

# Back To School

**miracle foodmart**

Diet Coke, Sprite, Diet Sprite or Coke 750 ml. (Plus .30 each bli. deposit)

**2/1.00**

Save .38 on 2

Jersey Milk, Crispy Crunch, Sweet Marshmallow or Burnt Almond

Nelson Ice Cream Bars Pkg. of 8/12

**2.49**

Certo Fruit Pectin Liquid 170 ml jar

**1.25**

Miracle Food Mart Garbage Bags Pkg. of 20

**1.99**

General Mills E.T. Cereal 400 g box

**2.49**

Mild, Medium or Old Miracle Food Mart Cheddar Cheese 18 oz. block

**3.69**

Frozen McCain Fancy Peas Or Brussel Sprouts 1 kg bag

**1.99**

Frozen Macaroni & Cheese, Spinach Souffle or Noodles Romanoff Stouffer's Dinners 340 g pkg.

**1.69**

Assorted Varieties Frozen Pepperidge Farm VIP Vegetables 206 g box

**1.39**

Frozen Straight or Crinkle Cut McCain French Fries 1.5 kg bag

**1.99**

Frozen Beef and Pork Cannelloni, Salisbury Steak or Meatball Stew Lean Cuisine Dinners 269/283 g pkg.

**2.69**

Frozen Assorted Flavours Sara Lee Layer Cakes 369 g pkg.

**1.49**

Burnt Almond, Jersey Milk or Virginia Nelson Chocolate Bars 25 g bar

**.79**

Miracle Food Mart Fancy Crackers 450 g box

**1.69**

Beef, Chicken or Irish Cordon Bleu Stews 680 g tin

**1.69**

Medium or Large Milkbone Dog Biscuits 900 g box

**2.49**

Frozen Concentrated Sun Squeeze Orange Juice 12 fl. oz. tin

**.99**

Save .40

Assorted Flavours Gay Lea Swiss Style Yogurt 175 g tub

**2/1.00**

Save .94 on 2

Chunky Beefburger or Chunky Beef With Vegetables Campbell's Soup 10 fl. oz. tin

**.99**

V-8 Vegetable Juice 48 fl. oz. tin

**1.59**

Apple Or Old South Orange Juice 3x250 ml cont.

**1.49**

Grape or Fruit Punch Snoopy Drinks 3x250 ml cont.

**.99**

Assorted Flavours Liquid Concentrate Quench Drinks 500 ml. bli.

**1.99**

Assorted Grinds Mother Parkers Ground Coffee 363 g vac pack

**2.79**

Orange Pekoe P.G. Tips Tea Bags box of 50

**1.79**

Beef, Chicken, Chinese or Pilaf Dainty Fried Rice Mix 350 g box

**.79**

Assorted Flavours Laura Secord Mini Puddings or Yogurts Pkg. of 4

**1.89**

Simonsone, Pea, Ham and Pea or Habitant Vegetable Soup 14 fl. oz. bli.

**.69**

Save .26

**OREO**

**1/3 MORE**

Christie Oreo Cookies 150 g/150 g bag

**1.99**

1-3 Bonus Free

Miracle Food Mart Pure Apple Juice 48 fl. oz. tin

**.99**

**VIVA**

Assorted Colours Viva Paper Towels 2 roll pkg.

**.99**

Assorted Varieties Lancia Pasta 900 g pkg.

**.99**

**Toastmaster**

Crusty White Bread 450 g loaf

**2/1.00**

Assorted Colours Cottonelle Bathroom Tissue 8 roll pkg.

**2.99**

Blue Bonnet Soft Margarine 2 lb. tub

**1.99**

Save 1.20

Clover Leaf Solid White Tuna 196 g tin

**1.99**

Save .60

Assorted Varieties 9 Lives Cat Food 170 g tin

**3/.99**

Save .60 on 3

Vital Beef Dog Food 24.5 oz. tin

**.59**

Assorted Varieties Derby Luxury Dog Food 666 g tin

**.89**

Free 'N Soft Dryer Fabric Softener 33 g box

**2.99**

Windex Window Cleaner 600 ml bli.

**1.59**

Reynolds Aluminum Foil Wrap 12"x25" box

**1.19**

Scotties Facial Tissues Pkg. of 200

**.89**

Save .44

Ultra Brite Toothpaste 100 ml tube

**1.29**

Regular, Unscented or Ultra Hold Clairol Final Net Hair Spray 225 ml bli.

**3.29**

40 Watt, 60 Watt, 100 Watt Miracle Food Mart Light Bulbs Pkg. of 2

**.88**

Lawry's Taco Pak 128 g pk.

**1.99**

**Tide**

Tide's in... Dirt's out

Powdered Tide Laundry Detergent 6 litre box

**3.99**

CANADA'S FAVOURITE DETERGENT

Granulated extra fine pure white cane Sugar 2 kg bag

**.99**

Limit 2 per family purchase

## COUNTRY MARKET

Product of Ontario Canada No. 1 Grade Carrots Or Yellow Onions 2 lb. bag

**2/.98**

Product of U.S.A. California Valencia Oranges 4 lb. bag

**2.99**

Product of Ontario Canada No. 1 Grade Fresh Peaches 1.96 per kg.

**.89**

Product of Ontario Canada No. 1 Grade Red Tomatoes 1.52 per kg.

**.69**

Product of Ontario Canada No. 1 Grade Ontario Potatoes 10 lb. bag

**1.69**

Fresh From The Tropics Large Size Bananas **.73** per lb.

**.33** per lb.

Product of Ontario Ontario No. 1 Grade Green Sweet Peppers 1.30 per kg.

**.59**

Product of Ontario Ontario Canada No. 1 Grade Fresh Pepper Squash 3/.99

Product of Ontario Ontario Canada No. 1 Grade Waxed Rutabagas 2/.98