

Fly to Carolina Visit Dairy Farms

Mr. Lloyd McEnery enjoyed a pleasant outing on Saturday when he joined a group of other farmers from the county.

The Guernsey Breeders had a chartered plane flight planned for North Carolina. They left Malton at 6:30 a.m. Several dairy farms were visited there, some were miles apart. During the day they travelled around 400 miles and had a good view of the countryside which is quite hilly. Cattle were out on pasture there. The temperature was in the sixties. The group arrived back home around 10 p.m. It was a most interesting trip. Rather hard to believe they had covered so many miles and seen so much in one day.

The annual meeting of the Ballinafad W.I. was held at the home of Mrs. T. Given. Those present sat down to a pot luck luncheon at 12.30. There was a variety of good things to eat and when the meal was over and the dishes

washed, members went to the living room where the meeting commenced. President, Mrs. Jesse McEnery opened with a poem, then all repeated the W. I. ode and the prayer for club women. Roll call was 'pay your membership fee'. Mrs. Wm. McLean reported on the secretary-treasurer's workshop she attended at Milton in March. Mrs. Smith reported on the district meeting for branch directors. The district annual is to be held at Hillcrest Church May 20 particulars pertaining to it were discussed. Financial statement was given and the report showed although membership was not large, much had been accomplished. Branch conveners each gave their annual report. Mrs. T. Given reported for the nominating committee which stated all officers were returned but one, Mrs. Slessoraites filled the vacancy. Members were given instructions regarding canvassing for the Cancer Society this month. Mrs. Ada

Kirkwood gave the current events. Mrs. Jamieson gave a humorous reading. Meeting closed with O Canada.

Mrs. F. Smith accompanied her daughter Mrs. Charles Burt of Erin to Hamilton on Friday evening where they attended the reception to honour the third year students of the faculty of McMaster School of Nursing. The occasion being the presentation of Black Bands. Miss Charlene Burt was one of the 27 young women so honoured. The reception was held at Moulton Hall, McMaster University.

March 30 was the last meeting for the 'Nine Nifty Separates' the group of girls from the north who are taking the latest 4-H homemaking girls course in sewing. The new outfits and the notebooks were to be finished and handed in to the leaders by Saturday. Achievement day will be Saturday, April 18 in Hillcrest Church, Ashgrove.

Glad to report Donna Brown is recovering nicely from the severe burns she accidentally received at her home a few days ago.

Mr and Mrs. Leo Jamieson and daughters spent the week end in Cornwall visiting with their son Allan.

Industry, Loan Costs Discussed by Banker

George Michm, manager of the Royal Bank of Canada in Georgetown and president of the Chamber of Commerce, was guest speaker at the dinner meeting of the Business & Professional Women's Club at North Halton Golf & Country Club on Monday evening.

Mr. Michm spoke on the industries of Georgetown. He talked specifically on the seven major industries, E. W. Bliss, General Fireproofing, Smith & Stone, Standard Products, Varian and the two oldest industries, Abitibi and Donmar. It was most informative to hear the number of employees and the products produced

and where they were delivered and exported to.

"The High Cost of Borrowing" was the second part of his talk and he answered many questions on finance for the members and guests. Miss Jean Mackenzie introduced him and Mrs. Eva Presswood thanked him and presented him with a gift.

During the business portion of the meeting correspondence was read in connection with the Provincial conference to be held in May in Kingston. Conference theme is 'communications'. Mrs. Audrey Scott, president will be the club delegate and it is expected several observers from the local club will attend.

CONSERVATION COSTS JUMP JOLTS COUNCIL

A jump of \$4,260 in Esqueving share of the costs of Halton Region Conservation Authority jolted Esqueving council Monday night. Last year's Esqueving's share was \$9,818 while this year the share is \$14,078.

Esqueving council has opposed the purchase of Crawford Lake and continues to do so. Deputy Reeve Tom Hill questioned Crawford Lake as a conservation area.

SHEER ROCK

Reeve George Currie agreed saying, "It's sheer rock straight down, and the water will be there for conservation whether they buy it or not."

The clerk was instructed to write a letter to the OMB, setting out their position.

Bridal Photos

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HEALTH COLUMN

Bachache

Following the eight maxims set forth below will save a backache:

1. Know and observe your physical limitations. Act your age, don't try some crazy stunt to impress others in the crowd.
2. Don't shock the spine when you sit down — come in for a smooth landing.
3. When lifting something, bend your body at the knees. This way you'll let the arms and hips help the back bear the burden.
4. Try and exercise all your muscles a little instead of a few of the muscles a lot. 'Warm-up' before engagement in hard exercise or violent sports.
5. Make a conscientious effort to improve your posture.
6. While you're on the job, get up and stretch occasionally it will do you a world of good.
7. Workers who sit — from tractor drivers to home-workers need seats of the right shape and size, or counters and cabinets of the correct height.
8. See your Chiropractor twice a year for a spinal check-up.

Published in the Public Interest To Explain The Practice Of Scientific Chiropractic.

Dodd Chiropractic Clinic

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120 Guelph Street, Georgetown 877-7333



IN THE MAIL BAG

Wants 'Ridiculous' Taxi By-Law Changed

31 Langstone Cres.
Dear Sir:
Recently I learned that taxis are forbidden to discharge or pick-up passengers at the curb on Main Street. They are required to pick-up or discharge passengers from the median, according to a ridiculous by-law.

One has to only imagine a mother, her arms full of bags of groceries with one or two children stepping from between parked cars into traffic to enter a cab. Such a situation could easily result in a fatality.

My opinion is that a by-law such as this should be repealed immediately for the safety of the citizens of our community.

As an afterthought, maybe this stupid repulsive piece of ruling may result in an increase of summonses for jay-walking which would help to justify a police officer on a beat on a street whose business section is approximately 400 yards.

Sincerely,
L. Cochrane

Just can't beat A & P Meat

NO FINER MEAT SOLD ANYWHERE!

FRESH PORK ROASTS

SHANKLESS
Shoulder lb 39¢

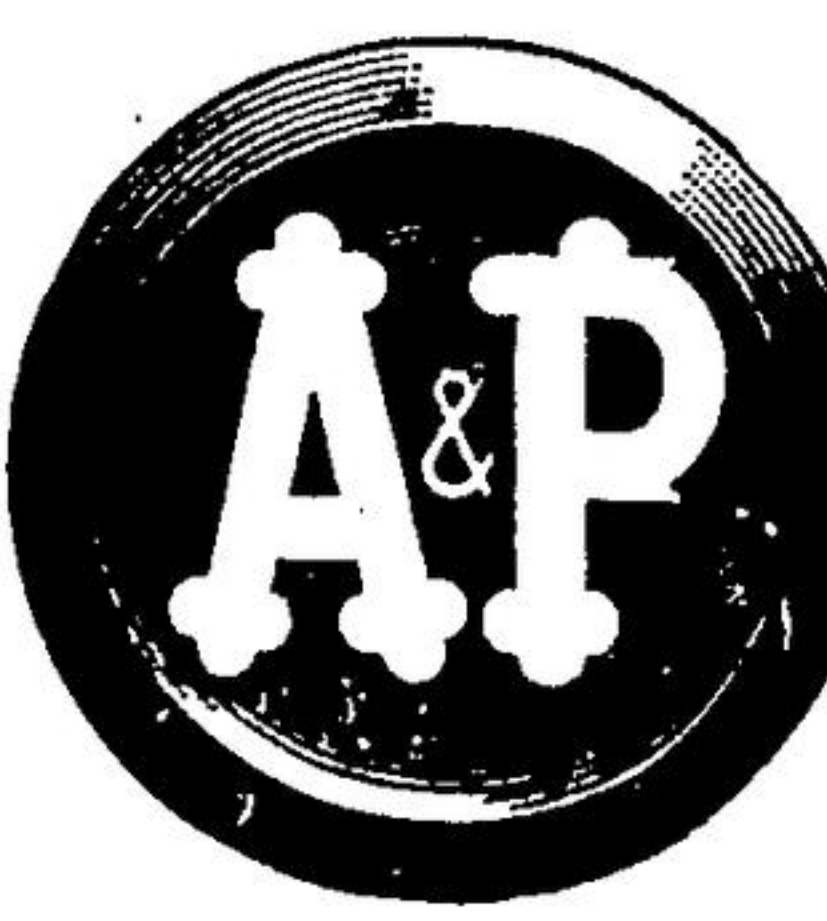
LEAN
Butt Roast lb 53¢

SHOULDER OR BUTT
Pork Chops lb 69¢

CANADA GRADE "A", Eviscerated, VACUUM PACKED, FROZEN, 4 TO 5-LB. AVERAGE
Chickens lb 43¢

A&P'S OWN SUPER-RIGHT BRAND, SMOKED, SLICED, RINDLESS (1/2-LB VACUUM PACK 53¢)
Side Bacon 1-lb Vacuum Pack 83¢

SX BRAND, BY THE PIECE, ANY WEIGHT CUT
Beef Bologna lb 39¢



RED BRAND BEEF

PORTERHOUSE OR WING, RED BRAND BEEF
Steaks or Roasts lb \$1.29

BONELESS RIB EYE
Delmonico Steak lb \$1.99

LEAN
Braising Ribs lb 79¢

BONE IN, CENTRE CUT
Beef Shank lb 79¢

MINCED
Round Steak lb 99¢

CUT FROM EYE OF SIRLOIN POINT
Cube Steaks lb \$1.49

Boneless, Red Brand Beef
Rump Roast \$1.29
Tender, Juicy, Red Brand Beef
Sirloin Steak Full Slice
Round Steak lb Your Choice

SHOP A&P > SAVE ANY DAY ON MEATS! MONDAY THRU SATURDAY!

6 VARIETIES, TIN TIE BAGS
PEEK FREEN BISCUITS
15-oz bag 59¢
SAVE 8c

JANE PARKER DAILY DATED
Apple Pie
FULL 8-INCH 24-OZ SIZE
39¢
SAVE 20c

Check These Cash Savers
PREMIUM, 8 VARIETIES
Clark Soups 5 10-11-oz tins 89¢
97% CAFFEIN FREE, VACUUM PACK SAVE 16c
A&P Coffee Regular or Drip Grind 1-lb tin 99¢
POWDER, LOW PHOSPHATE CONTENT
Treasure Detergent 5-lb bag 99¢
WITH CHEESE IN TOMATO SAUCE
Valiant Spaghetti 3 14-11-oz tins 49¢
DUNCAN MIXES, ASSORTED FLAVOURS SAVE 4c
Cake Mixes 19-oz pkg 49¢
FACIAL TISSUES, PINK, GOLD, BLUE, GREEN
3¢ OFF DEAL SPECIAL PRICE!
Kleenex Boutique 3 pkgs of 260 89¢

PRODUCE VALUES
CALIFORNIA, LARGE ORIGINAL BUNCHES
Broccoli each 29¢
CALIFORNIA, NO. 1 GRADE, LARGE FIRM HEADS
Lettuce 2 for 39¢

CHOICE QUALITY
A&P PEAS
5 14-oz tins 99¢
BUY 5, SAVE 9c
TIDE 25% Off King Size 1.59

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