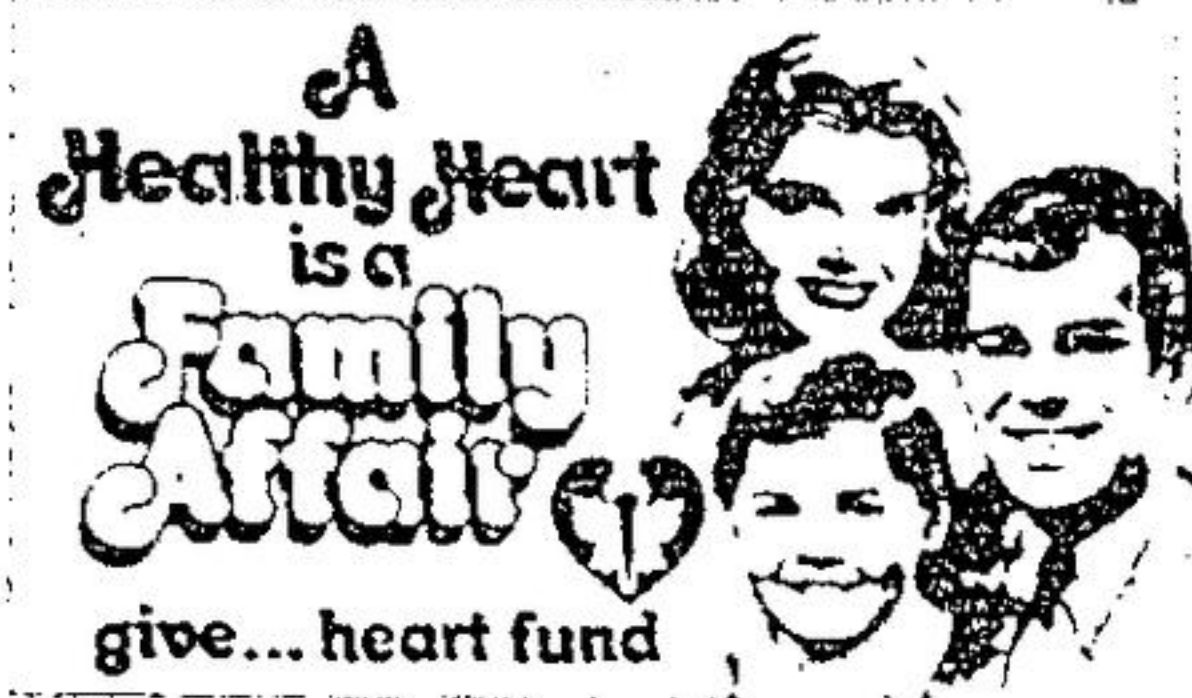


Deals



Miracle's Select Quality Meats

Save .90 lb.



Cut from Canada Grade A Beef Chuck

3.00 per kg

1.36 per lb.

Blade Roasts

Blade bone removed - 4-6 lb. size

Limit 2 per family purchase.

Save .70 lb.



Made from 100% Beef

3.28 per kg

1.49 per lb.

Medium Ground Beef

Cut from Canada Grade A Beef

Blade Steaks

Best when fried with liquid

3.28 per kg

1.49 per lb.

Veal Loin Chops **5.93** per kg **2.69** per lb.

Cut from the Leg

Veal Scallopini

8.80 per kg

3.99 per lb.

Cut from the shoulder

Veal Chops **3.73** per kg **1.69** per lb.

Utility Grade

Fresh Jumbo Roasting Chickens

5-7 lb. size

2.62 per kg

1.19 per lb.

Smith's Premium or Lazy Maple Bacon 500 g pkg **2.89**

- Veal Rib Chops **5.49** per kg **2.49** per lb.
- Miracle Food Mart Pure Beef Patties frozen **3.51** per kg **1.59** per lb.
- Cello Packed Schneiders Steakettes 500 g pkg **2.69**
- Schneiders Beef Burgers 1 kg pkg **5.79**
- Schneiders Old Heidelberg Salami 500 g pkg **3.29**
- Pure Pork or Pork & Beef Schneiders Country Good Sausage 500 g pkg **2.69**
- Seafresh Fish Sticks 350 g pkg **1.59**
- Seafresh Fish in Batter 350 g pkg **1.39**
- Seafresh Fish & Chips 900 g pkg **2.59**
- Miracle Food Mart or Swift Premium Wieners 454 g pkg **1.59**
- Miracle Food Mart or Swift Premium Cooked Ham 175 g pkg **1.79**
- Swifts Sugar Plum Ham 125 g pkg **1.39**
- Swifts Sugar Plum Dinner Hams **7.47** per kg **3.39** per lb.
- Swifts Premium Cottage Rolls **5.71** per kg **2.59** per lb.
- Swift Lazy Maple Sausages 500 g pkg **2.49**
- Seafresh Italian Sausage **6.37** per kg **2.89** per lb.
- Pilars Canadian Back Bacon 125 g pkg **1.29**

Save .90 lb.



Cut from Canada Grade A Beef

3.95 per kg

1.79 per lb.

Cross Rib Roasts

Save 1.00 lb.



Product of Chile Canada No. 1 Grade

2.18 per kg

.99 per lb.

Seedless Grapes

Our regular price \$1.99 lb.

The Deli & B.B.Q.

Country Market Fresh Produce

Canadian Queen

Deli Sliced Cooked Ham

.57 per 100 g **2.59** per lb.

Canadian Queen **Deli Sliced Lunch Meats** **.44** per 100 g **1.99** per lb.

Chicago '55' **Corned Beef or Pastrami** **.99** per 100 g **4.49** per lb.

By the Piece **Siena Genoa Salami** **.66** per 100 g **2.99** per lb.

Product of Austria **Edam Cheese Balls** **.66** per 100 g **2.99** per lb.

Product of U.S.A. California



Navel Seedless Oranges Size 113

12/.99


Product of U.S.A.



Fresh Romaine Lettuce

.69 each

Product of U.S.A. or B.C. Canada Fancy Grade



Anjou Pears

1.74 per kg **.79** per lb.

- Product of Ontario Canada No. 1 Grade **Waxed Rutabagas** **2/1.00**
- Product of U.S.A. **Florida White or Red Grapefruit** **8/1.99**
- Product of U.S.A. **Green Onions or Radishes** 6 or bag **2/.88**
- Fresh from the Tropics **Large Size Bananas** **1.08** per 100 g **.49** per lb.
- Product of U.S.A. **Fresh Avocados** each **.99**
- Product of U.S.A. Canada No. 1 Grade **Tomatoes** 1 1/2 lb tray **1.69**
- Product of Ontario **Fresh Mushrooms** **1.59** B.O.F. CUP
- Product of U.S.A. **Fresh Brussel Sprouts** **2.18** per kg **.99** per lb.
- Product of Ontario **Cole Slaw** 8 or bag **.59**
- Product of P.E.I. Canada No. 2 Grade **Netted Gems Potatoes** 10 lb bag **1.79**

The Bakery

Miracle Food Mart **Plain, Cinnamon or Sugar Cake Donuts** pkg. of 12 **.99**

12 TASTY DONUTS

Flamingo Butter Tarts pkg. of 12 **1.89**

Bamby White Bread 450 g loaf **.79**

Bake-Rite Apple Strudel 425 g pkg **1.19**

Steinberg Lemon Pie 370 g pkg **1.69**

Visit our in-store bakery for fresh bakery products.

Tobler Assorted Rolls **12/1.29**

Product of Chile



Sweet Nectarines

2.18 per kg **.99** per lb.

Product of Chile Canada No. 1 Grade



Plums

2.18 per kg **.99** per lb.

Product of Ontario Canada No. 1 Grade



Carrots or Yellow Onions

2 lb. bag **2/1.00**

- #### Valentine Plants
- Potted Mums** 6 inch pot **4.99**
 - Reiger Begonia** 6 inch pot **1.99**
 - Valentine Ivy** 4 inch pot **2.49**
 - Primulas Flowering Plant** 4 inch pot **1.99**