Take-A-Break Gals Learn Of Hypnosis in Medicine

Dr. Boyd Hoddinott makes a point in hypnosis discussion. He was guest speaker at the Y's Ladies Take-A-Break, February 15.

Tuesday is a fascinating morning for the group of ladies who attend the Y.W.C.A.'s "Ladies Take-a-Break" at the Mountainview Baptist Church. Since September they have been treated to a series of interesting talks on a wide variety of topics, such as; Women's position in Canadian Law, Drug Abuse, Interior Decorating and The Value of Toys in Child Play.

The ladies obviously enjoy this chance to broaden their outlook and they make full use of the coffee break to discuss points with their friends before questioning the speaker.

CAN RELAX

What a welcome break this is for the ladies who live locally. They can walk to the meeting and relax, knowing that while they are busy, their children are happy and well cared for in the nursery.

On Tuesday February 15, Dr. Boyd Hoddinott gave an intriguing talk on the use of hypnosis in medicine.

Most of the audience had a misconception of hypnosis, having been aware of only the stage aspect of this topic.

Dr. Hoddinott showed how hypnosis can be used to help people overcome such problems as obesity and nail-biting as well as more serious problems such as amnesia.

He also outlined many facets of hypnosis which we can experience in every day life, for example sleepwalking, which are not usually thought of as a hypnotic state.

QUESTIONS

The ladies were so interested in the talk and had so many questions, they were reluctant to wind up the talk at 11.30 a.m.

The spring session of the Take-A-Break talks will start April 11 at St. John's United Church.

Women at Ladies Take-A-Break enjoy a cup of coffee, discuss an interesting topic and relax knowing their children are well looked after in the nursery.

EIGHT CHARGES AGAINST DRIVERS

Eight charges have been laid against drivers involved in collisions investigated by North Halton O.P.P. officers last week, and more charges are pending. The causes of the accidents were attributed to inattentive driving, improper passing and driving too fast for road conditions. In all, officers investigated 17 collisions last week involving 26 vehicles. One death and injury to 13 persons, and over $10,750 in property damage resulted.

Election Expenses Released

High Cost of Winning was $19,134 for Snow Campaign

Halton East Conservatives spent $19,134 in their campaign to get Jim Snow re-elected to the riding's seat at Queen's Park, according to a statement of election expenses published last week by P. J. Cowan of Oakville, returning officer in the Oct. 21 provincial election.

The riding's Liberals spent $12,483.64 on Bob Blake's campaign while the NDP sunk $5,546.12 into the campaign for candidate Kenneth Gelok. Snow handily won the riding with over 21,000 votes. Blake got 9,000 votes and Gelok 7,000.

The Ontario Election Act requires all candidates to report receipts and expenditures of an election campaign to the returning officer, and he must publish them.

MONEY LEFT OVER

All three candidates had credit balances when Oct. 21 rolled around - Conservatives have $3,278 on hand for the next election, Liberals $234.31 and NDP $648.45.

Snow's official report on election expenses shows $22,412 in receipts. He spent over $3,000 on printing and stationery; over $2,000 on advertising, signs, and office rent and salaries; and over $1,000 each on postage, matches and favors; entertainment and food; and miscellaneous. Expenses of less than $1,000 were listed for telephone, photographs and transportation.

MAJOR EXPENSES

Blake's campaign fund listed $12,717.95 in receipts. His major expenses were printing and stationery and office supplies, and advertising. Gelok had $6,194.57 in receipts and his major expenses were leaflets and the candidate's personal expenses.

DID YOU KNOW?

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