

Increase in wife battering traced to Monday football's demise

By LISA JAKOBSEN

What does the National Football League strike have to do with potential for domestic violence? More than a Monday night diversion, the game provides a leisure outlet, relief from boredom and an avenue for controlled violence for many men. Removal of such a safety valve will probably cause the incidence of wife battering to escalate, predicts Dan Silvester who is currently organizing a counselling group for wife batterers in Halton.

Recognition of cues for potential violence provides a point of departure for the support group, says Mr. Silvester, stressing individuals must take the first step: assuming responsibility for their own actions.

A couple may find themselves in a battering situation for a variety of reasons, with each partner

bringing tensions to bear in the relationship. The self-help group will explore certain factors which may bring men to act out anger and frustration through physically abusive episodes. Some of these psychosocial factors include: dependency fears; rigid definitions of masculinity; poor impulse control; and low self esteem.

Although a number of counselling services and hostels are currently available to Halton and area women in physically abusive situations, there is no male-oriented counselling service available in Halton and only three in Ontario.

The victim is only a symptom of the larger community issue, says Mr. Silvester adding the counselling model he proposes offers alternatives to violent behavior rather than directives for spec-

ific behaviors. Mr. Silvester, a life skills and employment coordinator for the Burlington probation and parole office, hopes to form a counselling group this fall. Although drawing on mediating skills gained through work with probation office and a background in psychology, Silvester will run the pilot program on a volunteer basis in response to referrals from the Children's Aid Society, Halton Women's Place (HWP), a shelter for abused women and the courts.

Long term goals for the project also include establishing a domestic response team, composed of social worker and police officer, ideally a male and female team, who provide home intervention, diffusing the immediate violence and providing information on counselling services available,

including the Halton counselling service for men. Once established, the nine-week program, which will meet once a week, will rely on a learning theory approach, one involving participants in an educational and therapeutic format.

The five to eight member groups will decide on issues to be discussed, with the help of a facilitator. Participants will be invited to discuss cues which trigger violent behavior as well as how to deal with the crisis situation during and after.

Ideally, alternatives to battering situations will be established through group discussion and a peer support network. The model is based on a similar Toronto treatment program.

Mr. Silvester emphasizes the problem-solving orientation of the group, which will call on members to listen to one another as well as share cop-

ing mechanisms for dealing with crises. One participant may have found walking, reading or just leaving the house may avert a potentially violent confrontation.

Hopefully, group members will exchange phone numbers, providing an ongoing self counselling network among members Mr. Silvester explains.

Other long range goals include community education. Heightened public awareness of the issues surrounding wife battering would be useful in a preventative approach to domestic violence according to Mr. Silvester.

"The community should not consider what goes on inside the home beyond the law," he says, noting harsh punishments are not always an effective deterrent to crime.

BAHA'I PRESENTS

First of a 3 part series, introducing Dynamic World Faith.

Part One - Where It Comes From. Speaker Mr. Farivar Arjomand.

HALTON HILLS CULTURAL CENTRE TUES. NOVEMBER 8 8 P.M.

Everyone most welcome. Refreshments will be served.

For more information: 878-8128 or 853-1883

WE FIX IT RIGHT - OR - WE FIX IT FREE

EXPERT BODY REPAIRS
BILL PRESTON MANGER
OVER 20 YEARS EXPERIENCE

BAM

FREE COURTESY CARS
FREE ESTIMATES

CAPITAL FORD'S BODY SHOP

Opposite Silvercreek Towers in Georgetown
42 PARK ST. 877-5277

Brides - to - Be
You're invited to the
Welcome Wagon
Bridal Show
Sunday, Oct. 31
1 p.m.

Holiday Inn - Bramalea

- Fashion Show
- Prizes
- Displays
- Helpful Hints

Call 459-1539
for your free invitation for the bride & guest

NASHVILLE EXPRESS

4 DAYS

INCLUDES: Two nights first class hotel accommodation, reserved seats at Grand Ole Opry, Guided tour of Nashville, Transportation to and from coach, luggage handling, hotel taxes, Departure Nov. 4, 11, 18, 25 Dec. 8, 20

SPECIAL REDUCED PRICE
154⁰⁰ PER PERSON TWIN

SUPER DELUXE HIGHWAY COACHES

- Modern Fleet of 41 Passenger Coaches are Air-Conditioned
- Washroom Equipped For Your Convenience
- All Coaches Feature P.A. Systems and Comfortable Interiors
- Large Front Tour Windows, Large Luggage Compartments
- Congential, Experienced Professional Drivers

For reservations contact
TED TYLER TRAVEL
ACTON 863-1553

It's Time To Control The High Cost of Education

WARD 1 - ACTON TRUSTEE

HALTON BOARD OF EDUCATION

VOTE

H.H. (BERT) HINTON X

ELECT

Jake Kuiken
as your
AREA COUNCILLOR
ESQUESING WARD 2
NOVEMBER 8, 1982

Jake Kuiken X
Ward 2 Councillor

Your concerns are mine.

LANG'S FEED MILL

Horse Feed Sale

- ★ BUY 20 BAGS OF ANY MASTER HORSE FEED AND RECEIVE "FREE" 1 HALTER
- ★ BUY 10 BAGS OF ANY MASTER HORSE FEED AND RECEIVE 1 BAG 'FREE'
- ★ RIDE YOUR HORSE TO OUR FEED MILL AND RECEIVE 1 BAG 'FREE' WITH NO PURCHASE

— RECLAIMED CRIMPED WESTERN OATS Regular \$8.50 40 Kilo Bag Sale **\$8⁰⁰**

— 12% SWEET HORSE FEED Regular \$9.00 40 Kilo Bag Sale **\$8⁵⁰**

ON SATURDAY, OCTOBER 30 WE WILL HAVE A HORSE FEED SPECIALIST FROM 9 A.M. TO 12 NOON TO ANSWER ANY QUESTIONS

All Sale Items Conclude At 2:00 p.m. Saturday, October 30

BALLINAFAD 877-2008

CARSON PATTERSON
for
MAYOR OF CALEDON

LIFELONG RESIDENT AND FORMER FARMER

- Retired clerk-administrator with 20 years municipal experience in all aspects
- Sincere interest in Caledon
- Time to serve Caledon

for information call **927-3363** or **584-2692**

VOTE - NOV. 8th, 1982
ADVANCE POLL SAT. OCT. 30th

CAN YOU AFFORD LESS THAN THE BEST?

WEIGHT WATCHERS OFFERS PEPSTEP - OUR OPTIONAL EXERCISE PROGRAM AND LOTS MORE FOR ONLY 85 1/2 CENTS A DAY.

WEIGHT WATCHERS, The Authority, has many things to offer and here are just a few:

- Private weigh-in with personally selected goal
- Completely balanced, nutritional program
- New behaviour modification skills
- Group discussions
- Optional exercise program
- Free recipe books and magazines
- Membership entitles you to attend a Weight Watchers meeting anywhere in the world
- Monthly weigh-in for Lifetime Members
- Maintenance program which enables you to keep the weight off
- The backing of a professional organization including Dr. Richard Stuart, Psychological Director, Dr. William H. Sebrell, Medical Director and Dr. Reva Frankle, Director of Nutrition, everyone a foremost authority in his field.

WHY NOT JOIN US - CAN YOU AFFORD LESS THAN THE BEST?

WEIGHT WATCHERS The Authority

For Further Information Call: **826-9200**

INSURANCE

Fire-Auto-Homeowners
Tenants-Business-Life
All Classes of Insurance

Barber & Henley Ltd.

Business Established in 1923

72 Main St. S.
Downtown Georgetown

877-2214

ALL THE CHOICE IN THE WORLD

Another 4 Days Only!

Color Your World BRAND NEW

10% to 50% off

Brand New Paint Color Matching System

Now, get a terrific paint match to your wallpaper color with Color Your World's new Paint Color Matching System. Hundreds of beautiful new colors selected from House and Garden's latest decorating trends and designed to match any Color Your World wallpaper.

Save 50% on Selected Wallpaper Book Orders

Choose from a selection of famous book patterns including: Sunworthy's, Stripes, Plaids and Textures, Nice N' Easy, Patio II, Nature's Coverings, Country Manner, and Norwall's Two's Company Vol. 2.

Save 25% on Every Book Pattern by Mayfair & Britanna

as well as selected books from around the world such as Wallis & Oriental Grassroots. Thousands of styles and colors to choose from!

Canada's Largest Selection of Instock Wallpaper. Brand New Fall Fashions Just Arrived.

The newest designs, the most fashionable colors, selected from the season's top patterns by famous makers. Instock and ready to go!

Brand New Designer Wallcovering Collection by internationally famous designer Bruce Robinson

Quality wallcoverings in classic designs and colors. At a price you'll love!

Gretzky Wallpaper 9⁹⁹

The Great One is here to skate his way into your heart and home. Colorful action poses on quality wallpaper kids will love!

Sale ends Saturday October 30, 1982. Prices in effect while quantities last. All patterns may not be available at all stores.

Brand New "Dripless" Ceiling Paint Save \$10

No more muss, no more fuss with Color Your World's new Latex Super White Gelled Ceiling Paint.

Save \$9 on Interior Satin or Semi-Gloss Latex Paint

Guaranteed 4 Ways. One coat coverage. Colorfast. Stain resistant. Washable.

Color Your World

214 Joseph St. (New Mainstreet Rd.) 873-1383
Mon. - Wed. 9 a.m. to 5 p.m.; Thurs. & Fri. 9 a.m. to 5 p.m.; Saturday 9 a.m. to 5 p.m.