

PRICES EFFECTIVE UNTIL CLOSING MARCH 14
GEORGETOWN ONLY

WE RESERVE THE RIGHT TO LIMIT QUANTITIES
TO REASONABLE FAMILY REQUIREMENTS

Loblaws Meat



The GREATEST

LOBLAWS MEAT...THE GREATEST

TIPS ON HOW TO BUY AND PREPARE
ROUND STEAK

To help you get the best value for your meat shopping dollar, Loblaws has prepared a tell-all leaflet about Round Steak. Available FREE at your Loblaws meat counter, it explains that Loblaws red and blue brand Round Steak has the same nutritional value as top quality Sirloin. Included are suggestions for choosing Round Steak according to your needs and there are some great ideas for using Round Steak as the basis for a whole variety of exciting family and company menus.

BE SURE TO PICK UP LOBLAWS "WHAT YOU SHOULD KNOW ABOUT ROUND STEAK" LEAFLET THIS WEEK.

SPECIAL! ALWAYS TENDER PRESSED CANADA A GRADE
FRESH FRYING or ROASTING CHICKENS 2 1/2 TO 3 LB. AVERAGE LB. **33¢** LIMIT 3 PER CUSTOMER

SPECIAL! FRESH CHICKEN IN A BASKET LB. 39¢	SPECIAL! LEAN SOLID MEAT Boneless LOIN PORK END CUTS ROASTS LB. 89¢
SPECIAL! SWIFT'S PREMIUM Oven Roasting Corned Beef Brisket LB. 95¢	SPECIAL! SWIFT'S PREMIUM WIENERS 1-LB. PKG. VAC PAC 55¢
SPECIAL! SWIFT'S LAZY MAPLE RINDLESS SIDE BACON 1-LB. PKG. VAC PAC 89¢	SPECIAL! SHOPSY'S CORNED BEEF 4 2-OZ. PKGS. 99¢
SPECIAL! LOBLAWS Beef & Pork Small Link Breakfast Sausage 1-LB. PKG. TRAY PAC 63¢	SPECIAL! SWIFT'S PREMIUM CHOICE BOLOGNA BY THE PIECE LB. 39¢
	• LENTEN FEATURES • SPECIAL! BRITISH COLUMBIA PINK SALMON HALVES LB. 89¢ SPECIAL! Rupert Brand Cooked Mini-Filets COD with SPINACH or RICE and SHRIMP 8-OZ. PKG. EACH 55¢ SPECIAL! FRESH OCEAN PERCH FILLETS LB. 62¢

FROM CALIFORNIA! GARDEN FRESH! MILD & TENDER! BROCCOLI LARGE SIZE! BUNCH 29¢	PRODUCE OF U.S.A.1 WASHED & TRIMMED! FRESH SPINACH 2 CELLO PKGS. 45¢
FROM FLORIDA! THIN-SKINNED! VALENCIA JUICE ORANGES DOZEN 49¢	ONTARIO GROWN! FANCY GRADE! MCINTOSH APPLES 3 LBS. 43¢

LOBLAW SPECIAL! BETTY CROCKER LAYER CAKE MIXES ALL VARIETIES 2 19 OZ. PKGS. 89¢	LOBLAW SPECIAL! KELLOGG'S CEREAL SPECIAL "K" 15 OZ. PKG. 59¢
LOBLAW SPECIAL! LANCIA MACARONI or SPAGHETTI 2 LB. PLYO BAG 43¢	LOBLAW SPECIAL! ALL VARIETIES READY TO SERVE HEINZ SOUPS 8 FL. OZ. TIN 10¢
LOBLAW SPECIAL! ORANGE CRYSTALS DEAL PACK SWING FIVE 3 1/2 OZ. PKGS. 89¢	LOBLAW SPECIAL! ALL COLOURS DEESEY BATHROOM TISSUE 2 ROLL PKG. 29¢
LOBLAW SPECIAL! FANCY FROZEN GREEN GIANT PEAS or NIBLETS KERNEL CORN 2 LB. POLY BAG 57¢	LOBLAW FEATURE! MAJESTIC WHITE SLICED BREAD 24 OZ. LOAF 21¢
LOBLAW SPECIAL! ST. LAWRENCE CORN OIL 35 FL. OZ. TIN 79¢	LOBLAW SPECIAL! AYLMEY SWEET WAFER PICKLES 15 FL. OZ. JAR 33¢
LOBLAW SPECIAL! HOSTESS FIG BARS 1 LB. CELLO PKG. 43¢	LOBLAW SPECIAL! CHICKEN 2 1/2 OZ., FISH 2 OZ., ITALIAN 2 1/2 OZ., HAMBURGER 2 OZ. OR PORK/VEAL 2 1/2 OZ. SHAKE 'N BAKE 2 PKGS. 49¢



LOBLAW SPECIAL! PEAIN, CHICKEN OR BEEF DAINTY INSTANT **FRIED RICE** 12 OZ. PKGS. **2 75¢**

LOBLAW SPECIAL! CHOICE HALVES **AYLMER PEACHES or FRUIT COCKTAIL** 1 1/4 FL. OZ. TIN **27¢**

LOBLAW SPECIAL! MOTHER PARKER'S **TEA BAGS** 100'S ECONOMY PKG. **59¢**