

Outdoors

by George Hoare



It's that time again when many people take to the waterways and bush trails so extreme caution must be exercised when travelling in known bear country. Usually bears are shy of humans but they are very unpredictable, especially females when accompanied by cubs.

The month of May calls for extra caution because bears are hungry after their long winter sleep. Many campers have found all the goodies—such as bacon, butter, bread and jams missing, plus a deplorable camp mess. They tied up the tent flaps as a safeguard but bears are noted for untying knots with one swipe of a forepaw.

A food shortage miles away from a store can be serious matters, tempers can flare up, and cabin fever can set in. Rope and Packack All this could have been avoided if

some one had of thought to bring some rope and a sturdy pack. Most campers have several, and others pack in boxes. The rope can be thrown over a limb and the pack can be pulled up out of the bear's reach. Canned goods and all foods must be included. Bears are experts at the art of opening cans. And boy, do they ever love honey, peanut butter, jams and powdered milk to name a few.

Other items that lead to a successful trip when off the beaten path are wax-paper (heavy duty) lots of newspaper and a burlap sack. The proper way to use these items is a story by itself. Briefly it will keep your catch of fish for five days and food such as bacon, butter, and canned goods very cold, a breeze will carry the moisture through to the food, extra water on the wrapper will keep the action alive.

23 Million Natural Resources Minister Allan Pope recently made it clear to everyone that Ontario taxpayers paid \$23 million out of general tax revenues last year to support sports fishing facilities. That's why they are not charged a fishing fee. Right now it's scramble time, so Enjoy the Outdoors, Safe Journey, and Tight Lines.

Tips from the Golf Doctor

of Halton Hills



by Terry Miskolci

How often are you told "you took your eyes off the ball" or "you lifted your head." Over and over again the well meaning golfer will divulge his knowledge upon his/her playing partners. They think they know what you did, but have a lack of communication when trying to solve the problem.

The problem usually can be found within the preparation stages or in lack of stability within the motion of the golf swing.

Stabilizing the body motion during the golf swing may be accomplished by working on one of three areas. One is your centre (head position) two is your right side position and three is to maintain your level (up and down motion).

For the next week I'll have you work on maintaining your centre. First of all, what is your centre? The centre is a line which runs straight down the middle of your body. The line divides you into right and left side. That line is always at a

point aimed behind the ball. Never over or at the ball. Always behind. The most common mistake is to let the centre move toward the target or ball during the back swing. Your reaction will now be one which will pull you back and away from the ball. The result, the pitching wedge, 9, 8, and 7 irons will travel left or pulled, the longer clubs, especially the driver will be sliced, and when you least expect it you will pull the driver dead right.

How do you correct the situation? Maintain your centre position. That is, keep your centre (head position) behind the ball—especially throughout the back-swing. This will enable you to develop a swing which will help drive the club down the line rather than away from the ball.

Keeping your centre position will help lessen the extreme movement of the golf ball. When the movement of the ball is less you can become a more aggressive player. But you must understand what is being stated—if not, please feel free to give me a call.

The key to playing successfully will be found in learning how to stabilize the golf swing. The key cannot be realized with wishful thinking. It does take time and time is a factor you or I have no control over.

Remember, know what you want to work on before going ahead. Next week, I will discuss right side (left for lefties) stabilization. Until next week—Enjoy.

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Date	Opponents	Times	Date	Opponents	Times
Thurs June 23	Fort Lauderdale	8:00 pm	Sun Aug 21	Montreal	3:00 pm
Sun June 26	Golden Bay	3:00 pm	Sun Aug 28	Texas Rangers	3:00 pm
Wed July 6	Tulsa	8:00 pm			
Wed July 13	Vancouver	8:00 pm			
Sun July 17	San Diego	3:00 pm			
Sun July 24	Seattle	3:00 pm			
Tues Aug 16	New York	8:00 pm			
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			Sun Aug 7	Beijing	8:00 pm
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			Wed Aug 10	American City	8:00 pm

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