

**miracle**  
foodmart

**Consumers**  
Distributing

# FREE \$ Christmas Dollar Coupons

## Miracle's Grocery Super Deals

- Schneider's Crispy Crust Lard or **Crispy Flake Shortening** 1 lb. pkg. **.99**
- Assorted Flavours Sealtest **Ice Cream ParLOUR Ice Cream** 1 litre cont. **1.49**
- Plain Particubes **Cream Cheese** 120 g pkg. **1.49**
- Mozzarella, Brick, Colby or Farmer's - Black Diamond **Cheese Slices** 170 g pkg. **1.59**
- Mild, Brick or Colby **Cherry Hill Cheese Stick** 227 g pkg. **1.89**
- Frozen **McCain Broccoli Spears** 10 oz. pkg. **.89**
- Frozen Chocolate or Coconut **Mrs. Smith's Cream Pies** 400 g pkg. **1.89**
- Martin's Apple Juice** 48 fl. oz. tin **1.29**
- Bick's **Wine Sauerkraut** 32 fl. oz. jar **1.57**
- Ragu Plain **Homestyle Spaghetti Sauce** 28 fl. oz. jar **1.89**
- Ragu With Meat **Homestyle Spaghetti Sauce** 28 fl. oz. jar **1.89**
- Clover Leaf White Flaked Tuna** 6.5 oz. tin **2.19**
- Miracle Food Mart Choice Carrots** 14 fl. oz. tin **.75**
- Assorted Varieties Choice **Aylmer Vegetables** 19 fl. oz. tin **.69**
- Carnation Evaporated Milk** 385 mL tin **.63**

Miracle Food Mart  
**All Purpose Flour**  
2.5 kg bag  
**1.89**

Eagle Brand **Condensed Milk** 100 mL tin **1.75**

save .64 can times



Assorted Flavours  
**Duncan Hines Cake Mixes**  
520 g box each **.99**

Price effective until Sat. Nov. 13th only.

save .26 maple leaf



**Butter** TWENTY-FIVE CENT COUPON ON SIDE PANEL

Beurre DE FABRIQUE COUPON DE VINGT-CINQ CENTES

Canada 1st Grade  
**Maple Leaf Salted Butter** 1 lb. pkg. **1.99**

Limit 2 lbs. per family purchase. Price effective until Nov. 13th only.

100% Vegetable Oil  
**Chefmaster Soft Margarine**  
1 lb. tub **.59**

Miracle Food Mart  
**Macaroni & Cheese Dinner** 275 g box **2/.88**

save



**Saico Chunk Light Tuna**  
184 g tin each **.99**

save 47¢



Hire's Root Beer, Pure Spring Regular or Sugar Free Gingerale, Club Soda or Regular or Sugar Free  
**Orange Crush**  
24x280 mL tins (Orange Crush 8x300 mL tins, regular price plus .15 each deposit.) **4.99**

Frozen Concentrated  
**Picnic Orange Juice**  
12 1/2 fl. oz. tin **.69**

Assorted Flavours Sealtest  
**Light N Lively Yogurt** 500 g cont. **1.39**

## Miracle's Grocery Direct Deals

- Miracle Food Mart Smooth or Crunchy **Peanut Butter** 1 kg jar **2.99**
- In Juice, Halves or Quarters **Miracle Food Mart Bartlett Pears** 28 fl. oz. tin **1.49**
- Miracle Food Mart **Mandarin Oranges** 10 fl. oz. tin **.75**
- Long Grain **Uncle Ben's Converted Rice** 2 kg bag **2.99**
- Assorted Flavours **Dainty Instant Fried Rice** 350 g box **.79**
- Chocolate or Variety **Carnation Instant Breakfast** pkg. of 10 **2.99**
- Carnation Instant Skim Milk Powder** 1 kg box **4.59**
- Cascade Powdered **Dishwasher Detergent** 2.5 kg box **6.59**
- Fresh Seawind **Bath Soap** 130 g pkg. **.75**
- Assorted Fragrances **Twice as Fresh Air Fresheners** 23 g pkg. **1.59**
- Powdered **Bold 3, Oxydol or Tide Detergent** 8 lbs box **4.99**
- Glad Food Wrap** 36cm x 60 ft box **1.59**
- Rich or Marshmallow **Carnation Instant Hot Chocolate** pkg. of 10 **1.79**

Butterscotch Chip, Chocolate Chip, Coconut or Peanut Butter Chip  
**Steinberg Cookies**  
400 g pkg. **1.19**

With Pectin Mrs. Luke's **Raspberry or Strawberry Jam** 100 mL jar **1.49**

Assorted Colours  
**Viva Paper Towels**  
2 roll pkg. **.99**

Assorted Colours  
**Scotties Facial Tissue** pkg. of 27 **.79**

- Carnation Coffee Mate** 500 g jar **2.29**
- Glad Sandwich Bags** pkg. of 200 **1.99**
- Regular or Mint **Aquafresh Toothpaste** 100 mL tube **1.33**
- Listerine or Listerine Mouthwash** 500 mL ttl. **2.49**
- Regular or Lime **Edge Shave Gel** 200 mL tin **2.33**
- Super Stainless **Gillette Razor Blades** pkg. of 10 **3.49**
- Normal, Oily or Dry **Pert Conditioning Shampoo** 450 mL ttl. **4.49**
- Adorn Regular, Unscented or Hard to Hold **Hair Spray** 200 mL tin **2.19**
- Miracle Food Mart **Garbage Bags** pkg. of 10 **.99**
- Regular or Wide **Miracle Food Mart Panty Hose** One Size **.79**
- Orange, Pineapple, Grapefruit or Apple **Del Monte Juice** 2x250 mL cartons **1.49**
- Assorted Varieties **Magic Pantry Dinners** 200 g pkg. **1.99**
- Regular **Javex Liquid Bleach** 3.8 litre jug **1.69**

Choice  
**Aylmer Whole Tomatoes**  
28 fl. oz. tin **.99**

Choice  
**Aylmer Cream Corn** 15 fl. oz. tin **.69**

Maxwell House  
**Instant Coffee**  
10 oz. jar **5.49**

Choice  
**Mother Parker's Tea Bags** **1.79**

### BULK SAVINGS Available at selected stores

Granulated <b>White Sugar</b> 500 g <b>.22</b> per lb. <b>.99</b>	Assorted Varieties <b>Cookies</b> 100 g <b>.26</b> per lb. <b>1.19</b>
Assorted Varieties <b>Peanut Butter</b> 100 g <b>.22</b> per lb. <b>.99</b>	Canada First Grade Unsulfured <b>White Honey</b> 100 g <b>.31</b> per lb. <b>1.39</b>
<b>Sultana Raisins</b> 100 g <b>.22</b> per lb. <b>.99</b>	With Pectin <b>Raspberry or Strawberry Jam</b> 100 g <b>.22</b> per lb. <b>.99</b>
All Purpose <b>White Flour</b> 100 g <b>.09</b> per lb. <b>.39</b>	<b>Elbow Macaroni</b> 100 g <b>.15</b> per lb. <b>.69</b>

Assorted Colours  
**Cottonelle Bathroom Tissue**  
4 roll pkg. **1.39**

Joy Liquid **Detergent** **1.99**

Family Pack  
**Scotties Facial Tissue**  
pkg. of 300 **1.49**

Dowry **Facial Tissue** **3.19**