

Track and field

Shannon sets AHS mark

by Paul Nolan
Wet and windy weather failed to dampen the performance of the Acton High track and field team at the O'Neill Invitational Meet in Oshawa on Saturday. Tom Shannon placed first in the Senior

Boy's Javelin, with a toss of 43.20M. This is a new school record. Tom also placed second in the Discus event with a throw of 28.80M. Other first-place finishers were Gord March in the Junior Boys' 400M with a time of 55.28; George Gidman in the Senior Boys'

400M in 53.3; and Doreen Uranick, who set a new school record in the Junior Girls' 1500M with a 4:37.9 clocking. Sandra Brundie placed second in the Senior Girls' Javelin event, throwing 28.32M. This distance was good enough for another school record. Teresa Dunn grabbed second spot in the Junior Girls Discus with a 28.30M toss. Diane Hancock ran the Midget Girls' 100M in 15.59. Pam Mahal clocked 68.25 in the Junior Girls' 400M; and Janice Jickling ran a 71.55 in the Midget Girls' 400M.

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Mayor Pete Pomeroy has been busy the past few days practising for his first annual golf tourney in aid of Drug Abuse. Mayor Pete's Tourney is slated for Wednesday, June 29, with all proceeds going to the local Optimist Club's drug abuse program. Optimist president John Kesteloot offered Pete a little advice during a recent practise session. Humor has it that the Mayor is out to win his own tourney.

Out doors
by George Hoare

Fish Derby
The Halton Hills Spring Fish Derby was held recently and it sure had everyone primed up for the regular trout season that came in with the big rain last Saturday. Five hundred trout were caught at the derby that ranged in weight from one pound to just under eight, many large speckled trout were among the lot.

The Winners
Hiro Saito took the prize for largest rainbow trout 7 pounds, 12 ounces. Largest speckled trout honors went to John Bennett 3 pounds, 8 ounces. Club member Peter Egan caught and released more than 30 good sized trout to win the best Fly Fisherman award. Best Lady went to Marg Glendenning. Marg always had a good stringer of trout. The secret? well—she just won't tell. Best Youngsters were Jamie Fisher, Sherri Reid, and Steve Hunter. Mrs. John Harrington as usual kept everyone happy by serving a very good lunch at mid time.

Opening Day
Many good rainbow were taken from the Credit River, glow yarn tied up to resemble egg clusters accounted for many good ones but spinners and live bait took many lunkers also. The Pine River Conservation Area provided good sport for many anglers, the big pond above the Cascades harbours some that will zoom down the scale pointer. These fish had to fight their way up through white water and then into the special baffle equipped tunnel-like ladder that gives them freedom to the pond and also to the cool clear stream that runs into it. The stream is perfect for them to do their thing.

Pine River
Far below, in the valley, the Pine continues to flow through swamp, log-jams and meadows on it's way to the junction of the Nottawasaga River at the town of Angus. The spawning urge caused these migrating rainbows to leave Nottawasaga Bay and take the rough road back to the place of their birth to do their thing. They arrive battered and bruised but still full of fight.

Local Luck
Some good eaters were taken at Terra Cotta, Credit Forks, Bellfontain and Kelo near Milton. Our local area produced some good ones. A party of three showed me 19 specks that were taken on dry-fles.

Deer Season
Several wild life management units in Parry Sound, Muskoka, and Haliburton will host a two week long hunting season this coming fall so plans for holidays can be arranged early. There are other changes to numerous to name at present. Call Wildlife branch Toronto (416) 965-4251 for information. Take a good look at photograph, they even look alike despite the age span. The caption "My Grampa Caught One." (P.S.) Take a boy Fishing. Now it's scramble, so Enjoy the Outdoors, Safe Journey and Tight Lines.

Tips from the Golf Doctor

of Halton Hills by Terry Miskolczi

As was noted last week, I will begin to discuss the basic fundamentals of golf. Observe the steps carefully because they will determine how and where you will strike the golf ball.

The first basic—ALIGNMENT—will be the first of a six part preparation program. In the next six weeks I will be discussing in order 1. Alignment 2. grip 3. stance and ball position 4. Posture 5. tension 6. stability (balance).

As was noted earlier alignment will be our first basic. Like pulling the trigger of a gun or shooting an arrow at the bullseye, golf is also a game where one must be able to aim correctly in order to hit the fairway, green or hole.

In golf, you aim, by placing the face of the golf club at the intended line of play. In other words whether you have a three foot putt or a 250 yard / metre drive, in order to have a chance of getting the ball there you must be able to place the golf club on that line.

Everyone has the talent to play good golf, but an important factor of not being able to aim the golf club will prohibit you from realizing that goal. Remember. Aim the club first, then leaving the club on the ground, place your hands on the golf club, establish your feet and ball position, then place your body on a line parallel to the target line. You are now ready to FIRE.

As each week goes by and you may not understand what is being said, feel free to give me a call or just come on over to Silvercreek. I'm here to help you play golf and play it to the best of your abilities.

Until next week—Enjoy.



Mayor Peter Pomeroy was at the Silvercreek Golf Centre on Saturday to wish pro Terry Miskolczi the best of luck in the new venture.

Rugby Redmen thump Rebs 16-0

The Acton High School rugby season started well last Wednesday with a senior Redmen victory over Georgetown at home. The Acton squad won the game by a 16-0 final score.

Tony Saxon, Rick Dodds and Paul Nolan all counted tries for the local side in the win. Tony Wright kicked two converts.

Acton hosted Guelph Centennial on Thursday, dropping all three matches by close scores.

The midget Redmen lost 9-3. Jamie Lawson, with a penalty kick, registered the Acton points.

The juniors dropped a 17-6 decision to Centennial. Steve Taille fer had the lone Acton try in this one. Richard Kilpatrick booted the convert.

The senior Redmen were defeated 3-0. A last-minute penalty kick by Guelph was the difference.

All three teams were beaten by Chingacousy at home on Friday afternoon. The midgets and seniors both lost by identical 16-0 scores, while the junior Redmen dropped a close 3-0 score to the visiting side. Acton hosted Guelph Collegiate yesterday (Tuesday) in another tripleheader.

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