


Note: Loblaw's Supermarkets is a member of Loblaw's Supermarket Ltd.

Prices subject to change without notice. All prices in dollars and cents. All prices are for cash and carry only. All prices are for the regular price unless otherwise indicated.

Loblaws


save \$4.00 at Canada's Wonderland

rib steaks
cut from Canada grade A beef
/kg **6.35**
lb. **2.88**




Canadian roast
sweet pickled back bacon centre cut
/kg **4.39**
lb. **1.99**



green seedless grapes
product of U.S.A. Canada No. 1 grade
pay only **1.72** /kg
lb. **.78** **1/2 price**




Martin's apple juice
reconstituted
48 fl. oz. tin
pay only **.76** **1/2 price**
limit: 4 tins per family



NABOB TRADITION Regular Grind
with this coupon, pay 1/2 the reg. price on the purchase of one 369 g vacuum pack of Nabob Tradition ground coffee
extra fine, fine drip, or regular grind P.L.U. #895
reg. price 3.69
spec. price without coupon 2.99
with coupon pay only 1.84
Coupon valid only at Loblaw's
Limit one coupon per family.
Coupon expires Sat., Aug. 13/83.

coffee
1/2 price



salmon red sockeye
7.75 oz. tin
pay only **1.79** **1/3 off**



Kraft miracle whip
1 L jar
pay only **1.89** **1/3 off**



Light 'n' Lively yogourt
assorted varieties
175 g cup
pay only **.38** **1/2 price**

Canadian queen brand tray pack previously frozen
pure pork sausage
pay only **2.18** **1/2 price**
reg. .99

product of Ontario
romaine each **.39**

Kraft, smooth 750 g jar
peanut butter **2.99**

assorted varieties 8 fl. oz. tin
Heinz ready-to-serve soup **3/1.00**

beef short ribs
Hawaiian bar-b-que ribs
/kg **4.39**
lb. **1.99**

product of U.S.A. Canada fancy grade
bartlett pears
/kg **1.74**
lb. **.79**

Pepsi-Cola (regular or diet) or Pepsi-Free (regular or sugar-free)
Pepsi-Cola 750 mL bottle (+.30 deposit) **.49**

assorted varieties
Lay's or Ruffles potato chips 200 g bag **1.19**

Schneiders cooked smoked boneless olde fashioned
hams
pay only **2.00** **1/2 off**
reg. 7.69
lb. 3.49

Libby's in tomato sauce 8 fl. oz. tin
alpha-getti or zoodles **2/1.00**

stone milled 100% whole wheat, seven grain or prairie bran, sliced, 24 oz. tin
Country Harvest bread **.85**

McCain, frozen 24 oz. poly bag
superpatties or supercrisps **.99**

fresh cut from the leg
boneless pork scallopini
/kg **6.59**
lb. **2.99**

reconstituted apple juice, orange juice from concentrate or Minute citrus beverage from concentrate
McCain 1 L tetra pak beverages **1.19**

Green Giant, frozen whole niblet
corn 1 kg poly bag **2.29**

Loblaws, choice 28 fl. oz. tin
whole tomatoes **.79**

regular or scent II, 350 g aerosol tin
Lysol spray disinfectant **2.99**

nice, shortcake or digestive, 400 g pkg
Peek Freans biscuits pay only 1.52 **1/3 off**

Del Monte, unsweetened 48 fl. oz. tin
pineapple juice **1.49**

assorted creme, fruit creme or family digestive chocolate, 400 g pkg
Peek Freans biscuits pay only 1.65 **1/3 off**

1/2 price colour print film

Bellevue colour print film offer
110 & 135 (24 exposure)
offer effective Wednesday, Aug. 10 until Tuesday, Aug. 16, 1983
(reg. 2.49) **1.24**

Schneiders frozen beef **steakettes** 500 g pkg pay only 1.99 **1.00 off**
previously frozen sliced **calves liver** /kg 4.39 lb. 1.99
fresh **boneless chicken breasts** frozen Family Delect Brand sold only as packaged chicken **drumsticks** /kg 2.18 lb. .99
frozen vac pac New Zealand **loin lamb chops** /kg 6.59 lb. 2.99
regular or thick sliced **Loblaws side bacon** 454 g pkg **2.89**
frozen Highliner brand **haddock fillets** 454 g pkg **2.79**
regular all beef or all beef frankfurters **Loblaws wieners** 454 g pkg **1.69**
sliced **Schneiders cooked ham** 175 g pkg **1.89**

product of U.S.A. Can #1 grade **red or black plums** /kg 2.18 lb. .99
product of U.S.A. **nectarines** /kg 1.74 lb. .79
product of Ontario or U.S.A. **cherry tomatoes** pint box **.99**
product of U.S.A. **honeydews** ea. **1.99**
product of Ontario Can #1 grade **seedless english cucumbers** each **.98**
assorted flavours, 13 oz. tin **Kal Kan Luxury cat food** **.75**
Ziploc, regular, 20's pkg **heavy duty freezer bags** **1.29**
lemon or regular, 750 g tin **Goodhost iced tea mix** **3.49**
frozen, concentrated, fruit punch grape (12 oz.), lemon-lime or orange **Honeydew drinks** 12.5 fl. oz. tin **.89**

bulk Sultana raisins special /100 g .20 lb. .89
bulk corn chips special /100 g .35 lb. 1.59
bulk pickling spice special /100 g .44 lb. 1.99
Stokely, 28 fl. oz. tin **dark red kidney beans** **1.49**
19 fl. oz. tin **choice, Avon peas** **.69**
Bums, 6 1/2 oz. tin **Tender flaked ham** **1.49**
680 mL btl **Ramiosa mineral water** **.69**
Kraft, 200 g box **spirals macaroni and cheese** **.63**
buttered, chocolate or banana, 6's box **Nelson good'n puddin** **1.49**

Tiex, 450 mL btl **instant mildew stain remover** **2.99**
print, white or almond 2 ply, 2 roll pkg **Royale paper towels** **1.39**
Kraft Cracker Barrel, medium cheddar **cheese** 12 oz. stick **3.19**
Kraft Cracker Barrel coloured old cheddar **cheese** 12 oz. stick **3.29**
Black Diamond Lites, 24's, 500 g pkg **process skim milk cheese slices** **3.45**
10 lb. bag **Kingsford charcoal briquets** **4.29**
frozen, family size **Highliner 907 g box fish 'n chips** **3.39**
200 g box **snackbread crackers** **1.29**
assorted flavours **Derby dinner for dogs** 2 3/4 oz. tin **.89**

assorted varieties **Colonial cookies** 400 g bag **1.69**
onion, plain, rye, wheat or unsalted, 200 g box **Old London Melba Toast** **1.39**
spoon size, 675 g box **Nabisco shredded wheat cereal** **1.88**
Imperial, 20's box **ice cream cones or cups** **.89**
750 mL jar **Kraft mayonnaise** **2.65**
Liquid Plumr, 32 fl. oz. btl **liquid drain opener** **1.99**
assorted colours, 2 ply, 8 roll pkg **Royale bathroom tissue** **3.99**
frozen, ranch cuts, 500 g poly bag **Camation potato wedges** **.79**
Bee Hive, 1 L plastic btl **golden corn syrup** **2.39**