

dollars

with every \$10. Loblaws purchase . . . worth \$1.00 at Simpsons. Valid on sale and regular priced merchandise. (until Dec. 24/82)

Details available at Loblaws and Simpsons.

frozen concentrated, unsweetened
Picnic 355 mL tin

orange juice

pay only **1/2** price
.44

Limit 4 tins per family

with this coupon pay only

Loblaws Canada first grade

butter 1 lb. foil print **1.88**

coupon expires Nov. 2, 1982
coupon valid only at Loblaws

Limit 1 coupon per family

control #902

400 g box
deluxe (chocolate coated)
Peek Freans digestive biscuits

pay only **1/2** price
1.84

Dietrich 24 oz. loaf
100% whole wheat

bread pay only **1/2** price
.49

Gay Lea assorted flavours

Fiesta yogourt 175 g cup

pay only **1/2** price
.39

white liquid 500 g jar

Billy Bee honey pay only **1/3** off
1.66

product of U.S.A.

Florida grown
white grapefruit

9¢ ea.

Heinz 1 L. btl.

keg o' ketchup pay only **1/3** off
1.99

product of Ontario

fresh mushrooms

pay only **1/2** price
3.29 kg
1.49 lb.

Sprite (reg. or sugar free)
or Tab sugar free

750 mL btl. Coca-Cola pay only **1/2** price
.37 (plus 30¢ deposit)

- 144's, 16 oz box **Tetley tea bags** 4.15
- cereal, 425 g box **General Mills Cheerios** 1.95
- assorted flavours 225 g box **Monarch sponge pudding mix** .69
- chocolate fudge or traditional white 410 g box **Betty Crocker frosting mix** 1.49
- Betty Crocker moist flavours, 510 g box **super moist cake mix** 1.49
- 750 mL btl. **Unico sunflower oil** 1.69
- Planters 350 g jar **cocktail peanuts** 2.79
- 350 g tin **Planters tavern nuts** 2.79
- bite size, 100 g pkg. **Carr's table water crackers** .89
- spaghett, spaghetti or elbows **Primo 500 g cello bag pasta** .69
- 28 fl. oz. tin **Hunt's tomato sauce** 1.29
- Pine Sol 600 mL btl. **liquid household cleaner** 2.89
- assorted flavours 6 oz. tin **Kal Kan cat food** .39
- fish or liver 25.5 oz. tin **Puss'N Boots cat food** .83
- concentrated powder 3 L. box **All laundry detergent** 4.59
- Wisk 1 L. btl. **liquid laundry detergent** 2.79
- Dove 1 L. btl. **liquid dish detergent** 2.49
- Amaze powder 650 g box **laundry stain remover** 2.89
- mask, floral or herbal, 350 mL btl. **Essence Magique wet soap** 1.69
- all colours 3 ply, 00's small box **Royale facial tissue** .59
- 100 mL tube **Pepsodent dental cream** 1.59
- 200's btl. **Bayer aspirin tablets** 3.59
- Loblaws 12 oz. bar **mild cheddar cheese** 2.49
- Loblaws 12 oz. bar **medium cheddar cheese** 2.59
- Loblaws coloured or white **old cheddar cheese** 2.69
- product of Ontario **celery stalks** each .69
- product of U.S.A. Can #1 grade **green seedless grapes** kg 2.18 lb. .99
- product of Ont. Can fancy grade **McIntosh apples** 5 lb. bag 1.99
- see look with each plant purchased **product of U.S.A. assorted varieties floor plants** each 14.95
- product of Ontario Can. #1 grade **potatoes** 10 lb. bag 1.28
- product of Ontario Can. #1 grade **rutabagas** 2 for 1.00
- product of Ontario Can. #1 grade **bosc pears** kg 1.30 lb. .59
- product of U.S.A. **brussels sprouts** kg 1.94 lb. .88
- product of U.S.A. **Boston lettuce** 2 for .99
- product of U.S.A. **egg plant** kg 1.08 lb. .49

1.10 100 g bulk jumbo pecan halves	.27 100 g cut bulk mixed glace fruit	.90 100 g bulk walnut pieces	.33 100 g bulk cooking dates	.22 100 g Hallowe'en bulk candies	.40 100 g Hallowe'en bulk caramels	.38 100 g Hallowe'en bulk bubble gum
4.99	1.19	4.08	1.49	.99	1.79	1.69

save & fly coupons

30% off the lowest priced holidays
save & fly \$5. travel coupons

one free with every \$50. Loblaws order complete details in store

AIR CANADA TOURAM INC.

here are just a few examples...

date	destination	stay	Hotel	reg. low \$ price	max. no. coupons	per person save \$
Dec. 4/82	Nassau	7 nights	Bahama Beach	450	27	135
		14 nights		550	33	165
Jan. 2/83	Freeport	7 nights	Atlantic Beach	550	33	165
		14 nights		750	45	225
Jan. 9/83	Hawaii	7 nights	The Waikikian	970	58	290
		14 nights		1210	73	365
Apr. 9/83	Tampa	7 nights	Pelican Palm	675	40	200
		14 nights		875	52	265

Save & Fly Holiday Package Pricing Policy Air Canada Touram Save & Fly Holiday Package price will, subject to government approval be as low as, or lower than, any comparable holiday package regular price to the same destination from the same point of origin offered by any of its major competitors.
*List of major competitors may be obtained from Air Canada Touram
Below are samples only. See your participating travel agent or Air Canada for details. Prices subject to change without notice. Check with your travel agent for more 30% off destinations
*Holiday packages dependent on availability and time of year.

Note: Loblaws weekly specials are not available in Loblaws superstore warehouse. Prices effective to Tues. Nov. 2/82 except produce & bakery effective to Sat. Oct. 30/82
Stores reserve the right to limit quantities.
Bulk foods not available at all Loblaws stores

