

Loblaws

predressed grade A 6 to 12 lb. size
turkeys
 or ducks
 predressed grade A
 fresh young
2.62/kg 1.19/lb.

soft drinks
Canada Dry
 Limit 2 cases
4.99



whole lamb
legs
 frozen New Zealand
3.95/kg 1.79/lb.

freshly ground
lean ground beef
3.51/kg 1.59/lb.

Van Camp's
beans
 assorted varieties
 14 fl. oz. tin
.79

Stokely
fancy vegetables
 assorted varieties
 12 fl. oz. tin
.79

Catelli plus
protein pasta
 ready cut macaroni, spaghetti,
 or spaghetti, 750 g box
1.59

soft drinks
Canada Dry
 assorted varieties,
 750 mL bottle.
 (plus 30c deposit)
.59

Lazy Maple
bacon
 Swift's side sliced
 500 g pkg.
1.99

Lazy Maple
sausage
 frozen Swift's
 500 g pkg.
1.99

Swift's
wieners
 450 g pkg.
 less than pay only
1/2 price .99

Swift's
cooked ham
 sliced, 175 g pkg.
 less than pay only
1/2 price .99



Star-Kist
tuna
 chunk light
 in water or oil
 6.5 oz. tin
.99

Weston
sandwich bread
 60% whole wheat or white -
 thin or regular sliced
 675 g loaf
.89

corned
beef brisket
 Loblaws sweet
 pickled vac pac
4.39/kg 1.99/lb.

spinach
 fresh
 product of U.S.A.
1.68/pkg.

Dempster's
scone bread
 enriched white,
 675 g loaf
.89

MeadowLight
butter
 calorie-reduced
 454 g tub
2.29

Land O'Clover
honey
 unpasteurized liquid,
 500 g jar
1.99

Sweet'n Low
hot chocolate
 calorie-reduced
 160 g box
2.19

shoulder lamb
chops
 frozen New Zealand
 vac pac
3.95/kg 1.79/lb.

sole fish
sticks
 frozen, Highliner Brand
 cooked, 350 g pkg.
2.69

black Ribier
grapes
 product of Chile
 Canada no. 1 grade
2.18/kg 99c/lb.

McIntosh
apples
 product of Ontario
 Canada fancy grade
 5 lb. bag
1.99

yogourt
 peach, strawberry
 raspberry or blueberry,
 175 g cup
 Gay Lea
 swiss style
2/99

Heinz
strained food or juices
 no salt added varieties, or all
 meatless varieties
 4.5 fl. oz. jar
.39

10-6-4 or 7-7-7
bulk pack fertilizer
 product of Ontario
 no name™, 20 kg bag
4.99

Habitant
SOUP
 pea or
 pea with ham
 28 fl. oz. tin
.99

Jell-o
jelly powders
 assorted flavours,
 85 g box
.45

Fortune
fruit cocktail
 fancy,
 28 fl. oz. tin
1.29

Baker's
chocolate chips
 semi-sweet
 350 g pkg.
2.59

Five Roses
flour
 all purpose
 3.5 kg bag
4.49

clemen-
tines
 product of Spain
 easy to peel
1.74/lb 79c/kg

marshmallow
Krispies cereal
 Kellogg's
 375 g box
2.49

Nature Valley
granola bars
 chewy (225 g) or light
 crunchy, assorted varieties,
 175 g box
1.89

Colonial
cookies
 assorted varieties
 400 g or 450 g bag
 with coupon
1.79 40c off

Royale
bathroom tissue
 more than
 yellow, white or
 almond, 2 ply,
 8 roll pkg.
 pay only **2.99 1/3 off**

Old Dutch
liquid bleach
 concentrated
 2 L jug
.89

Milk Mate
instant syrup
 chocolate or strawberry
 350 mL btle.
1.49

Hostess
potato chips
 assorted
 varieties
 200 g bag
.99

Reynolds
aluminum foil
 12" x 100' roll box
3.99

Handi-Wrap
plastic wrap
 30.5 cm x 30 m
 roll box
1.19

Johnson's
baby shampoo
 450 mL btle.
3.69

Johnson's baby
powder
 400 g btle.
2.75

vegetable juice
V-8 cocktail
 48 fl. oz. tin
1.29

medium
red cohoe salmon
 Clover Leaf,
 7-3/4 oz. tin
1.99

Uncle Ben's
rice
 converted,
 450 g box
.99

Mazola
corn oil
 100% pure,
 3 L bottle
7.49

Stove Top
stuffing mix
 170 g box
1.39

Catelli
lasagna
 500 g box
1.39

with this coupon, 40c off the
 special price of one 400 g or 450 g bag of
Colonial cookies
 with coupon
 pay only **1.39 40c off**

Loblaws cooked pork
smoked picnic shoulder
 1.59/kg 3.51/lb.
 regular all beef or all beef tenderloin
Loblaws wieners 450 g pkg **1.69**
 sliced 4 specified varieties
Loblaws cold cuts 175 g pkg **.89**
 cooked meats sliced, 375 g pkg
Loblaws variety pack **1.79**
 sliced, 175 g pkg
Ziggys cooked ham **1.59**
 Ziggys with cognac, 500 g pkg
glazed liver pate **2.59**

product of U.S.A.
romaine lettuce **1.59**
 product of U.S.A. California grown
fresh strawberries part box **1.49**
 product of Mexico, 1.5 lb tray
Canada #1 grade tomatoes **1.99**
 product of U.S.A.
fresh broccoli bunch **1.29**
 cheese carnaroli, salisbury steak or
 pork and beef carnaroli, 250 g box
Lean Cuisine frozen entrees **2.75**
 frozen, deluxe, cheese or pepperoni
Totino's Crispy crust pizza 350 g box **2.89**

frozen, 13 oz. box
Sara Lee chocolate brownies **2.19**
 frozen, California, Italian or
 Oriental mix, 500 g poly bag
Arctic Gardens gourmet vegetables **1.49**
 Oriental beef, 100% fish, 100% turkey or
 glazed chicken and rice, 241 g box
Lean Cuisine frozen entrees **2.99**
 macaroni and beef, Swedish meatballs, broccoli au
 gratin, cauliflower au gratin or turkey casserole
Stouffer's, 276 g box **2.39**
 frozen, 1 kg carton
Rich's coffee rich **.99**
 frozen, concentrated, orange, lemon-lime
 grape or fruit punch
Honeydew drinks 12 L oz. **.89**

1 kg poly bag
Cavendish Farms french fries **.99**
 frozen, country cut,
 crinkle cut, shoestring or
 straight cut

227 g box
Savarin meat pies **2.99**
 frozen, beef,
 chicken, turkey or
 steak and kidney

frozen, concentrated,
 unsweetened,
 12.5 fl. oz. tin
McCain orange juice **.99**

apple, blueberry or cherry, 2's, 225 g box
Grandma Martins frozen pies **.99**
 frozen, concentrated
Motta pure apple juice 12 1/2 fl. oz. tin or
Welch's grape juice 12 fl. oz. tin **.99**
 Loblaws specials are not
 available at superstore
 food warehouse. Prices
 effective from Wed., March
 14th until Sat., March
 17th, 1984. Stores
 reserve the right to limit
 quantities. Values
 effective only in
 Acton.

