

# Loblaws COKE

24 x 280 mL tins. **case of 24 3.99**

with this coupon and a min. purchase of \$20.00, pay only \$3.99 on the purchase of one case (24 x 280 mL tins) of Coke, diet Coke, Sprite or diet Sprite \*excluding this item

Limit one coupon per family. Coupon expires Saturday, Aug. 4th, 1984. Coupon valid only at Loblaws.

special price without coupon... 6.99

also available in 750 mL. btes. of 59¢ (plus 30¢ deposit)

with coupon and with min. purchase of \$20.00 excluding this item.

# steak sale

plus the "best ever" insider's report products

cap off cut from Canada grade "A" beef Limit 6 rib steaks per family **pay only 2.00 off**

747 /kg 339 /lb.

loin frozen New Zealand vac pac **6.59 /kg** **2.99 /lb.** gourmet no name™ extra large 750 mL bottle **1.99**

sorry no rainchecks on this insider's bonus

cut from Canada grade 'A' beef blade **boneless Texas broil steak** **1.00 off**

4.17 /kg 1.89 /lb.

store packaged frozen Pacific pink **salmon steak** **4.39 /kg** **1.99 /lb.**

freshly ground **lean ground beef** **4.39 /kg** **1.99 /lb.**

veal or lamb

Weston's 8's poly bag hot dog or hamburger **buns** **2.99**

product of Ontario head lettuce, romaine, endive, escarole, Boston green leaf **lettuce** **3 for \$1.00**

all varieties

George Gel, Loblaws building

this week only!!! **Wed. Aug. 1 to Sat. Aug. 4**

Dave Nichol's **Insider's Report bonus**

the return of over 20 popular items from the past three issues of Dave Nichol's Insider's Report

"Are They Frankfurters Or Are They Steaks-In-A-Tube?" **J. Kwinters frankfurters** **1.00 off**

450 g pkg.

"At 1/2 Price, We Sold 125 Tons During Our Summer Insider's Report"

2% or creamed, 500 g tub **Nordica cottage cheese** **1/2 price**

pay only 1.07

no rainchecks on this Insider's Bonus

no rainchecks on this Insider's Bonus

"Try These For Perfect Bar-B-Q Ribs" cut from Canada grade A beef short ribs

**Hawaiian bar-b-q ribs** **4.39 /kg** **1.99 /lb.**

"This Was The Hit of The Summer Insider's Report"

**Scotian Gold pure juices** **33**

250 mL. cans/bottles

no rainchecks on this Insider's Bonus

**New Insider's Find!!! charentais melon** **1.99 each**

flown in fresh from France

no rainchecks on this Insider's Bonus

"The Best Way To Keep A Lively Italian Cool At Your Bar-B-Q"

**wine cooler** **5.99 each**

no rainchecks on this Insider's Bonus

"At Last!! Back In Stock" no name™ chunk white tuna in water 150 g tin **The Big Eye** **.99**

<p>Loblaws semi-boneless haves or quarters <b>6.59</b></p> <p>cooked smoked hams <b>2.99</b></p> <p>frozen no name™ cooked chicken breast strips <b>11.00</b></p> <p>fresh boneless chicken breasts <b>11.00</b></p> <p>cut from Canada grade A beef short ribs <b>3.95</b></p> <p>cut from the leg boneless pork scallopini <b>6.59</b></p> <p>fresh pork loin rib portion piece or sliced country style spare ribs <b>4.39</b></p>	<p>product of Ontario Canada #1 grade seedless english cucumbers <b>.99</b></p> <p>product of U.S.A. Canada fancy grade bartlett pears <b>1.74</b></p> <p>product of U.S.A. Canada #1 grade red or green seedless grapes <b>3.28</b></p> <p>product of Mexico large size mangoes <b>.69</b></p> <p>product of Ontario Canada #1 grade cauliflower <b>.99</b></p> <p>product of Ontario radish or green onions 3 bun. <b>1.00</b></p>	<p>Crisprackers Catelli, 125 g box 1/2 price <b>.54</b></p> <p>whole or almond Whisper bathroom tissue <b>1.49</b></p> <p>regular weight bar-b-q ribs 1 lb. pkg. <b>3.49</b></p> <p>Hostess 200 g bag potato chips <b>.99</b></p> <p>12" x 100 roll box Reynolds \$1.00 off aluminum foil <b>3.89</b></p> <p>10 oz jar Maxwell House instant coffee <b>6.59</b></p>	<p><b>no rainchecks on these insider's bonus</b></p> <p>no name™ later line grand 369 g tin President's Blend gourmet coffee <b>3.79</b></p> <p>copete russets or dark chocolate biscoch Doisacre biscuits 175 g box <b>1.49</b></p> <p>Alcara 500 mL. bte balsamic vinegar <b>2.99</b></p> <p>no name™ 1 L. jar whipped salad dressing <b>1.99</b></p>	<p>olive oil &amp; vinegar 237 mL. bte Newman's Own salad dressing <b>1.99</b></p> <p>no name™ rpe. whole 398 mL. tin super colossal black olives <b>1.59</b></p> <p>Cavendish Farms frozen 300 g box Canadian wild blueberries <b>.99</b></p> <p>Nelson, 1 L. carton California iced tea or lemonade <b>2.99</b></p> <p>no name™ President's Choice passion fruit sorbet 1 L. tin <b>1.99</b></p> <p>chick peas, romano, red or white kidney Unico beans 198 oz. tin <b>.69</b></p>	<p>bulk licorice allsorts 9 lb. box <b>4.99</b></p> <p>Mesquite charcoal <b>4.99</b></p> <p><b>Loblaws</b></p> <p>Loblaws specials are not available at superstore food warehouse. Prices effective from Wed., August 1st until Sat., August 4th, 1984. Stores reserve the right to limit quantities. Values effective only in Acton.</p>
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