

**O'CONNOR'S
OTTAWA**

"Our computer knows only Swahili."
"Uprize mangoes cause upset tummies."
"The new sleeping sickness - but, O tse-tse fly, where is thy sting?"

Ottawa's year-round 12 inches of snow has finally gotten to me, you say. Not so. (I don't think). And no, these are not punchlines from the latest round of jokes on the Ottawa cocktail circuit. They are but three of dozens of sub-chapter headings in the recently tabled Third Annual Report of the Commissioner of Official Languages. No kidding.

The report is a thick (1068 pages) red-jacketed tome prepared, in both official languages naturally, by our Official Languages Commissioner, Keith Spicer. Pursuant to section 34(1) of the Official Languages Act, it is a highly personalized, extremely well and humorously written account of the country's progress, or sometimes lack of it, toward implementation of the Official Languages Act. Mr. Spicer certainly is not your ordinary garden-variety Ottawa bureaucrat. He has a flair for putting his foot in his mouth, eg. his "Westmount Rhodesians" remark and for very frankly speaking his mind and doing his job the way he, and no one else, thinks it should be done. Whereas the annual reports of most government departments and agencies are brief, boring efforts written by the same folks who bring you our Income Tax Act, Spicer's report makes genuinely interesting reading.

He describes his function as Commissioner as one of "constructive meddling". His is a role of monitoring the various federal government departments, agencies, boards, etc. across the country and of assessing their efforts to provide services to each member of the public in the official language of his or her choice.

He details with a great deal of sensitivity the pressures on civil servants to acquire second language training and how these pressures result in fears for job security. He outlines numerous public complaints of both English and French speaking members of the public about unfair or discriminatory treatment of their language rights - everything from a complaint about a National Arts Centre opera program printed in French only, to the long-time French speaking civil servant in Quebec City who was refused advancement because he lacked sufficient English.

Most important, of course, are his recommendations for smoothing the way, fairly and equitably to both civil servant and public, toward effective operation of the principles of bilingualism.

Given the emotional and controversial nature of the concept of bilingualism, this is no mean feat. But Spicer's investigation of complaints and proposed solutions as well as departmental programs for implementation, inevitably display a cool, compromising, old-fashioned horse-sense approach.

I don't believe, as some people fear, that anyone is trying to ram French or English down anyone else's throat. We are a bilingual country, officially so, as of 1969. We should sincerely work together toward protecting the language and cultural rights of each other. Keith Spicer is one civil servant, in a tough job, admirably performing a service for all of us. I recommend his report. Anyone wanting a copy, please contact me.

If you have a problem, idea, comment, criticism or simply wish to get in touch with me, please stop by my riding office at 347 Kerr Street, Oakville, or telephone Fran Baines, 877-6475.



GDHS FOLK FESTIVAL

The second annual Georgetown District High School Folk Festival, commonly known as Folk II, is an Ontario wide competition and it will be held this year on April 5 and 6. Don't miss it! The best folk musicians from secondary schools across the province will be competing for top spot and for on-lookers, the festival promises to be fantastic entertainment for the two days.

Friday evening will be kicked off with a just-for-fun hootenanny before the competition begins. Other entertainment will include last year's winner of the festival, Georgetown High's own group, "Sage".

For the competing musicians the prize money is great incentive but the possibility of talent scouts in the audience will urge them on even more. So if you want an evening's or afternoon's entertainment and you like Canadian talent, be sure not to miss GDHS's Folk II.



WEO

WHERE ECONOMY ORIGINATES

ALL PRICES SHOWN IN THIS AD GUARANTEED EFFECTIVE THROUGH SATURDAY, APRIL 6th, 1974. "WE RESERVE THE RIGHT TO LIMIT ALL QUANTITIES"

PRODUCE FEATURES!

FLORIDA, INDIAN RIVER, WHITE, PEAK OF THE CROP

GRAPEFRUIT
10 SIZE 48 FOR 89¢

FLORIDA, GREEN, TENDER

Stringless Beans lb 39¢

CANADA No. 1 GRADE, ONTARIO GROWN

Turnips MILD, SWEET lb 10¢

Make It Fresh!

By **MARY HENRY**
A&P Home Economist

Although modern methods of production, storage and marketing mean that Canadians can enjoy a wide variety of vegetables and fruits at any time of the year, there is something special about the arrival of spring! It heralds the beginning of a new season for Ontario-grown hothouse and garden produce. Ontario-grown produce adds incomparable flavour and colour to every meal. The first to appear - asparagus and field-grown rhubarb - will make their appearance shortly.

Did you know that in many fruits and vegetables, the majority of vitamins and minerals are stored just beneath the skin? To get the best food value, prepare vegetables in their 'jackets' or skins when possible. Eat fruits and vegetables raw frequently. Since the vitamins are close to the surface, cook vegetables quickly in a small amount of boiling water, just until barely tender. This will preserve as much of the natural vitamin content of the vegetable as possible. When done, the vegetable should be tender but still have some 'crunch' or bite.

IDA BURNS & ASSOCIATES INC.,
1240 LAKESHORE ROAD EAST
MISSISSAUGA, ONTARIO

Bakeshop Specials!

JANE PARKER, SLICED BREAD

60% or 100% Whole Wheat or Cracked Wheat
3 24-oz loaves \$1.00
(Buy 3 Loaves - Save 11¢)

- JANE PARKER (SAVE 4¢) **Pumpkin Pie** Full 8-inch, pie 69¢
- JANE PARKER (ACTION PRICED!) **Lemon Pie** Full 8-inch, 24-oz pie 65¢
- JANE PARKER (SAVE 10¢) **English Fruit Cake** 1-lb, 9-oz cake 59¢
- JANE PARKER, CHOCOLATE, EACH 89¢ (SAVE 4¢) **Chiffon Cake Orange** 13-oz cake 63¢
- JANE PARKER, RAISIN TWIST (SAVE 6¢) **Coffee Cake** 14-oz cake 59¢
- JANE PARKER (SAVE 6¢) **Babka Coffee Cake** 16-oz cake 79¢
- JANE PARKER (SAVE 10¢) **Glazed Donuts** pkg of 8 49¢
- JANE PARKER, 2 WHITE OR 1 WHITE & 1 WHEAT (SAVE 8¢) **Bread "Brown 'N Serve"** pkg of 2, 8-oz loaves 39¢
- JANE PARKER, Delicious Plain or Toasted (PKG OF 12 99¢) **Hot Cross Buns** pkg of 6 59¢
- JANE PARKER (BUY 3 PKGS - SAVE 24¢) **Twin Rolls** pkgs of 12 3/\$1.00



OUTSTANDING VALUE!
4-PIECE PLACE SETTING ONLY \$1.99

WITH EACH MINIMUM \$3.00 PURCHASE Start your set today. Collect a table full of Banbury Inn Fine China. Every four-piece place setting includes a dinner plate, a bread and butter plate, a cup and a saucer.
Complete Place: Soup Bowls - 4 for \$1.99.
Complete Set - Sugar Bowl, Creamer, Vegetable Dish & Platter Each \$1.99.
Complete Set of 4 Pieces - \$6.99 - Save 97¢.
OFFER GOOD THROUGH APRIL, 1974

Weeeeeeeo!

IMPORTANT FOR YOU

A & P POLICY: Always do what is honest and fair for every customer.
RAINCHECK: If an advertised special is ever sold out ask the Manager for a Raincheck. It entitles you to the same item at

the same price the following week. Or if you wish we'll give you a comparable item at the same special price.
GUARANTEE: A&P offers an unconditional money-back guarantee. No matter what it is, no matter who makes it, if A&P sells it A&P guarantees it.

Look What 10c Will Buy at A&P WEO!

Action Priced!
MARVEL BRAND ICE CREAM
Buy two pints at regular price 33¢ each. Get one pint for **10¢**
3 1-Pint Cartons 76¢

CRYSTALS TASTY TREAT DESSERT
HABITANT SOUPS
CRUM 'N BAKE
ORANGE CRYSTALS
ORANGE JUICE
DANNON PUDDINGS

ACTION PRICED!
2 1/2-OZ ENVELOPES PITCHER PERFECT GRAPE OR LEMONADE FLAVOUR
Frozen, Orange, Grape, Strawberry, 5-oz. carton
ACTION PRICED!
PEA OR VEGETABLE 8-FL-OZ TIN
ACTION PRICED!
COATING MIX 2-OZ PKG
ACTION PRICED!
PITCHER PERFECT 2 1/2-OZ ENVELOPES SAICO, PURE, SWEETENED 6-FL-OZ ZIP TOP TIN
ACTION PRICED!
Butterscotch, Toppoca, Chocolate 4-oz cin.

Action Priced!
10¢ EACH
While Supplies Last!

Action Priced!
CHEER POWDERED DETERGENT
KING SIZE 5-LB BOX
\$1.79

Action Priced!
PEPSI-COLA
26-FL-OZ BOTTLES
4/99¢
(PLUS BOTTLE DEPOSIT)

Action Priced!
YUKON CLUB - 9 FLAVOURS CANNED BEVERAGES
10-FL-OZ ZIP TOP TIN
10¢
BUY A CASE OF 24 10-FL-OZ ZIP TOP TINS \$2.39

SUPER-RIGHT, GRADE "A" BEEF
BLADE ROAST BLADE BONE REMOVED lb **94¢**
SHORT RIB ROAST

- Blade Roast BONELESS lb \$1.19
- EXCELLENT FOR BRAISING
- Blade Steaks lb \$1.08
- BONELESS SHOULDER CUTS
- Stewing Beef lb \$1.32
- TOWN CLUB, VAC PAC
- Cottage Rolls SWEET PICKLED lb 89¢
- SUPER-RIGHT QUALITY, FROZEN
- Pork Hocks (Meaty) lb 43¢
- BONE 'N, POT ROAST
- Shoulder Roast lb 88¢
- GRADE "A" BEEF - BONE IN
- Cross Rib Roast lb \$1.19
- GRADE "A" BEEF, BONELESS
- Short Rib Roast lb \$1.19
- BURNS, PRIDE OF CANADA
- Wieners 1-lb Vac Pac 78¢
- SX BRAND, NIAGARA, VIKING
- Bologna BY THE PIECE lb 52¢

SUPER-RIGHT, SLICED
Side Bacon 1-lb Vac Pac 93¢
Pork Side Spare Ribs lb 89¢
Beef Liver SLICED lb 98¢
Game Chickens lb 89¢
Beef Steakettes 5-lb pkg \$4.69
Cooked Ham 6-oz Vac Pac 78¢

Pork Chops SHOULDER OR BUTT lb 89¢
Beef & Pork Sausages lb 78¢
Side Bacon END CUTS lb 68¢
Polish Sausage lb 88¢
Back Bacon END CUTS lb \$1.18
Perch Fillets 5-lb pkg \$3.49

CHINA LILY
Bean Sprouts 19-fl-oz tin 33¢
White Swan Deluxe pkg of 2 rolls 43¢
Secret Deodorant 4-oz 93¢
Del Monte Vegetables 4/89¢
Nabisco Shreddies 24-oz pkg 59¢
French's Mustard 24-fl-oz jar 43¢
Chop Suey 19-fl-oz tin 59¢
Chow Mein Noodles 4-oz tin 39¢
Tasty Treat Dessert 5-oz carton 10¢

Now kids can look it up in their own Funk & Wagnalls.
Volume 1 29¢
Volume 2 39¢
\$1.89 each

WITH THIS COUPON
8 O'Clock Bean Coffee 1-LB BAG **96¢**
VALID THROUGH SAT., APRIL 6th, 1974

WITH THIS COUPON
8 O'Clock Bean Coffee 3-LB BAG **\$2.79**
VALID THROUGH SAT., APRIL 6th, 1974