

**Play HIT WIN**  
 Win up to \$200  
 \*In Miracle Food Mart Gift Certificates With enclosure of label or facsimile from participating products.  
 FULL DETAILS AVAILABLE AT ALL MIRACLE FOOD MART STORES.

# SUPER

## Miracle's Grocery Super Deals

**3/99**  
 Pepsi Free, Sugar Free Pepsi Free, Diet Pepsi, Teem, Mountain Dew or Pepsi Cola  
 750 ml bot  
 (See 20¢ each bottle deposit)

Unico Solid Light Tuna 3.3 oz tin **.69**  
 Lantia, Romano, White or Red Kaniwa Unico Beans 10 R. oz tin **.59**  
 Med. Medium or Old Kraft Cracker Barrel Cheese 375 g pkg **2.99**  
 100% Pure Vegetable Oil Chefmaster Parchment Wrap Magarine 1 lb pkg **.49**  
 Selected Varieties in Cream or Butter Sauce Frozen Green Giant Vegetables 250 g pkg **.99**  
 Oriental Beef, Chicken & Vegetables or Glazed Chicken Stouffer Lean Cuisine Entrees 241-361 g pkg **2.69**  
 Frozen 10", 4" or Deep Crust Totino Pepperoni PIZZA 350 g pkg **2.59**  
 Assorted Varieties Frozen Pepperidge Farm Layer Cakes 300 g pkg **1.69**  
 Miracle Food Mart Freeze Pops pkg of 24 **.99**  
 Coronation Sweet Green Relish 500 ml jar **1.19**  
 Unico Spanish Queen Olives 375 mL jar **.99**  
 Pantry Shell Chunk Light Tuna 5.5 oz tin **1.39**  
 Bum's Flaked Ham 5.5 oz tin **1.39**  
 Genero choice Tomato Juice 48 R. oz tin **.79**  
 Medium 48's, Large 12's or Small 24's Luv's Disposable Diapers **3.49**

Macaroni & Cheese Kraft Dinner 225 g box **2/.98**

Miracle Food Mart Solid White Tuna 7 oz tin **1.79**

Primo Vegetable Oil 3 litre jug **2.99**

Save **.60**  
  
 Assorted Varieties Lancia Pasta 900 g pkg **.89**

Save **1.00**  
  
 Kleenex Paper Towels 2 roll pkg **.99** (1/2 price)

Save UP TO **.37**  
  
 Canada Grade A Large White Eggs carton of 1 dozen **.99**  
 Limit 2 cartons per family purchase  
 Price effective until Sat. July 9 only.

Save **.30**  
  
 Frozen Concentrated Sun Squeeze Orange Juice 12.5 fl. oz. tin **.59**  
 Limit 6 tins per family purchase

### The Bakery

### Grocery Direct Deals

Save **.32**  
  
 Miracle Food Mart 60% Whole Wheat Bread 675 g **.59**

Miracle Food Mart Dessert Shells 6's <b>.79</b>	Flamingo Butter Tarts Pkg of 12 <b>1.89</b>
Dempster's Crusty Vienna Loaf 675 g <b>.79</b>	Miracle food Mart Jelly or Choco Gem Donuts 6's <b>.99</b>
Tudor Bakery Apple Pie 650 g <b>1.69</b>	Tudor Bakery Fresh Rolls dozen <b>1.29</b>

Save **1.00**  
  
 Pepsi Free, Sugar Free Pepsi Free, Diet Pepsi, Teem, Mountain Dew or Pepsi Cola 24x280 mL tins **5.99**

Save **.50**  
  
 Assorted Varieties Miracle Food Mart Potato Chips 200 g bag **.99**

Save UP TO **.56**  
  
 Libby's Peach Halves or Halves or Slices Miracle Food Mart Peaches 28 fl. oz tin **.99**

Save **.70**  
  
 Apple, Mixed Fruit, Grape or Orange Tang Brik Pac Drink 3x250 mL cont. **.69** (1/2 price)

Assorted Flavours Klako Fruit Drinks with Straws 200 mL pkg <b>4/1.00</b>	Montclair Mineral Water 750 mL bot <b>.95</b>
Fruit Punch, Orange or Orange Miracle Food Mart Fruit Drinks 6x200 mL cont. <b>.99</b>	Kellogg's Corn Flakes 475 g box <b>1.79</b>
Assorted Flavours Kool Aid 750 g tin <b>3.39</b>	Quick Whip Topping 48 g pkg <b>3/.99</b>
Tang Orange Crystals Pkg of 2 - 200 g <b>1.79</b>	Assorted Varieties Stafford Sundae Toppings 250 mL bot <b>.99</b>
Orange Pekoe Sains Tea Bags Pkg of 50 <b>2.19</b>	Miracle Food Mart BBQ Deli Seasoning 250 g cont. <b>1.49</b>

Beef Chunks or Beef Trio Alpo Dog Food 411 g bot <b>2/1.00</b>	Regular, Unscented or Ultra Hold Clafrol Final Net Hairspray 225 mL cont. <b>2.99</b>
Purina Cat Chow 1 kg box <b>1.99</b>	Miracle Food Mart Charcoal Briquets 10 lb bag <b>2.99</b>
White or Almond Bath Size Dial Deodorant Soap 3's 360 g pkg <b>1.99</b>	Kingsford Charcoal Briquets 10 lb bag <b>4.39</b>
Assorted Sizes Glad Freezer Bags Pkg of 10, 20 or 25 <b>.99</b>	Miracle Food Mart Garbage Bags Pkg of 10 <b>.99</b>
Regular, Mint or Gel Crest Toothpaste 150 mL tube <b>1.88</b>	Swift's Canned Ham 1.5 lb. bot <b>4.29</b>

Save **2.70**  
  
 Mother Parkers Instant Coffee 10 oz. jar **3.99**

Assorted Flavours Beatrice Old-Fashioned Recipe Ice Cream 2 L cont. **2.99**

Trio, Chocolate Chip, Chocolate Fudge Cream, or Cinnamon Danish Colonial Cookies 400-450 g bag **1.49**

Frozen Concentrated Lemon Lime, Fruit Punch, Grape, Orange Honey Dew Drinks 12.5 fl oz tin **.89**  
 Hit 'n Win Bonus Item

**COUPON VALUE \$1.00/T107**  
 This Coupon is Worth 1.00 Off The Direct Deal Price of one 6 litre box of Powdered Fab Detergent **2.99**  
 Our Direct Deal Retail 3.99  
 COUPON VALUE \$1.00  
 Limit one coupon per purchase. Coupon effective Wed. July 6-12, 1983  
 Redeemable at Miracle Food Mart.

We cheerfully accept all food store coupons! **miracle**foodmart **miracle**foodmart