

Deals

You save up to 50% with **DOLLARS WORTH™** certificates on these fine products.
 *Henckels *Canan
 *Cathedral *Were-Ever
 *Oneida
 (See details in Store.)

Miracle's Select Quality Meats

Our Lowest Price this Year


Save 1.11



Regular Ground Beef 10 lb. Limit Per Family

1.94 per lb. **.88** per lb.

Save .30 lb.



Grade A Fresh Young Turkeys 6-12 lb. size

2.84 per kg **1.29** per lb.

Family Size Highliner Fish Sticks or Fish in Batter 700 g pkg.

2.99

Cut from Grade A Beef Chuck Boneless Blade Roasts 3-4 lb. size

4.39 per kg **1.99** per lb.

Mild Cured Maple Leaf Cottage Rolls 3-4 lb. size

3.73 per kg **1.69** per lb.

Save .50 lb.



Fresh Ontario Quality Pork Semi Boneless Loin Pork Chops

4.17 per kg **1.89** per lb.

Save .60 lb.



Cut from Grade A Beef Lean Boneless Stew Beef

4.17 per kg **1.89** per lb.

- Swifts Lazy Maple Sliced Side Bacon 500 g pkg **2.29**
- Swifts Premium Wieners 454 g pkg **1.49**
- Swifts Premium Sliced Cooked Ham 175 g pkg **1.39**
- Swifts Premium Sliced Bologna 275 g pkg **1.69**
- Swifts Boneless Sugar Plum 1/4 Hams **725** per lb. **3.29** per lb.
- Swifts Brown & Serve Sausages 250 g pkg **1.99**
- Swifts Lazy Maple Sausages 300 g pkg **1.99**
- Swifts Sugar Plum Ham Slices 175 g pkg **2.29**
- All Varieties Schneiders Wieners 454 g pkg **1.99**
- Shopsy's Old Vienna Salami 500 g pkg **2.99**
- Highliner Haddock in Batter 250 g pkg **1.99**
- Highliner Haddock Fillets 150 g **2.59**
- Highliner Cod Fish Sticks 250 g pkg **1.99**
- Highliner Cod Fillets 150 g **1.99**
- Maple Leaf Smoked Picnics 4.5 lb size Sliced **3.95** per kg **1.79** per lb.
- Beef Braising Ribs **5.05** per kg **2.29** per lb.
- Boneless Brisket Points 3-4 lb size **5.05** per kg **2.29** per lb.

Country Market Fresh Produce

The Deli & B.B.Q.

Save

Product of B.C. Canada Fancy Grade **Bartlett Pears**

1.30 per kg **.59** per lb.

Save .70 lb.

Product of Italy Grade "Italia" **Muscat Grapes**

1.30 per kg **.59** per lb.

Save .40

Product of U.S.A. **California Valencia Oranges**

1.59

Save .40

Product of U.S.A. Canada Fancy Grade **Red or Golden Delicious Apples**

1.59

1/4 OFF



Pillars Black Forest Ham Deli Sliced

1.10 per 100 g **4.99** per lb.

- Pillars Polish Sausage** Deli Served **1/4 OFF** per lb. **.48**
- Chicago "58" Corned Beef or Pastrami** Deli Sliced **1/4 OFF** per lb. **.72**
- Sienna Capocola or Pepperbutt** Deli Sliced **1/3 OFF** per lb. **.88**
- Top Quality Maple Leaf Canadian Cheddar Cheese** Mild, Medium, Old Marble or Colby **up to 1/4 OFF** per lb. **.88**

Save

Product of Ontario **Ontario Fresh Mushrooms**

4.39 per kg **1.99** per lb.

- Product of U.S.A. Canada Fancy Grade **Red Grapes** **2.18** per kg **.99** per lb.
- Product of U.S.A. Canada No. 1 Grade **Field Cucumbers** **3/.99**
- Product of Ontario **Fresh Egg Plant** **2/1.00**
- Product of Ontario Canada No. 1 Grade **Carrots or Yellow Onions 2 lb bag** **.59**
- Product of Ontario Canada No. 1 Grade **Green Cabbage** each **.69**
- Product of Ontario Canada No. 1 Grade **Ontario Potatoes 10 lb bag** **1.99**
- Product of U.S.A. **Fresh Lemons** **3/.99**
- Product of Ontario **Fresh Cole Slaw 5 lb bag** **.59**
- Product of Ontario Canada No. 1 Grade **Ontario Waxed Rutabagas** each **.69**
- Product of Ontario **Ontario Pepper Squash** **3/99**
- Product of U.S.A. **Washed and Trimmed Spinach 10 lb bag** **.99**
- Product of U.S.A. Canada No. 1 Grade **Spanish Type Onions 5 lb bag** **1.29**
- For indoor planting **Potting Soil 20 lb bag** **.99**

Bulk Savings

- Bulk White Sugar** per 100 g **.07** per lb. **.33**
- Bulk Bacon Bits** per 100 g **.44** per lb. **1.99**
- Bulk Nacho Corn Chips** per 100 g **.48** per lb. **2.19**
- Bulk Jelly Beans** per 100 g **.26** per lb. **1.19**
- Bulk Bird Seed** per 100 g **.06** per lb. **.25**
- Bulk Sultana Raisins** per 100 g **.20** per lb. **.89**

We cheerfully accept all food store coupons!

miracle foodmart

ALL PRICES EFFECTIVE 8 a.m. WED. SEPT. 21 '83 TO MIDNIGHT TUES. SEPT. 27 '83 EXCEPT BAKERY, DELI, MEAT AND PRODUCE ITEMS UNTIL SAT. SEPT. 24 '83 IN METRO TORONTO, MISSISSAUGA, OAKVILLE, THORNHILL, BRAMPTON, MALTON, MARKHAM, OSHAWA, AJAX, WHITBY, GEORGETOWN, BOWMANVILLE, ORILLIA & BARRIE. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. CHECK YOUR LOCAL TELEPHONE DIRECTORY FOR THE NEAREST MIRACLE FOOD MART STORE.