

miracle foodmart SUMMER FOOD

Assorted Varieties
**Humpty Dumpty
 Potato
 Chips** 200 g bag **1.39**

**Beatrice
 Sour Cream** 500 ml tub **1.59**

Chick, Romano or Red Kidney
Primo Beans 18 fl. oz. tin **.69**

Assorted Colours
**Scotties Facial
 Tissues** pkg. of 200 **.89**

**Nutrill Whip
 Topping** 500 ml pkg **1.29**

**Elmgrove Soft
 Margarine** 2 lb. tub **1.39**

Frozen Green Beans, Cauliflower,
 Broccoli or Zucchini
**Pepperidge Farm
 V.I.P. Vegetables** 200 g pkg **1.39**

Frozen Crinkle or Straight Cut
**McCain
 Superfries** 1 kg bag **1.39**

Frozen
**Rich's
 Coffee Rich** 500 g pkg **.39**

Frozen Assorted Flavours
**Farmhouse
 Cream Pies** 340 g pkg **1.39**

Salted or Unsalted
**Planter's Dry
 Roasted Peanuts** 325-340 g jar **1.99**

Colonial Old Brussels
**Cheddar Cheese
 Wafers** 175 g box **1.59**

With Pork, Tomato Sauce or
 Pork and Molasses
**Libby's
 Beans** 14 fl. oz. tin **.69**

**Liberty
 Vegetable
 Oil** 3 litre jug **3.99**

**Hunt's Plain
 Tomato Sauce** 28 fl. oz. tin or
Tomato Paste 13 fl. oz. tin **.99**

**Sealtest
 Light 'N
 Lively
 Cottage
 Cheese** 500 g tub **1.69**

Strawberry, Raspberry or Peach
**McCain
 Yogurt Drinks** 3x200 ml cans **1.79**

Assorted Flavours
**Vallant
 Crystals** 480 g bag **1.89**

Concord or White
**Welch's
 Grape Juice** 1 litre bot **1.99**

P G Tips
**Orange Pekoe
 Tea Bags** pkg. of 72 **2.29**

**Kellogg's C-3PO's
 Cereal** 350 g box **1.99**

Assorted Varieties
**Betty Crocker
 Muffin Mixes** 370-540 g box **1.75**

Assorted Varieties
**Laura Secord
 Family Size Puddings** 425 g tin **.99**

Scented or Unscented
**Bounce Fabric
 Softener Sheets** pkg. of 30 **4.99**

**Javex Stain Away
 1 litre or
 Scrub 'N Shine
 Cleaner** 500 ml **2.29**

**Mother
 Parker's
 Instant
 Coffee** 10 oz. jar **4.69**

Assorted Colours
**Cottonelle
 Bathroom
 Tissue** 4 roll pkg. **1.49**

**Sun Squeeze
 Concentrated
 Orange Juice** 12 fl. oz. tin **.89**

Assorted Varieties
**Primo
 Pasta** 500 g bag **.99**

Frozen Oriental Beef, Chicken
 and Vegetables or
 Fish Florentine
**Stouffer's
 Lean
 Cuisine
 Dinners** 245-361 g pkg. **2.89**

Assorted Flavours
**Canada Dry
 Soft
 Drinks** 750 ml bot. (Plus Deposit) (24x200 ml tins also available at \$8.99) **.59**

**Scott Family
 Paper Napkins** pkg. of 180 **1.89**

**Clover Leaf
 Solid White Tuna** 180 g tin **1.99**

**Glad Food
 Wrap** 40 m box **1.79**

**Glad Sandwich
 Bags** pkg. of 200 **1.99**

Regular
**Ziploc Freezer
 Bags** pkg. of 20 **1.29**

Miracle Food Mart
**Elastic Fit
 Diapers** pkg. of 12 **2.79**

Assorted Varieties
**Revlon Flex
 Shampoo** 400 ml bot. **2.49**

**Sunlight
 Powdered
 Detergent** 3 litre box **3.79**

Assorted Colours
**Viva
 Paper
 Towels** 2 roll pkg. **.99**

Orange, Fruit Punch,
 Lemonade or Grape
**Bessey's
 Drinks** 50 fl. oz. jug **.99**

Arrowroot, Chocolate Chip,
 Digestive or Shortcake
**Peek Freans
 Cookies** 400 g bag **1.69**

Cream, Water,
 Toasted Wheat or Mill Wheat
**Peek Freans
 Crackers** 250-300 g pkg. **.99**

**Kellogg's
 Special K
 Cereal** 300 g box **1.49**

Assorted Varieties
Agree Shampoo 300 ml bot. **2.29**

House and Garden
**Black Flag
 Insecticide** 400 g tin **3.99**

Miracle Food Mart
**7-7-7 or 10-6-4
 Fertilizer** 10 kg bag **2.49**

Miracle Food Mart Inside Frosted
Light Bulbs pkg. of 4 **1.88**

**Good Times
 Polyfoam Cups** pkg. of 51 **.79**

Assorted Varieties
**Miss Mew
 Cat Food** 170 g tin **3.99**

**Mitchell's
 Pure Apple
 Juice** 48 fl. oz. tin **.86**

**Clover Leaf
 Sockeye
 Salmon** 220 g tin **1.89**

MIRACLE'S COUNTRY MARKET

Product of U.S.A.
 Canada No. 1 Grade
Blueberries Pint Cup **1.99**

Product of U.S.A.
 Canada No. 1 Grade
**Green
 Cabbage** each **.79**

Product of U.S.A.
**Fresh
 Apricots** 218 per lb **.99**

Product of Ontario
**Fresh
 Mushrooms** 439 per lb **1.99**

Product of U.S.A.
**Fresh
 Broccoli** each **.99**

Product of U.S.A.
 Washed and Trimmed
Spinach 10 oz. bag **.99**

Product of South Africa
 Canada Fancy Grade
**Grenny Smith
 Apples** 218 per lb **.99**

Product of U.S.A.
**Whole
 Watermelon** 16 lb. average each **2.99**

Product of Mexico
**Fresh
 Mangos** Large Size each **.99**

Product of U.S.A.
 Canada Fancy Grade
Fresh Peaches 218 per lb **.99**

Product of New Zealand
 Canada Fancy Grade
Bosc Pears 218 per lb **.99**

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miracle foodmart

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 Miracle Food Mart Elastic Fit Diapers Pkg of 12