

Loblaws

plus...save & fly travel coupons

<p>300 g pkg Valuplus side bacon 2.69</p> <p>cooked smoked boneless dinner hams 7.25 3.29</p> <p>oven sliced lamb liver 2.18 .99</p> <p>broiled pork whole pork tenderloin 7.69 3.49</p> <p>bone in cooked smoked ham slices 4.17 1.89</p> <p>9 varieties ziggy's mini chubs 2.19</p> <p>175 g pkg ziggy's cooked ham 1.99</p> <p>375 g pkg Loblaws variety pack 1.89</p> <p>Loaves and all beef bologna 1.89</p> <p>454 g pkg Valuplus wieners .99</p> <p>1 lb. (454 g) pkg frozen sole fillets 3.99</p> <p>product of U.S.A. California navel oranges 1.88</p> <p>product of U.S.A. romaine lettuce .79</p> <p>product of U.S.A. California grown avocado 2/99</p> <p>product of Chile new crop nectarines 2.18 .99</p> <p>product of Chile green seedless grapes 4.39 1.99</p> <p>product of U.S.A. green onions 3/99</p> <p>product of U.S.A. Canada #1 grade cauliflower 1.69</p> <p>product of Ontario green plants 1.29</p> <p>product of Ontario potting soil .99</p> <p>10 lb. bag whole mushrooms .89</p> <p>Ocean Spray 40% off the cranberry cocktail 2.39</p> <p>10 oz. jar Mother Parker's instant coffee 4.99</p> <p>340 g jar chocolate or natural flavour Ovaltine 2.89</p> <p>100 mg. 12 piece gourmet dog dinner 5.29</p>	<p>fresh chicken quarters leg quarters or breast quarters wing on kg 1.96 b. .89</p> <p>prime rib roasts cut from Canada grade A beef 1st 5 ribs kg 5.71 lb. 2.59</p> <p>cooked, smoked hams partly skinned whole or shank portion kg 3.06 lb. 1.39</p> <p>fresh product of U.S.A. broccoli bunch .58</p> <p>product of Ontario, Canada fancy grade red delicious apples 3 lb. bag .99</p> <p>product of U.S.A. Canada #1 grade celery stalks ea. .69</p>	<p>Bye the Sea tuna flaked light 6 1/2 oz. tin .89</p> <p>with this coupon \$1.00 off the special price of one 1 L bottle of Heinz ketchup. Limit one coupon per family purchase. Coupon expires Tuesday, Feb. 8, 1983. Coupon valid only at Loblaws. Heinz, 1 L bottle P.L.U. #891 Special price 2.59 with coupon you pay 1.59 keg o'ketchup 1.59</p> <p>100% off</p> <p>1b frozen, concentrated, unsweetened orange juice 12 1/2 fl. oz. tin .49</p> <p>Liberty vegetable oil 3 L bottle 2.99</p> <p>Monarch flour all purpose or pastry 2.5 kg bag 1.69</p> <p>White Swan facial tissue assorted colours 2 ply 200's box .69</p>	<p>Category automatic dishwasher detergent 4.35</p> <p>unscented or unscented Bounce fabric softener sheets 5.39</p> <p>30's box Confidets maxi pads 4.19</p> <p>Neelon assorted varieties ice cream novelties 1.99</p> <p>stone ground 100% whole wheat or country grain milled Canadiana bread 24 oz. loaf .85</p> <p>in tomato sauce, vegetable or with pine and mushrooms Heinz beans 14.8 oz. tin .89</p> <p>reconstituted Realemon lemon juice 1.43</p> <p>Assorted blends ground coffee 3.69</p> <p>Lunch 500 g tin olde style hot chocolate 1.99</p> <p>orange lemon 2 cut Red Rose tea bags 2.15</p> <p>General Mills cheerios cereal 300 g box 1.57</p> <p>reconstituted Granny Smith apple juice 1.19</p> <p>California style dip-a-chip 12 x 8 oz. tub .83</p> <p>180 lbs Diet Imperial margarine 1.15</p> <p>1 1/4 lb. tub Imperial margarine 2.99</p> <p>12 1/2 x 8 oz. tub Granny Smith apple juice 1.34</p> <p>assorted varieties Chun King dinners 11 oz. box 1.99</p> <p>honey Stouffer's meat pies 1.99</p> <p>350 g (12.3 oz) pkg Chipts chips 1.99</p> <p>400 g (14.1 oz) box McCormick's biscuits 1.79</p>
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<p>cut from Canada grade 'A' beef rib steaks kg 6.59 lb. 2.99</p> <p>product of B.C. or U.S.A. Canada extra fancy grade red or golden delicious apples kg 1.30 lb. .59</p> <p>assorted varieties Primo pasta 900 g cello bag .99</p> <p>plain 28 fl. oz. tin Primo spaghetti sauce .99</p> <p>Beaunce assorted flavours fruit bottom yogourt 175 g cup 2/99</p>	<p>Tasty King Brand corned beef brisket kg 5.27 lb. 2.39</p> <p>product of U.S.A. Canada fancy grade anjou pears kg 1.94 lb. .88</p> <p>100% whole wheat bread Weston, 1882 stone milled sliced, 24 oz. loaf .92</p> <p>Imperial, (2 x 8 oz. tubs) soft spread margarine 1 lb. sleeve or 1 lb. tub 1.29</p> <p>White Swan assorted colours bathroom tissue 1 ply, 4 roll pkg 1.49</p>
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save & fly travel coupons

30% off the lowest priced holidays

save & fly \$5 travel coupons one free with every \$50. Loblaws order

Save & Fly Holiday Package Pricing Policy: Air Canada Touram Save & Fly Holiday Package price will be subject to government approval, be as low as or lower than any comparable holiday package regular price to the same destination from the same point of origin offered by any of its major competitors. List of major competitors may be obtained from Air Canada Touram. See your participating travel agent or Air Canada for details. Prices subject to change without notice. Check with your travel agent for more up to 30% off destinations. *Holiday packages dependent on availability and time of year.

low price specials

250 ml. size wet soap for shower 2.19	128 ml. tube Aquafresh toothpaste 1.39	1 litre tube Lypsyl for chapped lips .89	100 ml. tube Impulse body spray 2.99	16 oz. bottle shampoo or conditioner 1.89	128 ml. tube hair dressing 2.59	product of U.S.A. pressed dates 2.29	no name 10 kg bag super de-icer traction aid 2.69
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more low price specials

Pepsi-Cola (reg.) PepsiFree (regular or sugar-free) Diet Pepsi (sugar free) or Mountain Dew 5.99

no name 227 g box
beef steakettes or burgers 7.49

product of Ontario 1100 of
no name firelogs 7.99

product of U.S.A. fresh lemons 5/99	Clover Leaf 7 3/4 oz. tin pink salmon 1.65	super sword edge 5's pkg. Wilkinson razor blades 1.19	Baden XXX 227 g stix havarti or mozzarella cheese 1.89	Bick's 32 fl. oz. jar wine sauerkraut 1.49	General Mills cereal 375 g box Coco Puffs or Lucky Charms 2.29
product of U.S.A. Canada #1 grade red grapes kg 2.18 lb. .99	powdered 3 L box Bold 3 laundry detergent 2.99	(with Vitamin C) 10's box Neo Citran 'A' 2.79	frozen blueberry 11 oz. box Kellogg's eggo waffles 1.31	stopy pest seasoning or spaghetti sauce 1.5 oz. envelope French's mixes .64	Neelon Jersey Mix Virginia Supreme Bunt Almond or Rosebud's 85 g bar family size candy bars .89
product of Ontario coleslaw 2/99	Javex stain away 600 ml. bot. soil and stain remover 2.39	Baden XXX 12 oz. pkg. Colby or farmers cheese 2.79	Neilon 500 g tub light cottage cheese 1.59	French's 1-3/4 oz. envelope chili-o seasoning mix .69	<p>Note: Loblaws weekly specials are not available in Loblaws superstore warehouses. Prices effective Wed Feb 2 and Tues Feb 8 except bakery & produce effective to Sat Feb 5. All stores reserve the right to limit quantities.</p> <p>Loblaws</p>