

Deals



Miracle's Select Quality Meats

Save 1.30 pkg

Shopsy's Deli Fresh Wieners
Regular or All Beef
454 g

1.49

Save 1.00 lb

Cut from Canada Grade A Beef Hip

Boneless Round Steak
Full cut

5.05 per kg
2.29 per lb.

Frozen Chicken Wings

2.18 per kg
.99 per lb.

Shopsy's Sliced Cooked Ham Regular or Glazed 175g

1.29

Shopsy's Deli Fresh Salads 300 g Potato, Coleslaw, & Macaroni

1.49

Shopsy's Deli Fresh Twin Pack Salads 300 g Potato or Coleslaw

.99

Shopsy's Deli Fresh Smoked Sausage Rings 4 varieties

6.59 per kg
2.99 per lb.

Shopsy's Deli Lean Pork Shoulder Ham

6.59 per kg
2.99 per lb.

Shopsy's Canadian Breakfast Ham 175g

1.79

Save .50 lb

Ground from 100% Pure Beef

Miracle's Own Beef Patties
No fillers added

3.28 per kg
1.49 per lb.

Save 1.00 lb

Cut from Canada Grade A Beef Hip

Bottom Round Steak Roasts
Eye Removed Outside Cut

5.05 per kg
2.29 per lb.

Cut from Milk Fed Veal

Shoulder Chops

4.39 per kg
1.99 per lb.

Bluewater Fish Cakes 200 g

.59

Bluewater Boston Blue Fish & Chips 1.5 lb pkg

.99

Highliner Sole Fillets 18 oz

3.59

Highliner Boston Bluefish Fillets 18 oz

1.69

Frozen Round Mackerel

1.08 per lb.
.49

Frozen Round Herring

1.08 per lb.
.49

Cut from Milk Fed Veal

Scallopin
Cut from the Leg

8.80 per kg
3.99 per lb.

Maple Leaf Sliced Side Bacon 500 g

2.49

Maple Leaf Beef Burgers 750 g

3.69

Schnedders Bucket Chicken 800 g

4.99

Highliner Family Size Fish in Batter or Fish Sticks 700 g

3.49

Swift Premium Fully Skinned Whole Hams

3.06 per kg
1.39 per lb.

Country Market Fresh Produce

The Deli & B.B.Q.

Save .80 lb

Product of U.S.A. Canada No.1 Grade

Thompson Seedless Grapes

2.18 per lb.
.99

Save 2.00 each

Product of U.S.A.

Extra Large Size Honeydew Melons

1.99 each

Save .78

Product of Ontario Canada No.1 Grade

Ontario Field Cucumbers

3.99

Save

Product of Ontario Canada No.1 Grade

Ontario Celery Stalks

.79 each

Shopsy's Corned Beef or Pastrami
Deli Sliced

.99 per 100 g
4.49 per lb.

Shopsy's Beef Salami

.66 per 100 g
2.99 per lb.

Shopsy's Black Forest Ham

1.19 per 100 g
4.99 per lb.

Shopsy's Roast Beef

1.21 per 100 g
5.49 per lb.

Shopsy's Potato & Egg Salad

.37 per 100 g
1.69 per lb.

Save

Product of U.S.A.

Fresh Broccoli

.99

Product of Ontario Ontario Fresh Mushrooms

4.39 per kg
1.99 per lb.

Product of U.S.A. Fresh Nectarines

2.18 per kg
.99

Product of Ontario Fresh Zucchini Squash

1.30 per kg
.59

Product of U.S.A. Canada No.1 Grade Fresh Peaches

2.18 per kg
.99

Product of U.S.A. Canada No.1 Grade Green Sweet Peppers

2.18 per kg
.99

Product of U.S.A. California Valencia Oranges

12/1.99

Product of New Zealand Canada Fancy Grade Granny Smith Apples

2.18 per kg
.99

Product of U.S.A. Canada No.1 Grade Sweet Cantaloupes

each .99

Product of Ontario Fresh Bunch Carrots or Beets

each .59

Product of Ontario Canada No.1 Grade Ontario Head Lettuce

2/.98

Product of U.S.A. Florida Fresh Limes

10/1.00

Product of Ontario Canada No.1 Grade Ontario New Potatoes

2.99

Product of U.S.A. Canada No.1 Grade Tomatoes Large Size

2.18 per kg
.99

Product of Ontario Fresh Green or Wax Beans

2.18 per kg
.99

Bulk Savings

Available at selected stores only.

Bulk Ju Jubes

.22 per 100 g
.99 per lb.

Bulk Lemonade Crystals

.22 per 100 g
.99 per lb.

Bulk Nacho Chip

.51 per 100 g
2.29 per lb.

Bulk Dog Food Regular

.09 per 100 g
.39 per lb.

Natural Smooth, Regular or Crunchy Bulk Peanut Butter

.22 per 100 g
.99 per lb.

Bulk Sultana Raisins

.20 per 100 g
.89 per lb.

ALL PRICES EFFECTIVE WED. AUG. 3 '83 TO MONDAY TUES. AUG. 9 '83 EXCEPT BAKERY DELI MEAT AND PRODUCT ITEMS UNTIL SAT. AUG. 6 '83 IN METRO TORONTO - MISSISSAUGA - OAKVILLE - THORNHILL - BRAMPTON - MALTON - MARKHAM - OSHAWA - AJAX - WHITBY - GEORGETOWN - BOWMANVILLE - ORILLIA & BARRIE. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.