

Thomas' tamed with two losses

After starting off with a bang the Acton Thomas Video Bantams have had some tough times lately in Inter-county Fastball League action and now see their record at three wins and three losses.

This past week the Thomas team gave up the lead in late innings in two successive games as Kitchener scored a 4-3 win on Friday in Acton and Guelph topped the locals 7-4 in the Royal City Monday.

In Friday's match with Kitchener the Video squad built up a 3-0 lead by the fifth inning but three sixth inning tallies and another in the seventh gave Kitchener the victory.

The bantams started off quickly with two first inning runs as Jon Hammer doubled and Peter Cargill and Randy McIntyre singled.

The Thomas team was back at it in the fourth adding another to their lead as David

Haynes walked and scored on a single by Colin Lewis.

The rest of the match belonged to Kitchener as some unforced errors and timely hits off pitcher Jon Hammer produced three runs in the sixth and another in the seventh.

Monday in Guelph the Thomas Video squad again struck early counting twice in the opening inning as Cyril Nibbs and Kevin Lobsinger crossed the plate.

Guelph got one back in the bottom of the second but a Mark Pries double scored McIntyre and Steve Wagner in the third, building the Acton lead up to 4-1. That was all for the Thomas team as they couldn't manage a single base runner the rest of the way.

Guelph tallied one in the third, another in the fourth and three in the fifth to take the lead and then found an insurance marker in the sixth.

This Friday the Thomas squad will seek revenge hosting Guelph at Prospect Park at 6:30 p.m. Tonight (Wednesday) they travel to Woodstock to meet the undefeated league leaders.

Furniture gals win opener

The Halton Hills Furniture and Appliances Bantam Girls won their season opener, 8-7 over Lowville last Tuesday.

At the end of three frames the local girls trailed 3-1. However, clutch hitting by Boo Tufford, Diana Dunn, Cheryl Roberts, and Shelley Mason brought in three runs in the sixth and two in the seventh inning to come from behind for the victory.

The girls then dropped a 15-8 decision to Hornby Monday evening. Tufford had a pair of doubles in the loss. Kelly Harrison, Mason, Leahann Jarrett, Diane Hancock, Jackie Roden, and Darci Thornton also had key hits in the game.

D.H.'s drop Rural opener

Hisaki's D.H.'s Squirt Girls dropped their season-opener to Limehouse, 6-5.

Melissa Fabian, Heather Willmott, Angela Dunn, and Michelle Perry, with a home-run, crossed the plate for Acton in the game.

The girls won their second game by a 21-4 count over Eramosa.

Angela Dunn, Tracey Toth, Michelle Perry, Paula DeMontmercy, Andrea Gudgeon, Kelly Koeliner, Terry Yaroschak, Tracy Barkley Smith, Sherry McFadden, Melissa Fabian, Tammy Landry, and Jackie McHoney all scored runs for Acton in the victory.

Rural squirts top Lowville

The Acton Halton Rural Squirt Boys trounced Lowville 21-3 at home on Friday.

Mike Brouwer crossed the plate four times for the winners in the game. Shawn Dryden, Greg Smith, Paul Sankey and David Harrison, all scored three runs each. Mike Williams had two runs while Troy Winters, Chris Elder and Jason Campbell picked up lone runs.

Atoms unbeaten in openers

Acton's Atom Girls are undefeated after two Halton-Rural League games. Their first victory was against Glen Williams on May 16, winning 14-8. Acton then defeated Omagh, 20-2.

Team members are: Leanne Preuter, Kim Pumphrey, Lee Ann Munday, Sherri Owen, Cathy Knighton, Lynn Jaffray, Kish Killingbeck, Jennifer Johnston, Jennifer Foster, Kim Corkum, Tammy Barkley-Smith, Tracy Hagan, Tracy Cripps and Leigh Whiting.

Tips from the

Golf Doctor

of Halton Hills

by Terry Mishakazi



Tension is present where ever you go. It's present at work, school and sometimes in a game. Unfortunately that "sometimes" becomes "all the time."

For the last few weeks you have been practicing the four basic preparation stages, getting yourself ready to strike the ball. But, it's the thought of "striking the ball" that interferes with the thoughts you should have. Ever see two players standing on the first tee taking a couple of warm up swings. One couldn't tell whether one was a 18 handicap or a three handicap—Until you place the ball in front of them, their like Dr. Jekyll—the smooth swinger, he changed right before our eyes to Mr. Hyde—the short, quick violent swinger. The problem? The problem is the ball—the solution is to divert our attention from it.

The flight of the golf ball in a result—the ball is not the object to strike. The object is to create a motion to give us the result.

The beauty of the game is that neither the ball or the target move. It also is the most frustrating part. In most other sports, you have responded to the object that is moving—the ball in baseball the puck in hockey etc. In golf the ball is stationary. Therefore, since the ball is stationary you must turn your attention to that which is moving—You.

You begin to listen to the amount of tension present. The more you have at address, the more develops in the swing. You must be able to find a swing which gives the least amount of tension. Here's how. Once you have set up to the ball, tighten every part of you—as tight as you can, then release. It's the release stage you want to have throughout the entire swing. Not just the start, but the entire swing.

Tension next to a hap hazard set up leads to more bad golf shots. It takes some thought to be able to listen to yourself throughout the swing and not turn your attention to the ball. But once you obtain the feeling of effortless effort, the game of golf becomes nothing but pleasure.

Pleasure also comes from hitting the ball not only accurately but with authority. Stabilizing the golf swing—the key to power will be our next topic of discussion. Until next week—Enjoy.

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