

Sale!!!



Miracle's Select Quality Meats

save



Cut from Canada Grade A Beef
Prime Rib Roasts

5.69 per kg
2.58 per lb.


save



Fumet Boneless
Smoked Pork Shoulder

4.39 per kg
1.99 per lb.

save



Cut from Canada Grade A Beef
Cap on Rib Steaks

6.31 per kg
2.86 per lb.

Broil or Pan Fry

save



Ground from 100% Beef
Lean Ground Beef

4.39 per kg
1.99 per lb.

COUPON VALUE \$1.00

This coupon is worth \$1.00 off the price of one 500 g package of

Schneiders Oktoberfest Sausages 500 g pkg.

YOU PAY ONLY \$1.89 WITH THIS COUPON

Limit one coupon per purchase. Coupon valid until Tues. Oct. 12 '82. Redeemable at Miracle Food Mart.

Store Packed
Schneider's Beef Steakettes

4.17 per kg
1.89 per lb.

COUPON VALUE \$3.00

This coupon is worth \$3.00 off the total purchase price of one

Schneider's Olde Fashioned Ham Whole

\$3 OFF THE TOTAL PURCHASE PRICE WITH THIS COUPON.

Limit one coupon per purchase. Coupon valid until Tues. Oct. 12 '82. Redeemable at Miracle Food Mart.

Miracle Food Mart or Swift Premium Cooked Ham 175 g pkg.	1.69
Miracle Food Mart or Swift Premium Wieners 454 g pkg.	1.49
Sliced Miracle Food Mart Bologna 175 g pkg.	.89
Mary Miles Sliced Side Bacon 500 g pkg.	2.89
Sliced Pride of Canada Bologna 375 g pkg.	1.19
Non Branded Sliced Cooked Ham 375 g pkg.	2.89
Non Branded Bologna Chunks	3.06 per kg 1.39 per lb.
Town Club Slab Bacon	5.27 per kg 2.39 per lb.
Braunschweiger or Fine Pillers Liverwurst Chubs	4.39 per kg 1.99 per lb.
Top Quality Maple Leaf Cottage Rolls	5.27 per kg 2.39 per lb.
Potato, Cole Slaw or Macaroni - 500 g pkg.	1.39
Shopsy's Salads	1.46
Glazed Ham or Shopsy's Cooked Ham 175 g pkg.	1.96 per kg .89 per lb.
Store Packed Cooked Fish Cakes	1.59
Bluewater Fish & Chips 10 oz. pkg.	2.19
Highliner Sole in Batter 350 g pkg.	4.39 per kg 1.99 per lb.
Cooked - Smoked Centre Cut Ham Steaks	4.83 per kg 2.19 per lb.
Previously Frozen Side Spare Ribs	4.83 per kg 2.19 per lb.

Country Market Fresh Produce

Product of Ontario or U.S.A.
Fresh Brussel Sprouts

1.52 per kg
.69 per lb.

Product of U.S.A.
Sweet Yams

.73 per kg
.33 per lb.

Product of U.S.A. Canada No. 1 Grade
Head Lettuce **.69**

Product of U.S.A. Canada No. 1 Grade
Large Size Tomatoes **2.18** per kg
.99 per lb.

Product of Ontario Canada No. 1 Grade
Ontario Potatoes 10 lb. bag **1.29**

Product of South Africa
Outspan Valencia Oranges Size 112 **1.2/2.69**

Product of U.S.A. Canada No. 1 Grade
Seedless Grapes **3.06** per kg
1.39 per lb.

Product of U.S.A.
Florida White or Red Grapfruit **8/1.99**

Product of U.S.A. Canada Fancy Grade
Bartlett Pears **1.74** per kg
.79 per lb.

Product of Ontario Canada No. 1 Grade
Carrots or Yellow Onions

3/99

Selected Varieties
Pillers European Salami Deli Sliced

1/3 super deal pay only

.88 per 100 g
3.99 per lb.

Fresh Fruit Salad 100 g	.37
Deli Served	1.69 per lb.
Tour Eiffel Pate 100 g	.57
Country, Pepper, Orange or Cognac Deli Served	2.59 per lb.
Top Quality Maple Leaf Kolbassa 100 g	.72
Deli Cut	3.29 per lb.
Canadian Brie or Camembert Cheese 100 g	1.10
Deli Cut	4.99 per lb.

Product of U.S.A. Canada No. 1 Grade
Red Grapes

1.96 per kg
.89 per lb.

Product of Ontario Canada No. 1 Grade
Ontario Green Cabbage

3/99

Product of Ontario Canada No. 1 Grade
Greenhouse Seedless Cucumbers each **.99**

Product of Ontario Canada No. 1 Grade
Cauliflower Large Size each **.99**

Product of Ontario or U.S.A.
Fresh Broccoli each **.99**

Product of Ontario
Potted Mums 6 inch pot each **4.99**

Product of Ontario
African Violets 4 inch pot each **1.49**

Product of U.S.A.
Pel Pak Raisins 24 oz. pkg. **3.99**

For Indoor Planting
Potting Soil 10 litre bag each **.98**

J.B. Brand from Concentrate
Apple Cider 64 fl. oz. **1.79**

Product of Ontario
Ontario Pepper Squash

3/99

The Bakery

Miracle Food Mart 60% Whole or Cracked Wheat Bread 675 g/24 oz. loaf	.59
Miracle Food Mart Brown & Serve Rolls pkg. of 12	.88
Miracle Food Mart Glazed Donuts pkg. of 9	.99
Steinberg Gold or Silver Pound Cake 348 g/14 oz.	1.49
Fleming Butter Tarts pkg. of 12	1.69
Bake-Rite Apple/Raspberry Turnovers pkg. of 4	1.19
Dempster's Italian Round 150 g or Crusty 675 g	.89
Vienna Bread	.89

miracle foodmart

OCTOBER 4-11 1982
40pt-food week
semaine de l'agro-alimentaire
DU 4 AU 11 OCTOBRE 1982

ALL PRICES EFFECTIVE WED. OCT. 6 TO TUES. OCT. 12, 1982 MIDNIGHT EXCEPT BAKERY ITEMS UNTIL SAT. OCT. 9, 1982 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • AJAX • WHITBY • GEORGETOWN • BOWMANVILLE • ORILLIA • BARRIE. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.