

Deals

ENTER THE METRO ZOO CONTEST

Win one of two free family trips* and accommodation to Miami via Eastern Airlines. To enter draw, deposit your Family Pass Coupon at the Metro Zoo.

EASTERN

Miracle's Select Quality Meats

Save .70 lb.



Part Back Attached
Fresh Chicken Legs

1.96 per kg
1.89 per lb.

Save 1.00 lb.



Fresh Ontario Quality Pork
Leg of Pork Roasts
Butt Portion

2.18 per kg
1.99 per lb.

Fresh Ontario Quality Pork
Whole Leg of Pork

2.84 per kg
1.29 per lb.

Fresh Chicken Wings **2.84** per kg **1.29** per lb.

Mortimer's Haggis **6.59** per kg **2.99** per lb.
Available in selected stores

Mortimer's Beef Pies pag. of 2 **1.29**
Available in selected stores

Tasty King Corned Beef **5.49** per kg **2.49** per lb.
Vac Pack - 2-3 lb. size

Schnelders Bucket of Chicken 500 g pkg. **5.79**

Fresh Ontario Quality Pork
Whole New York Shoulder **3.06** per kg **1.39** per lb.

Save .60 lb.



Part Back Attached
Fresh Chicken Breasts

2.84 per kg
1.29 per lb.

Save .80 lb.



Lean Ground Beef

4.17 per kg
1.89 per lb.

Sliced Beef Liver

1.52 per kg
.69 per lb.

Fresh Ontario Quality Pork
Leg of Pork Roasts Shank Portion **2.62** per kg **1.19** per lb.

Schnelders Meat Pies 250 g pkg. of 2 **1.49**

Town Club Sliced Side Bacon 500 g pkg. **2.39**

Town Club Round Dinner Ham **5.93** per kg **2.69** per lb.

Canadian Queen Pure Pork Sausages **4.17** per kg **1.89** per lb.

Canadian Queen Sliced Lunch Meats 375 g pkg. **1.79**
Meat & Cheese, Chicken or Bologna

Canadian Queen Sliced Lunch Meats 375 g pkg. **1.89**
Minced Ham or Variety

Canadian Queen Cooked Ham 500g - 175 g pkg. **1.69**

Cut from the Leg
Pork Schnitzel
Thin sliced boneless pork

4.39 per kg
1.99 per lb.

Fresh Siena Italian Sausage **5.93** per kg **2.69** per lb.

Piller's Smoked Sausage or Pepperoni Vacuum Packed **8.57** per kg **3.89** per lb.

Quick Frozen Atlantic Mackerel **1.52** per kg **.69** per lb.

Country Market Fresh Produce



Tomatoes
Product of U.S.A.
Canada No. 1 Grade
Large Size

1.30 per kg
.59 per lb.

Save .20 lb.



Sweet Nectarines
Product of Chile

2.18 per kg
.99 per lb.

Save .60 lb.

Product of Ontario
Canada No. 1 Grade
Potatoes 10 lb. bag **1.29**

Product of Morocco
Clementine Oranges **2.18** per kg **.99** per lb.

Product of U.S.A.
Green Onions or Radishes 8 oz. bag **2/.88**

Product of U.S.A.
Fresh Broccoli each **.99**

Product of U.S.A.
Canada No. 1 Grade
Florida Juice Oranges 5 lb. bag **2.49**

Product of U.S.A.
Canada No. 1 Grade
Head Lettuce each **.79**

Product of Ontario
Canada Fancy Grade
McIntosh Apples 3 lb. bag **1.59**

Product of U.S.A.
Canada No. 1 Grade
Red Grapes **2.18** per kg **.99** per lb.



Spinach
Product of U.S.A.
Washed & Trimmed
10 oz. bag

.59

Save .40



Green Cabbage
Product of Ontario
Canada No. 1 Grade
Jumbo Size

2/1.00

Save



Waxed Rutabagas
Product of Ontario
Canada No. 1 Grade

2/1.00

Save

Product of U.S.A.
Florida White or Red Grapefruit **8/1.99**

Product of Ontario
Fresh Mushrooms 8 oz. cwp **1.59**

Product of Ontario
Fresh Cole Slaw 8 oz. bag **.59**

Product of U.S.A.
Avocados each **.99**

Product of U.S.A.
Sweet Yams **.86** per kg **.39** per lb.

Product of U.S.A.
Canada No. 1 Grade
Celery Stalks each **.79**

Product of U.S.A. or Mexico
Canada No. 1 Grade
Cucumbers **2/1.00**



Carrots or Yellow Onions 2 lb. bag

2/1.00

Product of Ontario
Canada No. 1 Grade
Save

The Deli & BBQ

Prices effective until Sat. Jan. 22'83 only.

Clearview Turkey Farms
White & Dark Turkey Roast
Deli Sliced

.88 per 100 g **3.99** per lb.

OVER 25% OFF

Clearview Turkey Farms
White Turkey Roast
Deli Sliced

1.10 per 100 g **4.99** per lb.

OVER 25% OFF

Clearview Turkey Farms
Turkey Bologna Deli Sliced **.44** per 100 g **1.99** per lb.

Clearview Turkey Farms
Turkey Polish Sausage Deli Sliced **.44** per 100 g **1.99** per lb.

Clearview Turkey Farms
Turkey Cold Cuts Beerwurst, Salami, Pimento, Pimento & Olive **.66** per 100 g **2.99** per lb.

Famous for Quality
Schnelders Canadian Cheddar Cheese Mild, Medium, Old or Extra Old - Deli Served **.81** per 100 g **3.69** per lb.

The Bakery

Miracle Food Mart
Plain, Pumpernickle or Caraway
Deli Rye Bread 450 g loaf

.59 Save .28

Dough Delite
Pita Bread 340 g/12 oz. pkg. **.69**

Tudor Bakery
Fresh Baked Rolls Dozen **1.29**

Granny's
Butter Tarts pkg. of 10 **1.49**

Bake-Rite Brownies pkg. of 6 **1.19**

Miracle Food Mart
Chocolate Gem or
Lemon Fill Donuts pkg. of 6 **1.09**

Tudor Bakery
Crusty Bread 450 g loaf **.79**