

Play HIT WIN
 Win up to \$200
 * In Miracle Food Mart Gift Certificates With enclosure of label or facsimile from participating products.
 FULL DETAILS AVAILABLE AT ALL MIRACLE FOOD MART STORES.

SUPER

Miracle's Grocery Super Deals

Assorted Grinds
Nabob Ground Coffee 2.79
 348 g Vac Pac

Good Humor
Strawberry Shortcake Ice Cream 1.59
 1/2 gal

Assorted Varieties
Hostess Potato Chips 1.39
 200 g bag

Regular or Rye
Christie Crispmates .79
 100 g bag

Assorted Varieties
Primo Pasta .99
 300 g pkg

Frozen Normande
 Pansenne or Florentine
McCain Vegetables 2.19
 1 kg bag

Frozen Desserts
10" Totino Pizza or Deluxe 4's 2.69
 370 g pkg

Frozen Concentrated Orange
 Lemon Lime Fruit Punch
 or Grape 12.5 fl oz tin
Honey Dew Drinks .89

Liberty
Vegetable Oil 2.99
 2 lit jug

Smooth
Schwartz Peanut Butter 2.99
 1 kg jar

Homt
Italian Tomato Sauce 1.49
 28 fl oz tin

Hunt's
Tomato Paste .49
 3.5 fl oz tin

in oil
Salco Flaked White Tuna 1.49
 6 oz tin

Unico
Red Kidney Beans .59
 12 oz tin

V 8
Vegetable Juice .99
 48 fl oz tin

100% vegetable oil
 Parchment Wrap
Chefmaster Margarine 3/1.44
 1 lb pkg

Save .11 each
Topicana Pure Orange Juice 2.69
 64 fl oz tin

Save 1.24
Tide
 Tide's in... Dirt's out
Tide Powdered Detergent 3.99
 6 litre box

Save .30
Sun Squeeze
 FROZEN CONCENTRATED
Orange Juice .59
 12.5 fl oz tin

Miracle Food Mart
Whole Mushrooms .79
 10 fl oz tin

Save .30
Miracle Food Mart Freeze Pops .99
 300 ml bag pkg of 34

Save 1.40
HEINZ
 TOMATO KETCHUP AUX TOMATES
Heinz Tomato Ketchup 1.99
 1 litre botl

Save .50
SunPac
 APPLE JUICE FROM CONCENTRATE
Sun Pac Apple Juice .79
 48 fl oz tin

Sprite, Sugar Free Sprite, Diet Coke, Coke Caffeine Free, Diet Coke Caffeine Free, Sugar Free Tab, Caffeine Free Tab or
Coca Cola 3/1.44
 750 ml botl
 Plus .30 each bottle deposit
 Save .27 each
Ragu Homestyle Spaghetti Sauce 1.99
 28 fl oz jar

The Bakery

Grocery Direct Deals

Save .32
Miracle Food Mart Cracked Wheat or 60% Whole Wheat Bread .59
 675 g loaf

Bake Rite
Apple Strudel 1.19
 425 g

Bake Rite
Corn Muffins .99
 pkg of 6

Tudor Bakery
Fresh White Bread .69
 567 g

Dempster's
Crusty Vienna Bread .79
 675 g

Miracle Food Mart
Chocolate Layer Cake 1.59
 450 g

Tudor Bakery
Assorted Rye Breads .79
 450 g

Save .50
BUY 2 GET ONE FREE
Crest Toothpaste 2.99
 3 x 100 ml tubes
 Regular, Mint, or Gel

Save .70
Chocolate Chip Cookies 2.49
 900 g bag
 Miracle Food Mart Variety Mix or Steinberg Chocolate Chip

Save .60
Bartlett Pears .99
 28 fl oz tin
 In own Juice Halves or Quarters
 Miracle Food Mart

Save .60 on 3
9 Lives Cat Food 3/.99
 6 oz tin
 Assorted Varieties
 9 Lives
 tuna & Chicken

Fancy
Mitchell's Applesauce .89
 16 fl oz tin

Pure Fruit
Orange or Apple Juice 1.99
 6 x 6 fl oz cans

Assorted Flavors
Kool Aid Drink Crystals .69
 128 g pkg

Assorted Flavors
Wyer's Crystals 1.19
 pkg of 3-213 g cont.

Perrier Natural
Spring Water .89
 600 ml botl

Assorted Varieties
Monarch Yogurt Cake Mixes 1.29
 240 g box

Chocolate Fudge and Chip or Pecan Butter
Betty Crocker Cookie Mixes 1.69
 400 - 450 g box

Assorted Varieties
Puss 'n Boots Cat Food .77
 123 g tin

Liquid
Wisk Laundry Detergent 4.99
 1 litre botl

Liquid
Sunlight Detergent 2.99
 1.5 litre botl

Supersize
Zest Deodorant Soap .89
 200 g bar

Assorted Colours
Duvet Bathroom Tissue 1.99
 4 roll pkg

Assorted Colours
Kleenex Classique Facial Tissue .89
 pkg of 100

Quikki
Sandwich Bags .89
 pkg of 100

Scop
Mouthwash 3.79
 750 ml botl

Condition or Regular
Head & Shoulders Shampoo 3.79
 350 ml botl

Kingsford Charcoal Briquets 4.39
 10 lb bag

Mason Jars Medium - 1 litre 3.99
 case of 12

Black Flag House & Garden Spray 3.99
 400 g tin

Blue, Pink or Yellow
Disposable Wipes 1.29
 pkg of 10

Save .30
Javex .99
 1.8 L jug
 Liquid

Hereford Corned Beef 1.99
 12 oz tin

All purpose
Robin Hood Flour 6.99
 10 kg bag

Liquid
Fleecy Fabric Softener 3.99
 5 litre jug

Tea for Two Hundred Tea Bags .99
 pkg of 100

Save 1.00
Coca Cola 5.99
 24 x 280 ml tins
 Sprite, Sugar Free Sprite, Diet Coke Caffeine Free, Diet Coke Caffeine Free, Sugar Free Tab, Caffeine Free Sugar Free Tab, or

We cheerfully accept all food store coupons! **miracle** foodmart **miracle** foodmart