

# Deals



## Miracle's Select Quality Meats

**Save 80 lb**

**BEEF SOUNDS GOOD**

Cut From Canada, Grade A Beef

**Boneless Blade Roasts**

417 per kg 189 per lb.

**Save 80 lb**

**BEEF SOUNDS GOOD**

Cut From Canada, Grade A Beef

**Cross Rib Roasts**

483 per kg 219 per lb.

**Save 80 lb**

**Fresh Leg of Lamb**

Whole or Half

659 per kg 299 per lb.

**Save 40 lb**

**Eviscerated Grade A Deep Basted Fresh Butterball Turkeys**

328 per kg 149 per lb.

Cut From Canada Grade A Beef

**Boneless Rib Eye Steaks or Roasts**

1321 per kg 599 per lb.

**St. Patrick's Day Special**

Shopsy's **Corned Beef Brisket**

2-3 lb. avg.

505 per kg 229 per lb.

**Highliner Cod In Batter**

350 g

1.99

- Shopsy's Deli Fresh Salads 3 varieties 500 g 1.49
- Shopsy's Deli Bake Pies 6 varieties 175 g .99
- Maple Leaf Sausage Rounds 500 g 2.29
- Maple Leaf Mini Dinner Hams 2-3 lb. avg. 659 per kg 299 per lb.
- Smith's Sugar Plum Ham Slices 175 g 2.49
- Fresh Sole Fillets 968 per kg 439 per lb.
- Fresh Cod Fillets 747 per kg 339 per lb.
- Fresh Perch Fillets 747 per kg 339 per lb.
- Fresh Haddock Fillets 968 per kg 439 per lb.
- Snow Crab Clusters Excellent for Snacking Bluewater Boston Bluefish Fries or Fish Krisps 277 g 659 per kg 299 per lb.
- Bluewater Boston Bluefish Slivers or Boston Bluefish in Light Batter 350 g 1.39
- Highliner Sole Fish Sticks 14 oz 1.89
- Piller's Chicken Loaf or Chicken Bologna 375 g 2.19
- Piller's Polish Sausage 439 per kg 199 per lb.
- Boma Country Club Sliced Turkey Lunch Meats 4 varieties 175 g 1.59
- Piller's Hungarian Smoked Sausage or Pepperoni Sausage 858 per kg 389 per lb.

## Country Market Fresh Produce

## The Deli & B.B.Q.

**Save 20**

Product of U.S.A. Canada No. 1 Grade

**Head Lettuce**

.79

**Save 60 lb**

Product of U.S.A.

**Fresh Green Beans**

218 per kg 99 per lb.

**Save 70 lb**

Product of Chile Canada No. 1 Grade

**Black Grapes**

218 per kg 99 per lb.

**Save**

Product of Israel

**Jaffa Oranges**

size 105

12/1.99

**Save**

Product of Ontario

**Fresh Mushrooms**

439 per kg 199 per lb.

- Product of P.E.I. Canada No. 2 Grade **Netted Gem Potatoes** 10 lb bag 2.79
- Product of U.S.A. Florida Indian River **White or Red Grapefruit** 6/1.99
- Product of U.S.A. Canada Fancy Grade **Anjou Pears** 196 per kg 89 per lb.
- Product of Spain **Clementine Oranges** 218 per kg 99 per lb.
- Product of U.S.A. California **Fresh Strawberries** per cup 1.99
- Product of U.S.A. Washed and Trimmed **Spinach** 19 oz bag .99
- Product of U.S.A. Canada No. 1 Grade **Tomatoes** 1 lb bag 1.99
- Product of Chile Canada Fancy Grade **Grenny Smith Apples** 218 per kg 99 per lb.
- Product of Ontario Canada No. 1 Grade **Carrots or Yellow Onions** 2 lb bag .99
- Product of U.S.A. California **Fresh Asparagus** 659 per kg 299 per lb.
- Product of U.S.A. California **Sunkist Navel Oranges** size 82 12/2.99
- Product of Ontario **Belgium Endive** 439 per kg 199 per lb.
- Product of U.S.A. Canada No. 1 Grade **Celery Stalks** 1.69
- Assorted **Tropical Hanging Plants** 10 inch pot 9.99

**Save 48**

Product of U.S.A.

**Green Onions or Radishes**

8 oz. bag

3/.99

**Save 2.50 lb**

**Maple Leaf Black Forest Ham**

110 per 100 g 499 per lb.

Deli Sliced **Save 2.00 lb.**

**Shopsy's Beef Salami**

.88 per 100 g 399 per lb.

Deli Sliced **Save 1.00 lb.**

**Shopsy's Potato & Egg Salad**

.42 per 100 g 189 per lb.

Deli Served **Save**

Product of Norway **Jarlsberg Cheese**

.88 per 100 g 399 per lb.

**Save**

**Deli Coupon Value 1.00**

This coupon is worth \$1.00 Off the Total Purchase Price of 1 lb. (454 g) or More of

**Deli Sliced Shopsy's Corned Beef or Pastrami**

1.00 OFF WITH THIS COUPON

Limit one purchase per coupon  
Coupon valid until closing Sat. March 17'84 only  
Redeem at Check-Out counter  
Redeemable at Miracle Food Mart.

**Available in selected stores only**

**Bulk Sultana Raisins**

per 100 g .17 per lb. 79

**Bulk Vending Mix Nuts** .33 per 100 g 1.49

**Bulk Corn Chips** .44 per 100 g 1.99