



# SUPER

## Miracle's Grocery Super Deals

- Cut Wax or Green Beans, Peas, Peas & Carrots, Creamed Corn or Roastbeef Beans  
**Aylmer Vegetables** 18 fl. oz. tin **.59**
- Assorted Colours 2 Ply Royale Bathroom Tissue 4 roll pkg. **1.39**
- Assorted Colours Royale Paper Towels 2 roll pkg. **1.09**
- Prestone II Radiator Antifreeze 4 litre jug **7.99**
- Pink, Blue or Yellow J-Cloth Towels pkg. of 10 **1.49**
- Plain Zingy Swiss Gruyere Cheese 8 oz. pkg. **1.79**
- Frozen York Small Peas 1 kg bag **2.19**
- Frozen Plain Lender's Bagels 12 oz. pkg. **.89**
- Frozen Assorted Varieties Cheemo Parogi 397 g pkg. **1.19**
- Frozen Coffee Queen Coffee Whitener 32 oz. pkg. **.89**
- Frozen Assorted Varieties Pepperidge Farm Layer Cakes 13 oz. pkg. **1.59**
- Frozen Concentrated Minute Maid Orange or Grapefruit Juice 12 1/2 fl. oz. tin **.99**
- McLaren Stuffed Manzanilla Olives 375 ml jar **1.99**
- Plain Hunt's Tomato Sauce 14 fl. oz. tin **.69**
- Hunt's Tomato Paste 5 1/2 fl. oz. tin **.49**
- Swift Chopped Ham 12 oz. tin **2.09**

Macaroni & Cheese  
**Kraft Dinner**  
225 g box  
**2/.88**

Gingerale, Cream Soda, Soda Water or Orange  
**Miracle Food Mart Soft Drinks**  
750 mL. Btl.  
(Plus .30 each bottle deposit)  
**3/.99**

Dad's Oatmeal Cookies  
450 g bag  
**1.49**

Save up to .50  
**Miracle Food Mart Granulated White Sugar**  
2 kg bag  
**.99**  
With coupon below

Save up to .50  
**Mother Parker's Instant Coffee**  
10 oz. jar  
**3.99**

Save up to 1.26  
This price effective until Sat. Sept. 25 '82 only  
**All Popular Brands Canadian Cigarettes**  
carton of 200  
KING SIZE **11.09**  
REGULAR SIZE **10.99**  
LIMIT 2 CARTONS PER FAMILY PURCHASE  
WARNING: Health & Welfare Canada has determined that smoking can be hazardous to your health - avoid inhaling.

Save up to .50  
**Assorted Varieties Primo Pasta**  
900 g cello bag  
**.99**

## Miracle's Grocery Direct Deals

- Condensed Tomato or Vegetable **Aylmer Soup** 10 fl. oz. tin **4/1.44**
- Choice Orchard King Peas 10 fl. oz. tin **.39**
- Scotian Gold Applesauce 28 fl. oz. jar **1.39**
- Bright's Tomato Juice 48 fl. oz. tin **1.29**
- Milk Mate Instant Chocolate Syrup 350 mL. Btl. **1.39**
- Fry's Cocoa 250 g tin **2.79**
- Ramlose Carbonated Mineral Water 600 mL. Btl. **.69**
- Gem Long Grain Rice 2 kg bag **1.99**
- Assorted Varieties Lancia Egg Noodles 375 g pkg. **1.05**
- Old Mill Cream of Wheat Cereal 900 g bag **.89**
- Peter Pan Puffed Wheat Cereal 400 g bag **1.39**
- Assorted Varieties Duncan Hines Cookie Mixes 470 g pkg. **1.89**
- Royale 3 Ply Facial Tissue pkg. of 100 **.79**
- Nordica 2% Cottage Cheese 500 g tub **1.49**

Processed **Kraft Single's Cheese Slices**  
500 g/pkg. of 16  
**2.79**

Processed **Kraft Cheez Whiz**  
500 g jar  
**2.79**

- Steinberg Evaporated Milk 385 mL. Tin **.62**
- Javax Bleach for the Unbleachables 400 g pkg. **2.89**
- McDowell Oven's Stuffing Mix 227 g pkg. **.74**
- Assorted Varieties Jello Jelly Powders 3 oz. box **.45**
- Assorted Varieties Jello Instant Pudding 3.25 oz. pkg. **.59**
- Ken'L Ration Society Dog Food 415 g tin **.53**
- Ivory Bath Soap 400 g/pkg. of 3 **1.35**
- Showmate Liquid Shower Soap 350 mL. cont. **2.99**
- Spray N Wash Stain Remover 22 fl. oz. Btl. **2.19**
- Raffi Windex Window Cleaner 1.5 litre Btl. **2.09**
- Alcan Aluminum Foil 18" x 25" pkg. **1.99**
- Quikki Utility Bags pkg. of 50 **1.19**
- Valvoline Motor Oil - 10W30 1 litre tin **1.29**
- Quick or Minute Old Mill Oats 1.35 kg bag **1.49**
- Maple Leaf Tenderflake Lard 1 lb. pkg. **1.15**

100% Vegetable Oil  
**Chefmaster Soft Margarine**  
1 lb. tub  
**.59**

Orange, Milk Chocolate or Chocolate Sandwich  
**Cadbury Chocolate Biscuits**  
150 g bag  
**.99**

Miracle Food Mart **Garbage Bags**  
pkg. of 10  
**.99**

**Palmolive Liquid Detergent**  
500 mL. Btl.  
**1.29**

Miracle Food Mart **Gourmet Ground Coffee**  
1 lb. bag  
**2.79**

Miracle Food Mart **Fall Fertilizer 4-8-12**  
10 kg bag  
**2.99**

**SUPER DEAL COUPON VALUE UP TO .50**  
This coupon is worth .50 off our Direct Deal price on one 2 kg bag of Miracle Food Mart **Granulated White Sugar** 2 kg bag **.99**  
YOU PAY ONLY **.99** WITH THIS COUPON  
Limit one coupon per purchase. Coupon valid until Sat. Sept. 25, 1982 only. Redeemable at Miracle Food Mart. Coupon Value .50