



MIRACLE SPRING

Miracle's Spring Grocery Savings

Catelli Plain Spagetti Sauce 28 fl. oz. tin or jar **.99**

Catelli Pasta 1 kg box **.99**

Diets: Pepsi, Pepsi Free, Diet Pepsi, Free, Mountain Dew or Pepsi Cola 150 ml Btl (Plus 20 Each Bottle Deposit) **.59**

Diets: Pepsi, Pepsi Free, Diet Pepsi, Free, Mountain Dew or Pepsi Cola 24 x 200 ml tins **6.99**

Voortman Honey Cake 450 g pkg **.99**

Medium Colby, Farmers of Mazarotta, Schneider's Cheese 227 g pkg **1.99**

Selected Varieties: **Green Giant Vegetables In Cream or Butter Sauce** 250 g pkg **.99**

Frozen Straight or Crinkle Cut **Superman French Fries** 1 kg bag **1.39**

Frozen Beef, Chicken or Turkey **Swanson Meat Pies** 227 g pkg **.79**

Frozen Deluxe, Cheese & Pepperoni Or Pepperoni & Mushroom **Gusto Pizza** 334-338 g pkg **2.49**

Frozen Cherry or Blueberry/Raspberry **McCain Life Delite Pies** 424 g pkg **2.49**

Lowney Bridge Mix Candy 340 g box **1.99**

Primo Pizza Sauce 213 ml tin **.49**

In Water or Oil **Starkist Chunk Light Tuna** 184 g tin **1.19**

Beef, Chicken, Garden Vegetable or Oriental **Lipton Lots Of Noodles** Pkg. of 2 **.99**

Champion, Panda or Rio **Dare Cookies** 400 g box **1.59**

Nescafe Instant Coffee 10 oz. jar **5.49**

Elmgrove Soft Margarine 2 lb. tub **1.29**

Save up to **2.00** **ROYAL AVENUE**

Regular or King Size Limit 2 cartons per family purchase **Canadian Cigarettes** ctn. of 200 **12.99**

Warning: Health and Welfare Canada advises that danger to health increases with amount smoked-avoid inhaling.

Save **.90**

White 1 Ply **Capri Bathroom Tissue** 4 roll pkg. **.99**

Frozen Meatball Stew, Cheese Cannelloni or Beef & Pork Cannelloni **Stouffer's Lean Cuisine Dinners** 259/283 g pkg. **2.49**

Assorted Flavours **Gay Lea Swiss Style Yogurt** 175 g pkg. **3/1.44**

Save **.90**

Nabisco Shreddies Cereal 800 g box **1.99**

Save **1.06**

Extra Smooth or Crunch **York Peanut Butter** 500 g jar **1.49**

Frozen, Concentrated 100% Pure, Florida **Miracle Food Mart Grapefruit or Orange Juice** 12.5 fl. oz. tin **1.19**

Sealed **Smooth & Creamy Cottage Cheese** 500 g tub **1.59**

The Bakery

Grocery Direct Deals

Save **36**

Miracle Food Mart Cracked Wheat Or **60% Whole Wheat Bread** 675 g **.59**

Granny's Pecan Or Raisin Buttertarts 5 **.99**

Weston's Chocolate Swiss Rolls 4 **.99**

Toastmaster Protein Bread 675 g **.89**

Miracle Food Mart **Raisin Tea Biscuits** Pkg. of 10 **1.09**

Tudor Bakery White Bread 450 g **.59**

Tudor Bakery **Bran Muffins** Pkg. of 6 **.99**

Save **90**

Process Cheese Food **Kraft Singles Cheese Slices** 500 g pkg. of 24 **2.99**

Save **1.20**

Assorted Grinds **Maxwell House Ground Coffee** 369 g Vac Pac **2.99**

Save **56**

Star-Kist Flaked White Tuna 184 g tin **1.59**

Save **30**

With Pork Or In Tomato Sauce **Heinz Beans** 14 fl. oz. tin **.69**

Miracle Food Mart **Pure Apple or Fancy Tomato Juice** 48 fl. oz. tin **.99**

E.D. Smith Tomato Clam Cocktail 1.28 litre tin **1.99**

Grape, Fruit Punch or Orange **Drinks** 6 x 200 ml cans **.99**

Orange Pekoe **Red Rose Tea Bags** Pkg. of 50 **1.99**

Orange Pekoe **Telley Tea Bags** Pkg. of 216 **7.29**

Assorted Varieties **Duncan Hines Cake Mixes** 520 g box **1.39**

Catelli Macaroni & Cheese Dinner 225 g box **2/.88**

Assorted Flavours **Duncan Hines Ready To Serve Frosting** 475 g tub **1.69**

Crisco Vegetable Oil 1 litre tin **2.39**

Assorted Varieties **Laura Secord Mini Desserts** Pkg. of 4 **1.99**

Vital Beef Dog Food 600 g tin **2/1.00**

Regular, Mint or Gel **Crest Toothpaste** 100 ml + 50 ml bonus tube **1.49**

Regular Size **Zest Deodorant Soap** Pkg. of 4 400 g pkg. **1.99**

Super Concentrated **Downy Fabric Softener** 1 litre tin **4.33**

Liquid **Shout Stain Remover** 900 ml tin **2.29**

Assorted Colours **White Swan Bathroom Tissue** 4 roll pkg. **1.49**

Regular or Extra Body **Finesse Shampoo** 300 ml tin **2.99**

Liquid **Sunlight Dish Detergent** 500 ml btl. **.99**

Regular or Deodorant **New Freedom Slim Maxi Pads** Pkg. of 30 **3.99**

Regular or Deodorant **New Freedom Maxi Pads** pkg. of 30 **3.29**

Regular or Deodorant **Kotex Light Days Feminine Pads** Pkg. of 30 **1.99**

Glad Kitchen Catcher Garbage Bags Pkg. of 25 **2.99**

Miracle Food Mart **Roll Garbage Bag Refills** Pkg. of 30 **.79**

Personal Size **Ivory Bar Soap** Pkg. of 4 400 g pkg. **1.19**

Save **20**

Assorted Varieties **Kal Kan Luxury Cat Food** 369 g tin **.69**

Save **66**

Assorted Colours **White Swan Paper Towels** 2 roll pkg. **.99**

We Cheerfully Accept Competitors Newspaper Coupons

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