



Canada's food industry and Ontario food retailers have joined forces with the Variety Club of Ontario in aid of the Variety Village Sport Training and Fitness Centre for disabled youth. Participating in the kick-off for the Cash for Kids promotion at Variety Village recently were (left to right): Brian Y. Davidson, Senior Vice-president, Loblaw's Companies; John James, Executive Vice-president, Milmac Communications Inc.; Roger Acton, Vice-president of Marketing, Dominion Stores; Charles Shatsky, President, A.S. May & Co. Ltd.; Irene Wilson, Variety Village; John P. Dunne, Director of Grocery Merchandising, A&P; Douglas Stewart, Vice-President of Marketing, Miracle Food Mart; Doug N. Lunau, President, Intervale.

Workshops on aging start in Feb.

Hard economic times and social change have made the promise of retirement both uncertain and unclear. More than ever, individuals approaching retirement are wanting to know how to prepare for these years and realize that planning must be done and knowledge acquired long before that magic "65" appears.

North Halton Social Planning Council is presenting a series of workshops for all adults starting in February to build skills and develop resources for "successful aging."

"Stress in Later Years" will be the topic of Session No. 1 with Paul Bennett and will focus on recognizing and dealing successfully with events and situations likely to occur as one ages. Mr. Bennett's presentation will be followed by a question and answer period. "Stress in Later Years" will be held at Georgetown District High School on Monday, February 21 beginning at 7:30 p.m. The fee is \$1.50.

The important but often misunderstood role of self-awareness and intimacy of the older adult will be discussed in a one day seminar by lecturers Jaye Larry and Linda Longman. Titled "Sexuality-Values and Relationships in the Later Years," the day will comprise of four workshops: Introduction-Values and Relationships, 2) Communication Skills, 3) Sexuality and Relationships, 4) Film (T.B.A.), 5) Touching, 6) Maturing Years.

This seminar will be held on Saturday, March 12 at the Glen Williams town hall with registration at 9:30 a.m. It will be an all day session, so people are being asked to bring their own lunch. Coffee and tea will be provided. The fee for this day is \$3.

Workshop Leaders
Paul Bennett is a social worker on contract with COHR Family Service, Burling-

ton and Milton, providing individual, marital, family and adolescent counseling. Mr. Bennett spent eight years in psychiatric counseling at McMaster University Medical Centre and Joseph Brant Memorial Hospital. He is a member of the Board of Directors of the Ontario Psychogeriatric Association and has served on the Gerontology Task Force, School of Social Work, McMaster University. A firm believer in the effectiveness of group work he has led many workshops giving participants a unique

opportunity for self-discovery, growth and change as well as an opportunity for developing new skills.

Jaye Larry has presented a number of "Human Sexuality and Enrichment" programs in the Hamilton area. In addition to his training as a registered nurse in his homeland, South Africa, Jaye also did post-graduate work in England before coming to Canada. At McMaster University, he received his diploma in Clinical Behavioural Sciences with a special in Human Sexuality. Jaye has also participated as group leader in Toronto, New York and Chicago.

Linda Longman trained as a registered nurse at St. Catharines, General Hospital and was for three years, involved in outpatient Gynecology and Fertility Clinics Gynecology Counselling at McMaster Medical Centre. Human Sexuality.

For further information please call 677-3219.

Police complaint procedure outlined

Any citizen of Halton with a complaint against a police officer or the force in general, can be dealt with at the local district level, Police Chief James Harding told the Board of Commissioners Thursday.

Commissioner Ric Morrow told the chief many people do not know the complaint procedure, which is outlined in a pamphlet available at local district offices.

Harding told commissioners the complainant has to write out the complaint and give it to the staff sergeant on duty at the local district office. "His goal is to be an unscrupulously objective as possible," said the chief.

"He writes me a report and there could be an action taken against the officer, but the complainant is advised in writing about the decision," Harding explained, adding if the complainant does not agree with the decision, he can talk to the chief, or the board of commissioners, the Ontario Police Commission or the Ombudsman.

Meanderings

by Mabel Barkman

This winter we have not had great numbers of birds at our feeding station.

There have been the usual chickadees, juncos, blue jays, tree sparrows, English sparrows and woodpeckers. It was with great delight that when I looked out yesterday I saw a large flock of sparrow-like birds covered with a bright rosy hue. I remembered a friend saying to me once that if we ever saw birds that looked as if they had been dipped in raspberry juice it would be the purple finches. So the purple finches have arrived and they are an added color to the yellow evening grosbeaks and the bright red cardinals.

I'll never forget the thrill I had one year seeing snow buntings and pine grosbeaks.

Readers can save money and help disabled children

Today's paper contains a "Cash for Kids" coupon booklet with more than \$10 in savings on nationally branded grocery products.

Coupon clippers can help the Variety Club of Ontario raise a projected \$500,000 in support of disabled children through this month's Cash for Kids coupon program.

Canada's food industry and Ontario food retailers have joined forces with the club in aid of the Variety Village Sport Training and Fitness Centre in Scarborough.

For each coupon consumers redeem, participating companies will donate 15 cents directly to the training centre for Ontario's disabled youngsters.

Each food company involved has pledged a minimum of \$5,000 per product against the \$500,000 expected to be raised.

The \$2.2-million centre was opened by the Variety Club in 1981 and is the first of its kind in North America. It gives Ontario's disabled children a chance to participate in 55 sports activities designed to improve their physical and mental well-being.

The Cash for Kids coupon book is available in the area only in this newspaper and other community newspapers published by Metroland Printing and Publishing Ltd.

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Region briefs

Welfare caseload up

The number of people collecting welfare last year in Halton increased 22.6 per cent over 1981, prompting the region's Social Services department to project the 1983 caseload will go up a further 29 per cent by the end of this year.

But David Swarc, income manager for the Social Services, cautioned council in a report that these figures are tentative and may alter as the economy changes.

"Remember it is a symptom of the economy," explained Swarc, adding the increase "is very significant in Halton."

In 1981, there were 7,700 people collecting welfare and the following year it jumped to 9,500. By the end of 1983, Social Services has projected they will be handling about 12,000 people on welfare.

The increase last year meant the department overspent about 11 per cent, because the 1982 projection was low. According to Swarc, the overexpenditure was covered because there was a decrease in some programs, like the Juvenile Commitments which were 100 per cent subsidized.

Lot levy issue deferred

A recommendation dealing with regional levies being collected from Georgetown Developments Limited for the Pennington Crescent and Mountainview Rd. development was deferred at last week's regional administration and finance committee meeting, pending a report from the regional solicitor on February 16.

The recommendation stated that only three regional levies be collected from the development, instead of six.

Initially, developer Al Piliutti asked Town council to waive six lot levies because the development was part of the Deirex agreement. The Town's solicitor, Fred Helson, stated that in his opinion, the municipal lot levies are illegal.

Regional treasurer Joe Rinaldo stated in a report to committee that new growth in the region and the subsequent demand on services was the justification for regional lot levies.

Ministry's position firm

The Ministry of Transportation and Communications will not alter their position on constructing more guide signs for Nor Halton Campgrounds at Guelph Line and Highway 25.

Because of the Ministry's unwavering position, the region has decided "not to pursue this matter any further."

Councillor Russ Miller, who asked on behalf of Marvin Barber, the Ministry to construct more signs to make the campgrounds easier to find, said he was disappointed in the result.

"It's a disappointment to me and the Town of Acton," said Miller, "but I guess there's not much we can do." Public works has agreed to construct three small signs along Guelph Line.

The letter from the Ministry of Transportation and Communications stated they will not reconsider their position.

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