

# Out doors

by George Hoare



Port Credit is known as the salmon capital of Ontario. After this weekend it will be all the more so. The Mississauga Family Fishing Festival is being held there this coming Saturday by The Ontario Charter Boat Association. The Charter Boat Invitational is a one day fishing contest between more than 50 professional charter boats which are members of the Ontario Charter Boat Association (O.C.B.A.) or the Independent Charter Boat Association (I.C.B.A.). The event begins with spectacular

flares start at 8 a.m. off the mouth of the Credit River and ends at 2.30 p.m. when all lines must be lifted. The release-encouraged tournament is based on the total length of the first 20 fish taken in each boat. The competition is complemented by the Mississauga Family Fishing Festival, where activities will be centered around Port Credit Memorial Park, Lakeshore Road and the Credit River, between 11 a.m. and 5 p.m. Free Credit River boat cruises provided by Zodiac Inflatables will leave from this park that will boast displays by more than 30 different tackle and boat manufacturers. For youngsters and their parents, there will be fishing clinics by outdoor writers, fishing clubs and associations, and session on safety by the Mississauga Canoe Club. Be there for a day of fun. Now it's Scramble, so Enjoy the Out doors Safe Journey and Tigh! Lines.

## A's pounded in Canadian eliminations

Playing in the Canadian Fastball elimination rounds in Grimsby on the weekend, the Acton Junior A's were eliminated from further competition in two games. Competing against Agincourt, the A's were blanked 2-1 and then Scarborough thumped the local team 6-0. On the pitching mound, Roy Spear struck out eight Agincourt batters and against Scarborough, Spear whiffed 11 batters. Agincourt recorded their first run against Acton on a home run in the fourth inning and a single and a triple in the sixth inning clinched the game for Acton's opponents. The A's held off Scarborough for the first two innings and then their opposition managed one third-frame run to take the lead. Three runs in the fourth frame left the A's well behind in the match and runs in the sixth and seventh innings rounded out the Scarborough tallies.

In the league standings the A's are solidly in second place with nine wins and four losses in 13 games. Guelph is in first place with nine wins and two losses and Waterloo is third with seven wins and six losses. In the OJFL batting statistics Acton batters Mark Symes, Tim Baker, Glen Scott, Roy Spear and Dave Wilson are all in the top ten standings.

Laurie Kruk, Dawn Hodge and Sue Stone added single runs. Scoring three times for the Marauders were Maggie Hall, Stephanie Smith and Delores Hayden. When Ballinafad faced Curling Club on Wednesday, Martha Lewis and Bonnie Walker led the Ballinafad assault with a pair of runs each while Vera Longstreet, Betty Sojka, Viv Berner and Sandy Hannivan added singles. Curling Club runs were tallied by Marilyn McArthur, Deb Train, Vera Van Item and Shelley Lindsay. Scoring for Ballinafad on Thursday against the Goldiggers were Betty Sojka, Vera Longstreet, Elaine Bowman and Jane Longstreet with two points each and Martha Lewis, Viv Bremner, Bonnie Walker, Sandy Hannivan, Marnie Switzer, Jackie Hannivan and Janice Gee scored once each. Karen Caissie and Gwen Hay pegged a pair of runs each for the Goldiggers and Joan Jordan, Sue Holbiski, Pat Gudgeon and Louise Connelly were credited with rounding the bases once each.

## Black Brigade clipped 16-15 by Curling Club

On Monday night Black Brigade and Curling Club battled to the finish leaving Curling Club the victor with a 16-15 win. Also in Ladies Recreational ball the top place team, Double Trouble, dumped the Marauders 15-3 and Ballinafad thumped the Goldiggers 15-8 and Curling Club 8-4.

In Monday night's game between Black Brigade and Curling Club Debbie Train and Chris Bruce led the Curling Club attack with three runs each while Joyce Iglesias, Kris Pawlak and Donna Cripps slammed in two runs apiece. Heather Ferguson, Janice Bell, Marilyn McArthur and Cathy Snelling recorded one run each.

Lynn Cartwright countered for the Black Brigade rounding the bases three times and Deb Alpin, Colleen Cadger, Micki Cunningham, Luanne Wheeler and Linda Russel pegged two runs each. Earning one run apiece in the losing cause were Dawn Broadbent and Dianne Watt.

On Tuesday Double Trouble extended their season record to nine wins and only one loss as Cathy Grandy, Sue Robson, Pat Henderson, Deb Field, Joanne Miller and Jackie Phelan chalked up two runs each.

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John Wagg and Glen Hillier zipped around the bases three times each. Floyd Hillier and Dave Paul notched two runs apiece and Hank Kowba recorded the only home run in the match. The final Aces tally came from Leonard Miller.

Bill Dunn led the heavy hitting party against Copco scoring four times in the match while Steve Takacs, Randy Coulson,

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### Tips from the Golf Doctor

by Terry Miskolczi

The correct posture position will enable the body to shift, turn and strike the ball with authority and accuracy. The correct posture position has the body first of all standing in an erect position, upper arms against the sides of the chest, club face sitting in the air just above the ball, legs straight. Your first motion is to press the butt area slightly backwards away from the ball—NOT DOWN; Keeping the lower body straight the upper body is beginning to bend towards the ball until the club reaches the ground. That is as far as you need go. You then slightly unlock the knees to relieve the tension off the legs and low back area. This position allows the arms

to hang down from the shoulders in a relaxed position. It allows the weight to be more from the middle of your feet to the balls of the feet—NOT THE HEELS. This position keeps the legs active, something we need, to drive the ball with authority. Not only will our legs get involved but because the arms are relaxed we pull the rest of our body into position to help deliver an even stronger blow to the ball. So, there we have it. Clubface adjustment, grip, ball position, stance and posture position. They are your prerequisites to establishing a sound and repetitive golf swing. We will now enter into the field of the backswing. That part which sets up the decisiveness of your swing. I'll discuss which muscle groups are involved in the backswing. The sequence of movements which set up your reaction forward. I'll talk about weight transfer (how much and why.) I'll also discuss the importance of left side and the importance of right side in the takeaway. Until next week keep an eye on those prerequisites. Your golf swing can only improve.



Grace Robertson drew this week's lucky number in the hockey draw. Kathi Williams of 250 Mill St. in Acton won the \$1,000 prize with a ticket sold by Steve Yaroschak. Next week's draw will be held at the Video Station at 4 p.m.



The Subo goalkeeper races out to meet an attacking Pineview player in Atom soccer action Monday night at the M.Z. Bennett field. Subo is sixth in the league standings with two wins, one loss and one tie.



A Pineview player battles a Subo player for control of the ball in Atom soccer action Monday night at the M.Z. Bennett field. Pineview ranks third in the league standings with two wins, two losses and a tie.

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How to get there  
St. George's Golf and Country Club is located at 1668 Islington Avenue. By public transit, travel to Islington subway station, then take the No. 37 or No. 37A Islington North bus from Platform 1 at the subway station. Exit at the Princess Margaret stop.

For those driving along Queen Elizabeth Way, take Islington Avenue North to the corner of Islington and Eglinton Avenues, where limited free parking will be available. On Highway 401 from the west, exit at Eglinton Avenue and proceed east to Islington Avenue. If travelling from the east along Highway 401, exit at Islington Avenue South.

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