

Steak

Miracle's Grocery Super Deals

Clip & Save \$5.01 more

75 OFF
Frozen Assorted Varieties Green Giant
Boil 'N Bag Entree Dinners 3 ea. pkg.
COUPON VALUE 75 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2080886, 2087562

25 OFF
Surtec Garbage Bags 10 pkgs. of 10
COUPON VALUE 25 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2083876

30 OFF
Blue Bonnet Soft Margarine 2 lb. tub
COUPON VALUE 30 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2083828

25 OFF
Julia Grated Parmesan Cheese 250 g. tin
COUPON VALUE 25 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2083847

33 OFF
Orange Passion Mother Parker Tea Bags 100 pkgs. of 75
COUPON VALUE 33 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2084822, 2432131

20 OFF
Sesame Crispbread, Sport & Light Waze Rye King Crackers 200 g. pkg.
COUPON VALUE 20 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2088301

25 OFF
Assorted Varieties Best Beauty Creams 480 ml. jar
COUPON VALUE 25 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2083738

20 OFF
Sun-Maid Seedless Mini Raisins 14 1/2 oz. pkg.
COUPON VALUE 20 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2088337

1 TIN FREE
Purrr Connoisseur Cat Food 5 ea. tin
BUY 2 TINS & GET 1 FREE WITH THIS COUPON
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2087223

25 OFF
Burns Pride of Canada Wieners 454 g. pkg.
COUPON VALUE 25 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2081329

1.00 OFF
Canadian Queen Boneless Half Hams
COUPON VALUE \$1 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2080388

25 OFF
Famous for Quality Schneider's Meat Pies 400 g. pkg.
COUPON VALUE 25 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2087382

25 OFF
Famous for Quality Schneider's Meat Pies 250 g. pkg.
COUPON VALUE 25 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2087382

25 OFF
F.P. House Cusine Fillets in Sauce 200 g. pkg.
COUPON VALUE 25 OFF THE PURCHASE PRICE
Coupon valid Wed. Aug. 11 - Tues. Aug. 17 '82
Limit one coupon per purchase.
Redeemable at Miracle Food Mart 2087732

Frozen Concentrated Clear or Pink
Sun Squeeze Lemonade 12 1/2 fl. oz. tin
.39

Assorted Varieties
Farm House Cream Pres 12 1/2 oz. tin
1.33

save .69
Fancy Libby's Tomato Juice 48 fl. oz. tin
.79

Windsor Table Salt 1 lb. box
.75

Assorted Varieties
Miracle Food Mart Potato Chips 200 g. bag
save .30
.99

Y & S Strawberry Twizzlers 4 oz. bag
.69

Assorted Styles
Primo Pasta 900 g. bag
.99

Plain Chat Boy At Dee
Spaghetti Sauce 28 fl. oz. tin
1.29

save \$5.57
Regular or Diet Pepsi Cola 24x280 mL tins
4.99

Post Bran Flakes 400 g. box
.89

save .20
Frozen Concentrated Sun Squeeze Orange Juice 12 1/2 fl. oz. tin
.59

Post Bran Flakes 400 g. box
.89

Steinberg
Chocolate Chip Cookies 900 g. bag
2.49

Orange Passion
Red Rose Tea Bags 100 pkgs. of 120
3.99

Miracle's Grocery Direct Deals

10W30
Valvoline Motor Oil 1 litre tin
.99

S.T.P.
Oil Treatment 4 1/2 oz. tin
2.79

Assorted Flavours
Added Touch Cake Mixes 524 g. box
.99

Assorted Brands
Nabob Ground Coffee 1 lb. pkg.
2.99

Facettes Facial Tissue pkg. of 400 **1.49**

Barzula Espresso Coffee 300 g. bag **1.99**

Lemonade pkg. of 3/257 g. or Rise 'N' Shine Orange Crystals pkg. of 4/359 g. **.99**

Good Host Iced Tea Mix 500 g. tin **1.79**

Assorted Flavours **Kool Aid Crystals** 6 g. pkg. **5/1.00**

Processed Brick, Colby, Farmers or Mozzarella Black Diamond **Natural Cheese Slices** 170 g. pkg. **1.39**

Corn Oil or Sunflower **Fleischmann's Soft Margarine** 2 lb. bowl **3.33**

Regular or Diet **Pepsi Cola** 750 mL. bot. **.39** (plus 30¢ deposit)

Frozen Brussels Sprouts, Broccoli or Cauliflower **Green Giant Vegetables** 250 g. pkg. **1.29**

Frozen **Mrs. Smith's Apple Pie** 24.5 oz. pkg. **1.89**

Frozen Concentrated **Minute Maid Limeade** 12 1/2 fl. oz. tin **.79**

Frozen Concentrated **Welch's Grape Juice** 12 fl. oz. tin **1.33**

Bick's Cu-Bits Sweet Relish 1 litre jar **1.89**

Pure F.B.I. Orange Juice 48 fl. oz. jar **1.09**

Blue, Pink or Yellow **Miracle Food Mart Disposable Wipes** pkg. of 10 **1.25**

100% Vegetable Oil
Chefmaster Soft Margarine 1 lb. tub
.59

Unico Tuna 6 1/2 oz. can **.79**

Assorted Varieties **Rice-A-Roni** 178 g. box **.79**

Kellogg's Honey Nut Corn Flakes 525 g. box **1.99**

Uncle Ben's Converted Rice 2 kg. box **3.99**

Purina Protein Plus or Puppy Chow 8 kg. bag **9.99**

Assorted Varieties **Kal Kan Cat Food** 368 g. tin **.65**

M-Power Dishwasher Detergent 1 kg. box **2.39**

Foam Free All Detergent 6 litre box **7.99**

Sunlight Liquid Detergent 1.5 litre bot. **2.99**

All Dishwasher Detergent 1.4 kg. bot. **3.79**

Assorted Colours **Lux Beauty Bars** 253 g. pkg. of 3 **1.25**

Johnson & Johnson Band-Aid Family Pack pkg. of 60 **2.33**

Wimbarfresh, Regular or Gel Colgate Toothpaste 100 mL tube **1.26**

Listerine or Listerine Mouthwash 500 mL bot. **2.44**

Regular, Unscented or Extra Dry **Arrid Antiperspirant** 200 mL tin **2.88**

Regular or Deodorant **Carefree Panty Shields** pkg. of 30 **2.79**

Smooth or Crunchy
Miracle Food Mart Peanut Butter 500 g. jar
1.49

Chocolate Syrup **1.59**

Royale Two-Ply Bathroom Tissue 8 roll pkgs.
2.79

Paper Towels 1 roll **1.19**

Miracle Food Mart
Hi Power Laundry Detergent 6 litre box
2.89

Fabric Softener 1.99