



## New business features fresh frozen produce

Fresh from the garden vegetables and fruits can now be bought here, packaged and frozen and sold in a new business on Highway 7, just west of Acton.

Using a flash freezing technique, Warren MacMillan sells fruits and vegetables which have been individually frozen in 30 seconds with liquid nitrogen immediately after being picked and processed.

This method, "captures more of the goodness than under a housewife's conventional way of freezing vegetables," says Macmillan.

In addition to preserving many of the nutrients that can be lost if fruits and vegetables are left unfrozen after picking, the flash freezing process allows each slice of fruit and each separate vegetable to be frozen individually, not all in one lump. The advantage is serving sizes can easily be adjusted without having to thaw too much or too little.

MacMillan is supplied by a farmer's cooperative near his first business, MacMillan Orchards, in Whitby. The farmers pick, process, and freeze the fruits and vegetables which are then packaged in a plant in Trenton.

Each fruit and vegetable is sold in season and once the season is over for that one

particular item, MacMillan stops carrying it. The store opens June 21 this year, but plans are to open on June 1 in subsequent years. Asparagus and rhubarb are the two foods in season in June but July sees the beginning of the season for such things as peas, cherries, and strawberries. A seasonal chart and price list is available from MacMillan.

MacMillan's prices for asparagus are \$5 to \$10 dearer than the average supermarket in season, but, "we stress quality," he says. He is able to choose the field of corn with the best quality ears out of all the fields available to him, he says.

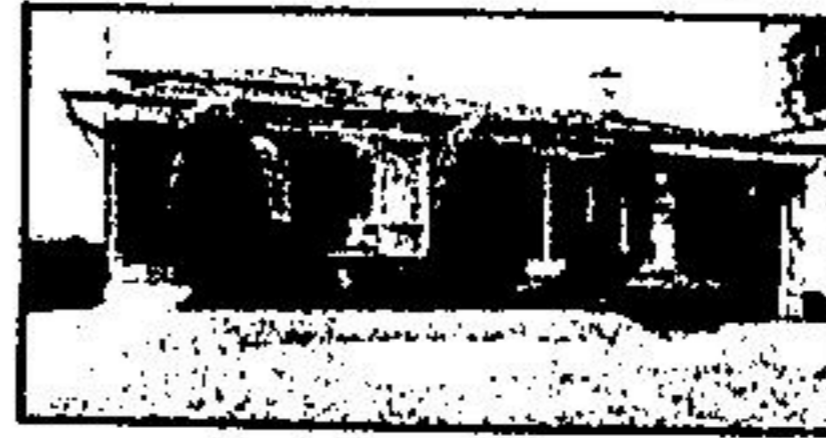
MacMillan's store in Whitby has drawn customers from as far as North Bay and he expects to draw from as far as Kitchener to his store in Acton.

MacMillan will also sell cherries and apples processed and in their own juices, but not frozen. They are kept in a cooler at 32 degrees. These fruits cannot be frozen individually because of the moisture they emit when pitted. They are freshly prepared each day.

None of his food contains additives, save ascorbic acid (vitamin C) in the apples, and some sugar in the peaches, black cherries and apricots to prevent discoloration.

## Canada Trust Realtor

29 MAIN ST. S., GEORGETOWN  
877-9500 . . . . . TOR. LINE 453-2900



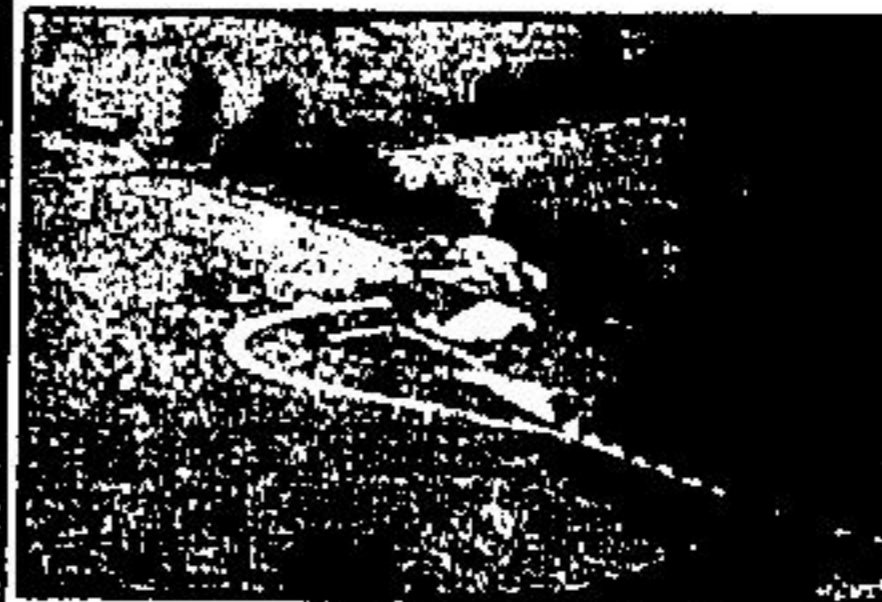
### COUNTRY SQUIRE

In good residential area, 4 bedroom home. Main floor family room with walkout backing onto park. Asking \$114,900. Call Ila Switzer 877-9500 or 453-2900. 70-57



### WANT A QUICK CLOSING? MOVE IN JULY IF YOU WISH

Beautiful big two storey home, well maintained, 4 good size bedrooms, eat-in kitchen, single car garage, lovely private closed in yard. For more details call us, John or Ed 877-9500 or 453-2900. 70-58



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Buy you this 10 acre horse farm with 1200 sq. ft. of living area. Very clean, nicely decorated, move right in with little or no work to do. Vendor wants to see some offers. Call now, Ila Switzer 877-9500 or 453-2900. 70-59



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Boarding horses is a business today. 8 stall barn. Fenced corral. Paddock. Exercise track, pond, 10 acres with some bush. 3 bedroom bungalow near 401 and Milton. For details call John Edgar or Ila Switzer 877-9500 or 453-2900. 70-61

### STARTING OUT OR SLOWING DOWN

Easily maintained storey 2 half 2 bedroom home on small lot. Close to downtown, schools, park and lake. Cuts & clean and priced at under \$80,000. Mortgage would carry for less than rent. Call today Ed Wood 877-9500 or 863-8195

### LAND - LOTS OF LAND

Terra Cotta area - Excellent view 27 acres. V.T.S. large 1st mortgage. Call 877-9500 or 453-2900. 70-57

### DOWN TO EARTH PRICE \$31,500

88' x 132' Building Lot in Georgetown. Ready and waiting for you to build your new home. Call Pearl Kerby for more information 451-3341 (or home) 877-3342.

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COOPER  
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JOHN  
EDGAR  
877-8915

ED  
WOOD  
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### OPEN HOUSE SUNDAY, JUNE 24 1:00 P.M. - 5:00 P.M.

17 Sidaroad to Heritage Road North (5th Line). Follow signs. Brand new home, finished rec room with fireplace & walkout. Approximately 1 acre land. Priced at \$129,900. Call Ila Switzer 877-9500 or 453-2900. 70-47



### BIG, BOLD & BEAUTIFUL

Hidden away in the hills of Erin a 23 acre horse farm. Large ranch style bungalow, fantastic view of the countryside, excellent barn, property well fenced. For information call John Edgar 877-9500 or 453-2900. 70-68



### REDUCED TO \$87,000

Nicely decorated 3 bedroom bungalow, finished rec room with fireplace. \$70,000 mortgage at 13 1/2% due April 1988. All this for only \$87,000. Call John Edgar or Ila Switzer 877-9500 or 453-2900. 70-68

### COMBINE BUSINESS WITH PLEASURE

Unique village acre with Credit River frontage having large, updated charming older home very adaptable for multi-use. At rear are 3 heated masonry bays with good access. Zoning permits great variety of uses. Perfect business/commercial and home location close to Brampton. Appointments through Reg Cooper 877-8468. 70-60



### A FARMER'S FARM \$240,000

82 acres of workable light farm (Class No. 1 soil), two bank barns plus two implement sheds located right on the highway. No trouble getting to market here. (Additional fields may be rented.) Excellent workshop 200 amp service being used as a body shop now (could be rented for same). Large two family separate entrance. In good condition, must be seen to appreciate. Vendor will assist with financing. For more information call Norm Sinclair 877-9500. 70-66

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28 Main St. S., Brampton  
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### BUILDER SAYS

Bring me any reasonable offer. Asking \$129,900. Brand new 4 bedroom, main floor family room, country kitchen, on quiet one acre lot on 8th Line, just outside town. Details MAX HARRIS, 451-3341 or 459-8519.

### 27 FANTASTIC ACRES

Overlooking Terra Cotta, high on a hill. Beautiful mature maples, birch, cedar. Very unique and beautiful building site. Vendor take back large mortgage. Asking \$89,000. Details MAX HARRIS, 451-3341 or 459-8519.

### EXCELLENT GENERAL STORE

5,000 sq. ft. stone building including General store, antique store, bachelor apt. and large modern 2,500 sq. ft. apt. Asking only \$174,900. Details MAX HARRIS, 451-3341 or 469-8519.

## ROOS TRAVEL LOOKS AT HOROSCOPE

### ARIES March 21-April 19

Insurance or inheritance matters that have been held in abeyance move onward to satisfactory conclusions.

### TAURUS April 20-May 20

A dynamic sort of person prods you into taking action in a partnership or business deal.

### GEMINI May 21-June 20

Planetary pressure patterns create a tense atmosphere. Help those who depend on you for guidance. Your fresh approach helps.

### CANCER June 21-July 22

Money matters are a source of friction with a loved one. A better understanding of what is involved helps ease the tensions.

### LEO July 23-August 22

Disruption over the way household affairs are managed causes irritation on all sides. A little teamwork is the answer.

### VIRGO August 23-September 22

Job interests may be a bit worrisome. Mutual sharing brightens the picture. Love life looks good.

### LIBRA September 23-October 22

Home projects should flourish. A renovation project comes to a surprising conclusion. Cost is less than expected.

### SCORPIO October 23-November 21

Enjoy the comforts of home for a few days. The constant scramble to keep everyone happy catches up with you.

### SAGITTARIUS November 22-December 21

Listen to the counsel of one who is aware of your needs. Shopping can bring a measure of satisfaction.

### CAPRICORN December 22-January 19

You are apt to meet a dynamic type who will put you on a more direct path to achievement.

### AQUARIUS January 20-February 18

Your love life could really get rolling now. Roll with the tide. Be ready for a quick turn.

### PISCES February 19-March 20

Behind-the-scenes activity gives a real boost to career interests. A formal affair is icing on the cake.

## DID YOU KNOW?

THAT 33% OF ALL CRUISE PASSENGERS  
ARE UNDER THE AGE OF 35

CALL  
ROOS TRAVEL 877-0138