

Consumers Distributing

Exciting new offer

Christmas Jewellery* Coupon worth \$3



* All Jewellery (except watches) from Consumers 1982/83 catalogue, inside front cover to page 34

Miracle's Grocery Super Deals

- Plain or Rippled Humpty Dumpty Potato Chips 200 g bag **1.39**
- Milano Lady Fingers 150 g pkg **.43**
- Plain or Assorted Swiss Knight Gruyere Cheese 228 g pkg **1.79**
- Danish Camembert or Duke Brie Cheese 125 g pkg **1.49**
- Plain Kraft Philadelphia Cream Cheese 250 g pkg **1.49**
- Frozen Fancy McCain Peas 2 lb. pkg **1.49**
- Frozen Bird's Eye Cool Whip Dessert Topping 1 litre tub **1.69**
- Frozen Concentrated Five Alive Fruit Beverage 167.7 fl. oz. tin **1.59**
- Frozen Concentrated Minute Maid Limeade 12.5 fl. oz. tin **.79**
- Frozen Concentrated Mott's Apple Juice 12.5 fl. oz. tin **1.29**
- Jolly Time Popping Corn 2 lb. bag **1.29**
- Miracle Food Mart Tomato Ketchup 1 litre tub **1.59**
- In Water or With Oil Sterkist Chunk Light Tuna 6.5 oz. tin **1.19**
- Assorted Varieties Clark Stews 28 oz. tin **1.87**
- In Tomato Sauce or Clark Beans With Pork 14 fl. oz. tin **.79**
- In Tomato Sauce Heinz Scarios or Spaghetti 14 fl. oz. tin **.75**
- E.D. Smith Apple Pie Filling 18 fl. oz. tin **1.39**

Miracle Food Mart
Granulated White Sugar
2 kg bag
1.39

Mother Parker Coffee **2.69**

Save **.40**

Miracle Food Mart
60% Whole Wheat or Cracked Wheat Bread 675 g loaf **.49**

Limit 4 per family purchase. Price effective until Sat. Dec. 4th only.

Save **5.70**

R.C. Cola
24x280 mL tins **3.99**

(Coca-Cola 6x300 mL tins, regular price plus .15 each bottle deposit.)

Processed Cheese Food
Schneider's Cheese Slices
500 g pkg.
2.99

Elm Grove Soft Margarine 454 g tub **.59**

Save **.26**

Canada First Grade
Maple Leaf Salted Butter 1 lb. pkg. **1.99**

each

Limit 2 lbs. per family purchase. Price effective until Sat. Dec. 4th only.

Save **1.22**

Robin Hood All Purpose Flour 2.5 kg bag **1.99**

each

Grocery Direct Deals

- Miracle Food Mart or Orchard King Pure Apple Juice 48 fl. oz. tin **.99**
- Paxo Stuffing Mix 8 oz. box **1.29**
- Assorted Varieties Vallant Crystals 17 oz. pkg **1.49**
- Miracle Food Mart Instant Coffee 10 oz. jar **4.49**
- Instant Decaffeinated Maxwell House Coffee 8 oz. jar **5.69**
- Regular or Marshmallow Cadbury Instant Hot Chocolate 500 g tin **2.49**
- Nestle Quik Instant Chocolate 70 g tin **1.99**
- Assorted Varieties Peek Freans Creme Cookies 200 g pkg **.99**

Frozen Concentrated Pure
Minute Maid Orange Juice
12 fl. oz. tin **.99**

Kleenex Mansize 2 Ply Facial Tissue pkg. of 60 **.99**

General Mills
Crispy Wheats 'N Raisins
350 g box **1.49**

100% Vegetable Oil Chefmaster Parchment Wrap Margarine 1 lb. pkg **.49**

- Orange Pekoe Red Rose Tea Bags pkg. of 80 **1.79**
- Miracle Food Mart Fabric Softener 44 fl. oz. bot. **1.49**
- Assorted Colours Delsey Bathroom Tissue 4 roll pkg. **1.69**
- Assorted Colours Kleenex Facial Tissue pkg. of 200 **.89**
- Assorted Colours Hi Dri Paper Towels 2 roll pkg. **1.09**
- All Dishwasher Detergent 1.4 kg box **3.99**
- Regular or Mint Aquafresh Toothpaste 150 mL tube **1.99**

Italian Foods

Assorted Varieties
Primo Pasta
900 g bag **.99**

Medaglia D'Oro Coffee 300 g tin **1.99**

Plain Primo
Spaghetti Sauce
28 fl. oz. tin **.99**

Hunt's Italian Tomato Sauce 28 fl. oz. tin **1.49**

Del Monte quality Products

- Slices, Tidbits or Crushed
Del Monte Pineapple
14 fl. oz. tin **.59**
- Fruit Cocktail, Sliced Peaches or
Del Monte Peach Havles
28 fl. oz. tin **1.29**
- Orange, Pineapple, Grapefruit or Apple
Del Monte Juice
3x250 mL cont. **1.19**

- Cut or Seasoned Wax Beans, Cut or Seasoned Green Beans, Cream Corn, Peas or Peas & Carrots
Del Monte Vegetables
14 fl. oz. tin **2/1.00**
- Del Monte Stewed Tomatoes**
19 fl. oz. tin **.89**
- Del Monte Nature's Blend Vegetable Juice**
48 fl. oz. jar **1.19**

- Del Monte Pineapple Juice**
48 fl. oz. tin **1.19**
- Pineapple Orange or Pineapple Grapefruit
Del Monte Fruit Drinks
48 fl. oz. tin **.99**
- Del Monte Petit Jardin Peas**
10 fl. oz. tin **.59**

Primo Canadian
Plum Tomatoes
28 fl. oz. tin **.79**

Unico Solid Light Tuna 1.4 kg tin **.69**

Unico Sunflower Oil
3 litre jug **3.99**

Five Roses Flour 5 lb. bag **7.99**

SAVE WITH Miracle's Price Freeze Items until **Jan. 1'83**