

Deals!!!

Miracle's Select Quality Meats

save 50¢



417 per kg
189 per lb.

Fresh Ontario
Pork Loin Chops
Rib or Tenderloin end

save 50¢



417 per kg
189 per lb.

Fresh
Ontario Pork Loin Roasts
Rib End

Frozen, Eviscerated
Utility Grade
Young Turkeys
All available sizes

218 per kg
.99 per lb.

Cut from the Leg, outside
Boneless Bottom Round Pork Roasts **593 269**
Cut from the Leg, inside
Boneless Top Round Pork Roasts **615 279**
Cut from the Leg
Fresh Pork Schnitzel **637 289**
Eviscerated Young
Grade A Fresh Turkeys **306 139**
Frozen, Eviscerated
Grade A Young Turkeys **262 119**
All available sizes
Sliced Side
Maple Leaf Bacon **3.49**
500 g pkg.

save 50¢



615 per kg
279 per lb.

Fresh Ontario
Centre Cut Pork Loin Chops

save 50¢



439 per kg
199 per lb.

Fresh Ontario
Tenderloin End Pork Roasts

Frozen Eviscerated Grade A Young
Miracle's Own or
Butterball Turkeys
All available sizes

284 per kg
129 per lb.

Sweet Pickled
Maple Leaf Cottage Rolls **527 239**
Maple Leaf, Picnic Style
Smoked Pork Shoulder Cryovac **417 189**
Sliced
Maple Leaf Cooked Ham 175 g pkg. **1.49**
Maple Leaf
Golden Fry Sausage 500 g pkg. **2.49**
Regular Sliced
Maple Leaf Bologna 500 g pkg. **2.29**
Mary Miles Wieners 375 g pkg. **1.29**
Canadian Queen
Side Bacon **417 189**
Sold in 2 kg ctn. at \$8.33

Fumet, Picnic Style
Boneless Smoked Pork Shoulder

571 per kg
259 per lb.

COUPON VALUE \$2.00
This coupon is worth \$2.00 off the total purchase price of one **Maple Leaf Country Kitchen Ham** 2-3 lb. size **2.00 OFF**
Limit one coupon per purchase.
Coupon valid until Sept. 28 '82. 0072482
Redeemable at Miracle Food Mart.

Country Market Fresh Produce

Product of U.S.A.
Canada Fancy Grade
Bartlett Pears

130 per kg
.59 per lb.

Product of Ontario
Canada Fancy Grade
Ontario McIntosh Apples
3 lb. bag

.99

Fresh from the Tropics
Large Size Bananas **108 .49**
Product of Ontario
Ontario Fresh Mushrooms 8 oz. cup **1.49**
Product of U.S.A.
Canada No. 1 Grade
Red Grapes **196 .89**
Product of Ontario
Canada No. 1 Grade
Waxed Rutabagas **2/100**
Product of Ontario
Fresh Brussel Sprouts **218 .99**
Product of Ontario
Canada No. 1 Grade
Ontario Cauliflower Large Size each **.99**
Product of Ontario
Canada No. 1 Grade
Ontario Potatoes 10 lb. bag **1.29**
Product of Ontario
Green Onions or Bunch Radishes **3/.99**
Product of Ontario
Pepper Squash **3/.99**
Product of South Africa
Outspan Valencia Oranges Size 112 **12/269**
Product of Ontario or U.S.A.
Fresh Broccoli **.99**
Assorted Tropical Household Plants 10 inch pot **12.95**
Venus Flytrap **2.49**
Product of U.S.A.
Sunmaid Raisins 1 1/2 x 1/2 oz. **1.69**
J.B. Brand from Concentrate
Apple Cider 64 fl. oz. **1.79**

Product of Ontario
Washed & Trimmed
Spinach
10 oz. bag

.69

Product of Ontario
Canada No. 1 Grade
Carrots or Yellow Onions
2 lb. bag

2/100

Product of U.S.A.
Fresh Strawberries
Pint Cup

.99

Product of U.S.A.
Canada No. 1 Grade
Seedless Grapes
LARGE SIZE

218 per kg
.99 per lb.

The Deli & B.B.Q. LET'S TALK TURKEY!

Clearview Farms
Cooked White Turkey Roast
Deli Sliced

110 per 100 g
499 per lb.

Clearview Farms
Cooked White & Dark Turkey Roast
Deli Sliced **.88** per 100 g
399 per lb.
Clearview Farms
Turkey Cold Cuts
Salami, Beerwurst, Pimento & Olive or Pimento - Deli Sliced **.66** per 100 g
299 per lb.
Clearview Farms
Turkey Bologna
Deli Sliced **.44** per 100 g
199 per lb.

The Bakery

Dempster's
Stone Ground Bread
675 g/24 oz. loaf **.79**
Steinberg's
French Apple Pie
547 g/20 oz. pkg. **1.69**
Granny's
Butter Tarts
pkg. of 10 **1.49**
Bake Rite
Carrot-Nut Muffins
pkg. of 6 **1.19**

Oakrun Farms
Plain English Muffins pkg. of 6 **.59**
Mrs. Lite
White Bread
450 g/16 oz. loaf* **.55**
Miracle Food Mart
Bread Crumbs
250 g pkg. **.59**
Dempster's
Country Bran Bread
675 g/24 oz. loaf **.79**

miracle foodmart

ALL PRICES EFFECTIVE WED. SEPT. 22 TO TUES. SEPT. 28, 1982 MIDNIGHT EXCEPT BAKERY ITEMS UNTIL SAT. SEPT. 25, 1982 IN METRO TORONTO • MISSISSAUGA • OAKVILLE • THORNHILL • BRAMPTON • MALTON • MARKHAM • OSHAWA • AJAX • WHITBY • GEORGETOWN • BOWMANVILLE • ONTARIO • BARRIE. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

COUPON VALUE .30
This coupon is worth .30 off our Direct Deal price of \$1.69
(Vanderbilt Muffins - pkg. of 6, Jam Flaky - pkg. of 6,
Pique - pkg. of 6 or Lady Fingers - pkg. of 12)
Vachon Cakes **139** YOU PAY ONLY WITH THIS COUPON
Limit one coupon per purchase.
Coupon valid until Sat. Sept. 25, 1982.
Redeemable at Miracle Food Mart. Direct Deal Price \$1.69