Raymond Routhier shot the high triple of 557 and a 291 single game. A 550 triple and a 223 single were bowled by Ross Knipe. Grant Richardson threw a 533 triple and a 189 Next were Danny Drumm - 525 (189), Russell Gourlie - 520 (199), David Wallace - 516 (212), Mark Dodge - 515 (229) and David Smarda - 510 (194).

The girls high average is 202 held by Stephanie Cox. Gary Richardson has the boys high average of 220. Blue Bombers captured two games and totals from Successful Six. M.A.S.D. demolished Rated X in every game. Joan's Misfits borrowed two games and totals from Muskateers. Bowled Ones blasted Kooks in all three games. Rip Offs were clipped by Rolling Pins in every game. Super Seven collected three victories from the House

STANDINGS M.A.S.D 73, Super Seven 63, Rilling Pins 63, Rated X 49, Muskateers 39, Blue Bombers 39, Bowled Ones 34, Joan's Misfits 28, Kooks 26, Successful Six 24, Rip Offs 9.

SUPER SCORES GIRLS - Shella Ford rolled the high threesome of 687 and a 241 single. Cathy Elsliger fired a 674 tripel and a 242 single. A 654 triple and 245 single were bowled by Sheila Ford. Next were Bev Switzer - 629 (271), Stephanie Cox - 623 Sylvia Heissler - 611 (257) and Pam Kavanagh - 605 (238), BOYS - Don Dodge threw this

week's high triple of 797 with a 301 single. Don Hall tossed 723 with a 274 single. Richardson scored 710 with a 243 single. Following them were Michel LeBlanc - 659 (229) and Ken Flindall - 637 (256). FRIDAY LEAGUE BANTAMS (Standings)

House League Soccer

This Saturday at 10 o'clock Halton Hills' Mayor Tom Hill will perform the opening day kick-off ceremonies.

After the official ceremonies are over the following games are

OPENING DAY GAMES SCHEDULE

TIME LEAGUE Minor Atom Pecwee 10.45 Minor Mosquito Senior Girls Junior Giris Bantam 1.45 Major Atoms 2.15 Major Mosquito 3.30 3.30

Colts Spurs

Magpies Chargers Olympians Dynamo Ralders

TEAM vs Tigers vs Rockets Spittires . vs Flyers Blue Bombers vs Red Rockets vs Colts

vs Junior Nationals vs Trojans vs Pegasus vs Boomerangs

No. 2 - Large Field No. 2-Small Field

Thanks to the Mother's Guild a refreshment booth will be available on opening day and throughout the season.

Striking Six 59, Jets 50, But-terflies 49, Super Stars 45, Super Strikers 45, Tigers 29, Love Bugs 25, Strikers 22. JUNIORS (Standings)

Mosquitos 25, Peanuts Gang 25, Headhunters 22, Sexy Six 12. **SENIORS**

Mike Warman and Ruth Finlay hold the boys and girls high averages with 233 and 225 respectively. The standings after the first week of playoffs Rams. However, the Acton are very close. Trogladites team led after each period, 6-4, have 3260 - only five pins ahead 10-7, and 15-7. of Late Comers at 3255.

In third place, with 3171 are Wiffle Walfers while Keglers have 3166. Pin Blasters are next with 3150 followed by Maybe Next Week (3102), Super Bloopers (2774) and Rookies

NOTEABLE NINE Congratulations to Yvonne Bratkin who shot a fantastic 901 triple and a 369 single in advance bowling for her team. Gary Hole threw a 763 triple and a 322 single. Steve Burns tossed 735 and a 256 game. A 726 trio and 300 single were bowled by Pat Syme. Next were Carolyn Barber - 685 (283), Rick Gourlie - 663 (311),

Dave Warman - 620 (238), Derrick Lukas - 618 (229) and

Rams Win First Game

Harold Colpitts - 601 (206).

The Acton Rams, Junior "C" lacrosse team in the Central division of the Ontario Lacrosse Association started their regular season play on a winning note. They defeated the Arthur Aces, 15-7.

Wayne Young led the rams with four goals. Other Acton scorers were Ian Campbell, with three, Paul Wilson and Bruce Cooksley with two each. Scoring one each were Gary Turkosz, who played goal in the second and third periods, Dave

Rick Newman.

goals. Also scoring for the team and Dell Watson. were Gary Hawkins, Bob Orr, Don Bolen, Steve Kozinets and Gerald Hellernan with one

penalties were assessed with 36 Do not break blisters. Cover minutes charged against the with a clean dressing. Medical

Manes, George Artem, and Acton coach, Robert Pool, Rick Newman. revealed his choice of team The Arthur team was led by captain, Bruce Cooksley and Brian Henderson with two the assistants, George Artem

DID YOU KNOW? that burns should be immersed A total of 62 minutes in in cold water to relieve pain. attention is imperative for severe burns or minor burns covering a large area.

St. John Ambulance advises

(Herald Photo)

He tries to get his friends such as Goods, Fellowship Strength, Beauty, Five Wits, Kindred and Discretion to go with him to the grave, but only his Good Deeds will accompany him. The dress rehearsal, held Thursday afternoon, was attended by the Grade 13 English students, who studied the play earlier in the year, and was

Although their placing was not announced, they must have placed very well with their modernized version of the famous play.

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HIGH SCHOOL INSIGHTS

Final Exams Drawing Near, Time To Start Worrying

BY LARRY BROADFIELD

ORMAL may also be ordered. Tuxedos
This year's formal dance are not mandatory, but formal In six weeks, the final exams promises to be a very special wear is required.

occasion. Although the tickets The function is being held on will be well underway at GDHS. Although they are not comare \$20 per couple and \$10 for a Friday, May 24. single, the annual social function should be very exciting. Girl Gui since it will be held at the pulsory for students with marks above 60 per cent still many students will be writing exams Constellation Hotel on Dixon Now is the time to begin

worrying about the coming The formal will begin at 8:30 exams, for those who plan to p.m. and go until 1 a.m., with write. Studying should begin soon, in order to be well dancing and refreshments. Tickets are still available, but prepared. Don't forget, the are running out. Formal photos exams could be the deciding factor between passing and

failing. EVERYMAN

In June.

Summoning Everyman, the famous moral play from the Middle Ages, is the play that the Theatre Arts department entered in the Halton drama competition. In short, the plot involves the summoning of Everyman to appear before God for his final

very well done.

\$3500.00 IN CASH PRIZES

Girl Guides

Guest Speaker

Paul Green, a director of

consumer affairs, Oshawa

group, gave a very interesting

and informatve talk on food to a

Monday, May 6 Mrs. Marie-

BINGO

AT THE INTERNATIONAL CENTRE

6900 AIRPORT ROAD (Just south of Derry Road)

This Thursday, May 9th

Early Bird Game Starts At 7:30 P.M.

\$3500.00 IN CASH PRIZES

PLEASE BRING THIS AD FOR FREE ADMISSION

BINGO BUS - Main and James St. 4.29 p.m. - Georgetown Market Plaza 4.25 p.m.

WIN GIFTS OF \$10. OLYMPIC LOTTERY TICKETS. THESE BUSINESSES WANT YOU TO BECOME AN

INSTANT **MILLIONAIRE** Rules

Each week the word MILLIONAIRE will appear in several of the advertisements on this feature. Simply read the ads carefully, write down the name of the advertiser in which the word appears and send along with your name, address and phone no. to MILLIONAIRE editor c-o the Herald. Each week draws will be made and winners notified.

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