

# Loblaws



**ground beef**  
regular  
freshly ground  
/kg **2.16**  
lb. **.98**  
Limit: 10 lbs. per family

**bathroom tissue**  
Royale  
assorted colours  
2 ply, 4 roll pkg.  
with coupon below pay only **1.17**  
special price without coupon **1.99**



**pork legs**  
fresh whole or shank portion  
/kg **2.16**  
lb. **.98**

**mozzarella cheese**  
Schneiders  
375 g block  
Limit: two blocks per family purchase  
pay only **1.86**



**red hots**  
Schneiders dutch treat or all beef wieners  
450 g pkg. pay only **1.89**

**Heinz beans**  
tomato sauce  
vegetarian, with pork or with pork and molasses  
14 fl. oz. tin  
pay only **.49**



**bananas**  
large size from the tropics  
/kg **.42**  
lb. **.19**

**yogourt**  
peach, blueberry, raspberry, strawberry or strawberry banana  
175 g cup  
pay only **.41**



**nectarines**  
product of Chile  
/kg **2.18**  
lb. **.99**

**ice cream**  
Neilson assorted flavours  
2 L carton  
pay only **2.66**

**fresh boneless pork loin roasts or chops**  
centre cut  
/kg **6.37**  
lb. **2.89**

**fresh country style pork spare ribs**  
loin rib portion sliced or unsliced  
/kg **4.39**  
lb. **1.99**

**green sweet peppers**  
product of Mexico Ontario no. 1 grade  
/kg **2.18**  
lb. **.99**

**Lipton cup-a-soup**  
assorted varieties, 4's  
40 g box **.99**

**Nabob Tradition ground coffee**  
extra-fine, fine drip or regular grind  
369 g vacuum pack **3.29**

**Pepsi-Cola**  
Pepsi-Cola, Diet Pepsi or Pepsi-Free (reg. or sugar-free)  
750 mL bottle (+ 30c deposit) **.59**

**Lay's or Ruffles potato chips**  
Lay's regular, simulated vinegar, sour cream & onion, bar-b-q, ruffles-regular  
200 g bag **1.39**

sliced fresh beef liver **.69**  
Loblaws cooked smoked boneless country style ham **3.99**  
Loblaws cooked smoked pork picnic shoulders **1.69**  
Loblaws sliced smoked ham steaks **1.99**  
sliced 500 g pkg Valuplus side bacon **1.99**  
frozen store packaged Boston bluefish fillets **1.19**  
Z & W Foods previously frozen breakfast sausage store packaged **1.79**  
sliced boeuf, roast chicken, luncheon meat or mutton & cheese hot, 175 g pkg Loblaws cold cuts **.95**  
sliced 175 g pkg zigzags cooked ham **1.69**  
cylage sliced 375 g pkg summer sausage **2.69**  
cappuccino, salami, summer sausage 250 g pkg Loblaws cooked meat sticks **1.79**

product of U.S.A. brussel sprouts **2.18**  
product of Ontario Canada fancy grade McIntosh apples 3 lb bag **1.59**  
product of U.S.A. California grown large size seedless navel oranges 5/1 **1.99**  
Newman grown product of U.S.A. papaya **1.49**  
product of U.S.A. fresh broccoli **.99**  
product of U.S.A. Canada #1 grade red grapes **2.18**  
product of U.S.A. Canada #1 grade anjou pears **1.72**  
product of Ontario Canada #1 flowering 6" pot cyclamen **5.99**  
frozen, assorted sizes 1 kg poly bag York fancy peas **2.29**  
1 L size Ivory dish detergent **3.09**  
grape, apple or orange 1 L size Tang fruit drinks 1/2 price **.59**

Pepsi-Cola, Diet Pepsi, Pepsi-Free (regular or sugar-free) or Mourilan Diet Pepsi-Cola 24 x 290 mL cans case **6.99**  
automatic dishwasher detergent Dishwasher all 1.4 kg box **3.99**  
old white, 375 g wedge Schneiders cheddar cheese **3.59**  
chocolate chip, chocolate fudge, cinnamon Danish (450 g) or coconut cream Dars cookies 400 g bag **1.79**  
Santitas, plain 500 g tub creamed cottage cheese **1.85**  
Neilson 250 g tub smooth 'n saucy onion dip **.99**  
26" x 36" 20 x 30 Glad garbage bags 1/2 price 100 mL tube Pepsodent dental cream **.99**  
sliced 675 g loaf Weston sesame crusty bread **.89**  
1.4 kg box Uncle Ben's converted rice **3.39**  
500 g square tub white liquid honey **1.99**

283 g pkg Weston family chocolate roll **.99**  
Camaron 350 g pkg instant mashed potatoes **1.55**  
Brown Cow 400 mL tub instant chocolate syrup **1.65**  
General Mills Pac Man cereal 375 g box **2.29**  
400 g box Weetabix cereal **1.85**  
quick cooking, minute or large flake, 1.35 kg bag Old Mill rolled oats **1.35**

dark bran, honey d bran or deluxe raisin bran, 340 g pkg Monarch muffin mix **.99**  
1 L size Crisco vegetable oil **2.99**  
Monarch, barbecue, honey garlic or sweet and sour, 105 g pkg Chicken Magic coating mix **.79**  
200 g pkg Glad sandwich bags **2.49**  
Cavendish Farms frozen, 750 g pkg hash brown potatoes **.79**  
Arctic Gardens frozen, 1 kg poly bag mixed vegetables **2.19**

Highliner, frozen 454 g pkg cod fish and chips **1.99**  
frozen 283 g box Lean Cuisine meatball stew **2.75**  
chicken a la King, escalloped chicken and noodles or turkey breast, 269 g box Stouffer's frozen entrees **2.49**  
frozen apple blueberry or cherry 24, 225 g box Grandma Martins little pies **.99**  
whole kernel (14 fl oz) or cream (12 fl oz tin) York fancy corn **.85**  
concord or white 1 L size Welch's grape juice **1.99**

Note: Loblaws specials not available at Loblaws superstore warehouse. Prices effective to Sat. January 21, 1984. Stores reserve the right to limit quantities.

with this coupon pay only 1/2 the regular price on the purchase of one 4 roll pkg. of Royale bathroom tissue 2 ply, assorted colours with coupon you pay **1.17**

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