



Work That Body not only aims to make the body beautiful, but offers the latest in exercising outfits. Here owner Laurie Burns unpacks the latest in workout suits at the open house, Wednesday.

# Open house crowded at Work That Body

Fitness seems to be much more than a passing fad, as crowds attending the open house of Work That Body testified, Wednesday.

The open house which gave women the chance to inspect and try out the exercise, and aerobic dance classes, as well as the full range of equipment, marked the reopening after full scale renovations, to the large studio in Guelphview Square.

Work That Body was started four years ago by Laurie Burns. Only 12 people turned up for her first class that day, but now she has more than 450 members eagerly stretching bending and flexing muscles on the wide variety of body slimming and body building equipment, as well as weight training.

Laurie explains the centre is open from 7 a.m. until 10 p.m. Monday to Friday and 9 to 1 Saturdays. After Thanksgiving it will be open Saturday and Sunday from 9 to 4. She feels the hours allow anyone to fit their schedule to the centre's.

The greatly expanded facilities include a sauna, showers, sun-tanning room, a children's playroom and baby sitter, as well as a small sales area for these attractive outfits made popular by Jane Fonda's television shows. Not only the body is catered to at Work That Body, two estheticians will shape up the hand with manicures and feet with pedicures as well as teaching proper make-up, and doing face-waxing.

In all Laurie only 24 years old employs 15 people, including eight instructors, three receptionists, two baby sitters and two estheticians.



Not all exercise positions look glamorous, as this pose shows during a class at Work That Body's open house this week.



Hips and abdomen are streamlined on this hip flexing machine demonstrated by Laurie Burns.



Cheryl Broughton tries out the thigh and knees exerciser at the open house held last week at Work That Body in Guelphview Square.



Adam Tillus and his teddy find taking a ride on a truck is lots of fun. He is playing in the nursery at Work That Body, while mom exercises.

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**PROGRAM NIGHT FOR PARENTS OF GRADES 9-10 STUDENTS**  
 Thursday, September 20, 1984  
 7:15 p.m. - 9:00 p.m.  
 Parents report to Cafeterium at 7:15 p.m.  
 Parents of Gr. 9 & 10 students should bring their son's/daughter's class schedule for Day 1.  
 Department Heads will be available to meet with parents of Grade 11, 12 and 13.  
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SMALL cozy house on farm. 1 bedroom, electrically heated. Hwy. 7, Norval area. Ideal for responsible working couple. Definitely no children or pets, \$425 per month. Hydro extra. 455-8450

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## Camelot needs a real live dog

The cast for Georgetown high school's production of Camelot has been chosen, with the exception of one unusual part.

The Music Theatre Club is looking for a dog, a faithful hound name Horrid. Ralph Ursel, one of the co-producers of the show, describes the dog as trained or trainable, so if your pet fills the role give him a call.

The human cast includes Tim Abray as Arthur, Julie Nipper as Guinevere, Tim Jennings as Lancelot, Carolyn Robson as Lady Sybil, Jane Timleck as Lady Anne, Phil Brennan as Merlin, John Marchant as Mordred, Carl Johnson as Dinadan, Mike Turner as Lionel, Garry Murdock as Sir Kay, Neil Johnson as Squire Dap and Neil Vickers as Pellinore.

In addition there is a large cast of knights, ladies, dancers, pages, heralds, and chorists.

An off-stage singing voice, known as Nimue, is one role still unfilled, in the show to be presented November 23, 24, 25, 30 and December 1, at John Elliott Theatre.

## Pulp and Paper Reports: Changes to meet challenges



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