

Foods from the Sun

CONTEST WINNERS
February 1984

MRS. HELEN COURTEMANCHE
Willowdale, Ontario

MR. A.J. KOCH
Kitchener, Ontario

SUPER

Miracle's School Break Treats

Imperial Soft Margarine 2 lb tub **1.99**

Assorted Varieties
Lancia Pasta 900 g pkg **1.29**

Assorted Colours
Royale Facial Tissue 3 ply pkg of 100 **.89**

Bick's Colby or Mozzarella
Kraft Cheese Chunks 12 oz pkg **2.99**

Frozen Cabbage Rolls, Sliced Beef or Turkey with Gravy
Holiday Farms Entrees 1 lb pkg **2.49**

Frozen Jusrol Pull Pastry 16 oz pkg **1.69**

Frozen Apple Cherry or Blueberry Raspberry
McCain Life Delite Pies 6 1/2 x 9 1/2 pkg **2.39**

Frozen Chocolate or Vanilla
Sara Lee Puddin In The Middle Cake 6 1/2 x 9 1/2 **2.29**

Crispy Crunch Jersey Mix
Neilson Candy Bars 1 per bag **1.49**

Pure Raspberry or Strawberry
Kraft Jam 500 ml jar **2.49**

Plain
Primo Tomato Sauce 28 fl. oz. tin **.99**

With Pils in Tomato Sauce or With Pils & Molasses
Libby's Beans 19 fl. oz. tin **.89**

Lipton Chicken Noodle Soup 8 1/2 oz. can **.99**

Regular or No Salt
Miracle Food Mart Kernel Corn 2 1/2 oz. tin **.59**

Chicken Noodle Cream of Mushroom Tomato or Vegetable
Heinz Ready to Serve Soup 8 fl. oz. tin **3/.99**

Clover Leaf Flaked White Tuna 184 g tin **1.89**

Save .50

Frozen Straight or Crink
Miracle Food Mart French Fries 1 kg bag **.99**

Save .60

Assorted Varieties
Miracle Food Mart Potato Chips 200 g bag **.99**

Save .36 each

Canada Dry Soft Drinks 750 ml btl. **3/.99**

(Plus .30 each bottle deposit)

Vanilla, Chocolate, Neapolitan or Butterscotch
Squire Ice Cream 2 litre cont. **1.99**

Save .30

Assorted Flavour
Beatrice Fruit Bottom Yogurt 500 g tub **1.39**

Save .96

Smooth, Crunchy or Super Crunchy
Kraft Peanut Butter 500 g jar **1.59**

Save

Miracle Food Mart Pure Apple Juice 48 fl. oz. tin **.99**

Miracle Food Mart Variety Mix or
Chocolate Chip Cookies 900 g bag **2.69**

Save .70

Carnation
Coffee Mate 500 ml jar **2.39**

The Bakery

Grocery Direct Deals

Champlain White Bread 875 g **.59**

Save .28

Dempster's
100% Whole Wheat Bread 875 g **.79**

Weston's
Pumpkin Pie 624 g **1.79**

Tudor Bakery
Hot Dog or Hamburger Buns pkg. of 8 **.79**

Miracle Food Mart
Hot Cross Buns pkg. of 8 **1.19**

Save .20

Miracle Food Mart
Cake Donuts pkg. of 12 **.99**

Miracle Food Mart
Cottage Slices 567 g **1.29**

Tudor Bakery Plain
English Muffins pkg. of 6 **.69**

Save up to .58

Frozen Grapefruit, Apple, Grape or
Sun Pac Florida Orange Juice 12.5 fl. oz. tin **.99**

Save up to .55

Kraft Dinner Macaroni & Cheese 225 g pkg. **2/.98**

Save .90

Process Cheese Food
Schneiders Single Cheese Slices 24's/500 g pkg. **2.99**

Save .96

Regular
NABOB Ground Coffee 369 g vac pac **2.99**

Miracle Food Mart
Stewed Tomatoes 19 fl. oz. tin **.79**

Miracle Food Mart
Garden In A Glass 48 oz tin **.99**

Melitta Deluxe
Ground Coffee 269 g tin **3.99**

Mother Parker
Economy Tea Bags pkg. of 100 **1.79**

Instant Chocolate 750 g tin or Chocolate Syrup 750 ml jar
Nestle Quik **2.49**

Crisco Vegetable Oil 3 litre jug **6.49**

Carnation 2%
Evaporated Milk 265 ml tin **.65**

Carnation
Instant Milk 500 g bag **2.69**

Miracle Food Mart
Dog Kibble 1 kg bag **5.49**

Calgonite
Dishwasher Detergent 2.5 kg bag **5.69**

Personal 4's or Bath Size 2's
Jergens Lotion Mild Soap 260-280 g pkg **1.29**

With Sprayer
Fantastik Spray Cleaner 700 ml btl. **2.29**

Regular
Javex Liquid Bleach 5.6 litre jug **1.69**

Glass Plus Refill 500 ml btl. **1.33**

African Aluminum
Foil Wrap 12 x 25' box **1.09**

Regular, Waterfresh or Gel
Colgate Toothpaste 100 ml tube **.99**

Bic Disposable Lighters each **.79**

Generic Garbage
Bags pkg. of 10 **.99**

Real Beer, Candy Floss, Chewing or Bubble Gum
Jello Fantasy Flavours Jelly Powders 25 g box **.36**

50, 66 or 100W
Miracle Food Mart Light Bulbs pkg. of 2 **.99**

Save 1.80

PALMOLIVE Liquid Dish Detergent 1.5 litre btl. **2.99**

Regular or Decaffeinated
Taster's Choice Freeze Dried Instant Coffee 8 oz jar **5.99**

Primo Vegetable Oil 3 litre jug **3.59**

Success Whole Mushrooms 10 fl. oz. tin **.79**

Assorted Colours
Royale Bathroom Tissue 2 Ply 8 roll pkg. **3.19**

1/2 Price
FACELE Royale Paper Towels 2 roll pkg. **.99**

We Cheerfully Accept Competitors Newspaper Coupons