

**GET YOUR METRO ZOO FAMILY PASS**  
 With a minimum purchase of \$10.00  
**SAVE \$1.00 ON ADMISSION**  
 per family member at the zoo with each family coupon plus each family member gets a free hot drink from McDonalds.  
 (Zoo location only.)



# SUPER

## Miracle's Grocery Super Deals

- Assorted Varieties **Duncan Hines Cake Mixes** 1.39  
250 g pkg.
- Coffee Whitener **Carnation Coffee Mate** 2.99  
750 g box
- Gay Lea **Chip Dip** .89  
250 g ctn.
- Assorted Varieties Sealtest **Light N Lively Yogurt** .59  
175 g ctn.
- Sealtest **Orange Juice** 1.79  
2 litre bag
- Welchde **Grape Drink** 1.19  
48 fl. oz. tin
- Corn Oil, Sunflower Oil or Unsalted Corn Oil **Fleishmann's Soft Margarine** 1.49  
248 oz. pkg.
- Frozen Peas, Corn or Mixed **Miracle Food Mart Vegetables** 1.99  
1.5 kg bag
- Frozen Assorted Varieties **McCain French Fries** 1.33  
1 kg bag
- Old London **Melba Toast** .89  
200 g pkg.
- Frozen Assorted Varieties **Pepperidge Farm Layer Cakes** 1.49  
12 oz. pkg.
- Frozen **Brookpark Dinners** 1.39  
11 oz. pkg.
- Miracle Food Mart **Sockeye Salmon** 2.09  
7.75 oz. tin
- Miracle Food Mart **Pink Salmon** .79  
3.75 oz. tin
- Kraft Soft **Philadelphia Cream Cheese** 1.49  
250 g tub

**Kellogg's Corn Flakes**  
875 g box

**1.49**

Save .26

Grapefruit, Apple or Orange **Everfresh Juice** 2 litre jug **1.69**

Save .26



Canada Grade A **Large White Eggs** .99  
1 dozen carton

Limit 2 dozen per family purchase. Price effective until Sat. Jan. 29th only.

Save .59



**QUAKER OATS**

Quick (1 kg bag) or **Quaker Minute Oats** each .99  
900 g bag

Assorted Grinds **Nabob Ground Coffee** 2.69  
369 g Vac Pac

Polyfoam **Cups** .79  
pkg. of 51

Save .70



Top Quality **Cloverleaf Sockeye Salmon** 1.99  
each 7.75 oz. tin

Save .26



**Champlain White Sliced Bread** .49  
675 g/24 oz. loaf

Limit 4 loaves per family purchase. Price effective until Sat. Jan. 29th only.

All Purpose **Five Roses Flour** 2.99  
3.5 kg bag

**Tenderflake** .99  
Lard 1 lb. pkg.

## Miracle's Grocery Direct Deals

- Bravo Vegetable Oil** 3.49  
3 litre jug
- Swift's **Canned Ham** 4.99  
1.5 lb. tin
- Milk Mate **Chocolate Syrup** 2.39  
700 mL bd.
- Bravo Solid **Light Tuna** .79  
3.5 oz. tin
- Unico Italian **Round Rice** 1.19  
1 lb. pkg.
- Chocolate **Nutella Spread** 1.49  
185 g jar
- Unico Red **Kidney Beans** .99  
28 fl. oz. tin
- Pkg. of 3 Bath Size **Zest Deodorant Bar Soap** 2.29  
450 g pkg.
- Old Dutch **Cleanser** .59  
400 g tin
- Downy **Fabric Softener** 4.49  
3 litre jug
- Chick Peas, Romano Beans, Lentils, Red or White Kidney Beans **Primo Beans** .59  
18 fl. oz. tin
- Strawberry or Raspberry **Laura Secord Pure Jam** 2.49  
100 mL jar
- Perrier **Mineral Water** .99  
600 mL bc.

Save .66



**Player's Cigarettes** 11.99  
All Popular Brands' Carton of 200 KING SIZE 12.09 REGULAR SIZE

WARNING: Health & Welfare Canada has determined that cigarette smoking can be hazardous to your health. Avoid inhaling.

Save .90



**Peanut Butter** 1.29  
Smooth or Crunchy Miracle Food Mart 500 g jar

- Mom's Soft **Margarine** .79  
1 lb. tub
- Behold **Furniture Polish** 3.33  
350 g tin
- Mr. Muscle **Oven Cleaner** 2.49  
475 mL tin
- Forest Pine or Powder **Air Care Aerosol** 1.19  
200 g tin
- Drano Liquid **Drain Cleaner** 1.88  
900 mL cont.
- Assorted Colours 1 Ply **Miracle Food Mart Bathroom Tissue** 2.79  
8 roll pkg.
- Johnson & Johnson **Baby Powder** 2.99  
400 g cont.
- Pepsodent **Toothpaste** 1.89  
150 mL tube
- Assorted Varieties **Right Guard Antiperspirant** 1.99  
200 mL tin
- Warm N Glo **Firelogs** 6.99  
5 lb. pkg. of 6
- Miracle Food Mart **Windshield Washer Antifreeze** 1.59  
4 litre jug
- Miracle Food Mart **Panty Hose** .88  
pkg. of 1 One Size fits Small to Large
- Pasta **Catelli Spaghetti Sauce** .99  
28 fl. oz. bc.

Save .64



**Salada Tea Bags** 1.69  
Orange Pekoe pkg. of 60 each

Save .60



**Schneider's Cheese Slices** 2.99  
Process Cheese Food 500 g pkg. pkg. of 16 each

Save .30



**Jaffa Crown Orange Juice** .69  
Frozen Concentrated 12.5 fl. oz. tin each

Save .96



**Hereford Corned Beef** 1.99  
340 g tin each

Assorted Varieties **Laura Secord Mini Puddings** 1.49  
4x5 fl. oz. tins

Redi-Cut Macaroni or Spaghetti **Catelli Pasta** .69  
500 g box

With Gathers Extra Absorbent 24's or **Pampers Daytime Diapers** 3.99  
pkg. of 30

Regular or Deodorant **New Freedom Mini Pads** 1.99  
pkg. of 30