

Loblaws

plus...save & fly travel coupons

ground beef freshly ground regular kg 2.18 lb. .99	chickens frozen pre-dressed utility grade frying or roasting 1 to 2 kg size oven ready kg 1.74 lb. .79	Valuplus 454 g pkg. wieners .99
lean ground beef freshly ground kg 4.17 lb. 1.89	boneless chicken breasts fresh pay only 8.36 kg lb. 3.79 1.00 off	Schneiders 500 g pkg. frozen regular mini sizzlers Schneider's brand sale in-store 1.99
stew beef boneless cut from Canada grade 'A' beef kg 4.17 lb. 1.89	ground veal freshly ground kg 4.17 lb. 1.89	chicken thighs frozen Family Delight Brand sold only as packaged 2 kg box .99
	grade A cornish chickens frozen pre-dressed kg 3.28 lb. 1.49	Canadian roast sweet pickled back bacon centre cut kg 5.49 lb. 2.49
		back bacon sweet pickled store packaged sliced kg 5.93 lb. 2.69

pork leg roasts fresh whole or shank portion kg 3.06 lb. 1.39	strip loin steaks frozen no name™ tenderized 142 g pkg. 1.39	frozen whole dressed whitefish head on kg 2.18 lb. .99
pork schnitzel fresh cut from the loin pay only 6.37 kg lb. 2.89 1.00 off	filet mignon cut from Canada grade 'A' beef tenderloin whole kg 13.21 lb. 5.99	sole fillets frozen store packaged kg 5.27 lb. 2.39
pork chops fresh shoulder butt kg 3.51 lb. 1.59	pork loin boneless roast centre cut save 1.00 kg 6.37 per lb. 2.89	rib eye steaks frozen no name™ tenderloin 142 g pkg 1.39
	filet mignon steaks cut from Canada grade 'A' beef tenderloin store sliced kg 15.41 lb. 6.99	fillets Boston Bluefish frozen store packaged kg 3.06 lb. 1.39
		peeled and cleaned shrimp frozen no name™ 100 to 300 count per pound 454 g pkg 4.59

apple juice Martin's Pure choice, 48 fl. oz. tin .88	White Swan paper towels assorted colours, 2 ply, 2 roll pkg. .88	white grapefruit product of U.S.A. Florida grown pay only 9.99 1.12 price
facial tissue assorted colours, 2 ply, 200's box .88	large size tomatoes product of U.S.A. Canada #1 grade kg 1.30 lb. .59	potatoes product of P.E.I. Canada #1 grade 20 lb. bag 1.99
cereal Nabisco shreds 675 g box 1.83	white liquid honey Billy Bee 500 g jar 1.99	tea bags Telley 36's, 4 oz. box 1.17
		navel oranges product of U.S.A. California 4 lb. bag 1.88
		broccoli product of U.S.A. fresh bunch .99
		nectarines product of Chile new crop kg 2.18 lb. .99

more Loblaws low price specials

Peek Freans biscuits .79	premium orange juice .99	Farm House cream pies 12 oz. box 1.49	Schneiders frozen regular mini sizzlers 1.99	Maple Leaf 6.5 oz. tin flakes of turkey ham or corned beef 1.99	12 wing steaks 14.98
Pep dog food .56	Green Giant frozen vegetables .79	apple crumb pie 2.19	no name™ product of Ont. super de-icer traction aid 2.69	Robin Hood 3.5 kg bag all purpose flour 4.15	Coca-Cola or Sugar Free Tab Cola, Sprite or Fresca 5.99
Top Choice dog food 3.99	potato chips .99	Rich's coffee rich .49	product of U.S.A. pressed dates 2.29	regular 400 g box Grissol melba toast 1.99	product of Ont. no name™ fire logs 7.99
Irish Spring deodorant soap 1.15	special menu cat food 2.09	Rhodes frozen white bread dough 2.79			
bathroom tissue 1.49	new and improved Kitty litter 2.35	Grandma Martin's frozen quiche lorraine 1.59			
feminine napkins 2.29	9-Lives cat food 2.89	Cheetos cheese sticks 1.29			
Colgate toothpaste 1.39	boutique paper towels 1.79	Jacks 225 g bag cheese balls or twists 1.29			
Halo shampoo 1.24	with meat sauce spaghetti 1.99	corn chips 1.69			

30% off the lowest priced holidays

save & fly \$5 travel coupons one free with every \$50 Loblaws order.

AIR CANADA TOURAM INC. complete details in store

fresh mushrooms 1.98	Welch's grape juice 2.49	McCain superfries 2.15	York 7.8 oz. tin corn or fancy peas 2.99	Fortune fancy 28 g. tin peach slices, fruit cocktail or bartlett pear halves 1.39	Old Mill rolled oats 1.59
McIntosh apples 1.99	pure grape jam or jelly 1.69	deep n' delicious cake 2.39	Van Camp's beans 10.1 oz. tin .63	Fortune 12 oz. tin (Australia) corned beef 1.99	Manitou (increase dough level) Added Touch cake mix 1.09
floor plants 11.95	Lancia egg noodles .99	Gay Lea chip dip .99	McCain reconstituted apple juice or revive citrus beverage 1.25	Red Rose 100's economy tea bags 2.09	Manning 350 g box arrowroot biscuits 1.65
celery stalks .88	white pea beans 1.09	Coca-Cola, Sprite (regular) or Tab Cola (sugar free) 1.5 L. bottle (plus 60¢ deposit) .99			
spinach .98	Aerowax furniture polish 2.14	soft drinks .99			
Belgium endive 4.39	crest toothpaste 2.25	Weston white, (thin or regular) sliced 24 oz. loaf white or 60% whole wheat bread .87			
		assorted varieties 10 oz. tin Stokely vegetables .59			

Loblaws supports Y.W.C.A.



Note: Loblaws weekly specials are not available in Loblaws superstore warehouse. Prices effective Wed. Jan. 26 until Tues. Feb. 1 except bakery & produce effective to Sat. Jan. 29/83. Stores reserve the right to limit quantities.