

Foodstuffs 82 Main St. S., Georgetown 877-6888

— INVITES YOU —
Sat. 22 Oct. 10:00-11:30
"Georgetown University Women's Club" sponsors
A CAKE DECORATING DEMONSTRATION

To launch their **SUPER SUNDAY SERIES** for kids with cake samples & ticket sales



Exclusively Yours
Fitness Centre

Now Open For
83/84 Fall & Winter

★ **REGISTRATION** ★
AEROBICS • DANCERIZE • SENIORS CLASSES
MEMBERSHIP ALSO INCLUDES:
★ Pool ★ Sauna ★ Whirlpool ★ Equipment Room
● 3, 6, 12 month membership ● Gift certificates

Enter off James St.
Downtown Georgetown **877-1210**

Sunroom & Body Wraps also available




START YOUR DAY WITH
COFFEE, TEA and FRESH DONUTS

MADE FRESH DAILY from

Downtown Submarine and Donut

Monday-Wednesday . . . 9 a.m.-10 p.m.
Thursday-Saturday 9 a.m.- 2 a.m.

97 MAIN STREET
DOWNTOWN GEORGETOWN



CALL-UP TO WEIGH DOWN!

Talk to us about the one diet program that not only helps you lose weight but also shows you how to keep it off!

It's a comprehensive program based on:

- Sound nutrition
- Private, daily counseling
- Behavior modification
- Lifetime maintenance
- Low prices—no contracts

CALL US TODAY for a free, introductory consultation.
Phone: Jeta Pettigall, R.S. Ed. 877-2900

HOW TO WIN AT THE LOSING GAME
DIET CENTER

70 Main St. Georgetown in the "Old Post Office"

Hours: Monday to Friday 7:30 a.m. - 12:30 p.m. 4:00 p.m. - 8:30 p.m.
Saturday 8:00 a.m. - 12:00 noon

THE LAST WEIGHT-LOSS PROGRAM YOU'LL EVER NEED!
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The McGibbon Hotel
79 Main St. S. 877-3388

Fine Dining Every Thursday & Friday
in Jessie's Dining Lounge
Served 11 a.m.-2 p.m.

THURSDAY & FRIDAY MENU

- ROAST BEEF
- ROAST LEG OF LAMB
- SWEDISH MEATBALLS
- BROCCOLI
- SALAD BAR
- SCALLOPED POTATOES
- GREEN BEANS
- ASSORTED PRES.
- ENGLISH TRUFFLE
- BLACK FOREST CAKE
- TEA OR COFFEE

ONLY **\$3.73** PLUS TAX

THIS WEEK
FOR YOUR LISTENING & DANCING PLEASURE
THE COUNTRY & WESTERN SOUNDS OF ELAINE JARVIS & THE GENERATION GAP
THURSDAY, FRIDAY & SATURDAY
OPEN MONDAY-SATURDAY FOR LUNCH & DINNER

FASHION TREND HAIR SHOPPE
31A Main St. S., Georgetown

SPECIAL With this coupon and until OCT. 29/83

PERMS Only \$30.00 complete (Long Hair \$6 extra)

877-5845
Appointment Not Always Needed

VALUABLE COUPON




WHY NOT TRY A DIFFERENT SUN VACATION THIS WINTER? ARIZONA IS THE PLACE. . .

For the golfer, the tennis buff and the explorer. Arizona has something for everyone.

Including some of the most incredible scenery in the world. You can visit the Grand Canyon, buy turquoise from the Indians, horseback through the desert, go boating. . . the possibilities are endless. Stay at a Dude Ranch or a luxurious resort, enjoying good ol' western hospitality. Rent a car, take a bus or just enjoy the sun around your pool in Phoenix or Tucson.

We are experts on Arizona so come on partner . . . Arizona is waiting for you.

TWG TRAVEL INC
48 MAIN ST. SOUTH GEORGETOWN 877-2252



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DUAL WAVE MICROWAVE SYSTEM
MICRO-WAVES

UP TO **\$100.00** OFF MFG SUGG RETAIL

THINKING OF A MICRO WAVE OVEN
Come to our in-store demonstration by **HOTPOINT HOME ECONOMIST SANDRA JARDINE** this SAT. OCTOBER 22, 1983, 10:30-4:00.

GOODLET'S
DOWNTOWN GEORGETOWN 877-2551 SINCE 1937



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OCT. 20 thru OCT. 22 ONLY
ON SELECTED
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— GENUINE STONE PENDANTS
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