

Love of outdoors sets man a runnin'

by Dan McGiloway

Bruce Brillinger, of Acton, recently competed in the Ottawa Marathon. For Bruce the run wasn't to win but to just finish the 26 mile 385 yard race.

Bruce says it took him four-and-a-half-hours to complete the race compared to the winner's time of two hours, 20 minutes. Bruce said he chose Ottawa because it was a scenic route leaving Carleton University, down along the Rideau Canal to downtown, passing the Parliament Buildings along the Ottawa River and back to Carleton.

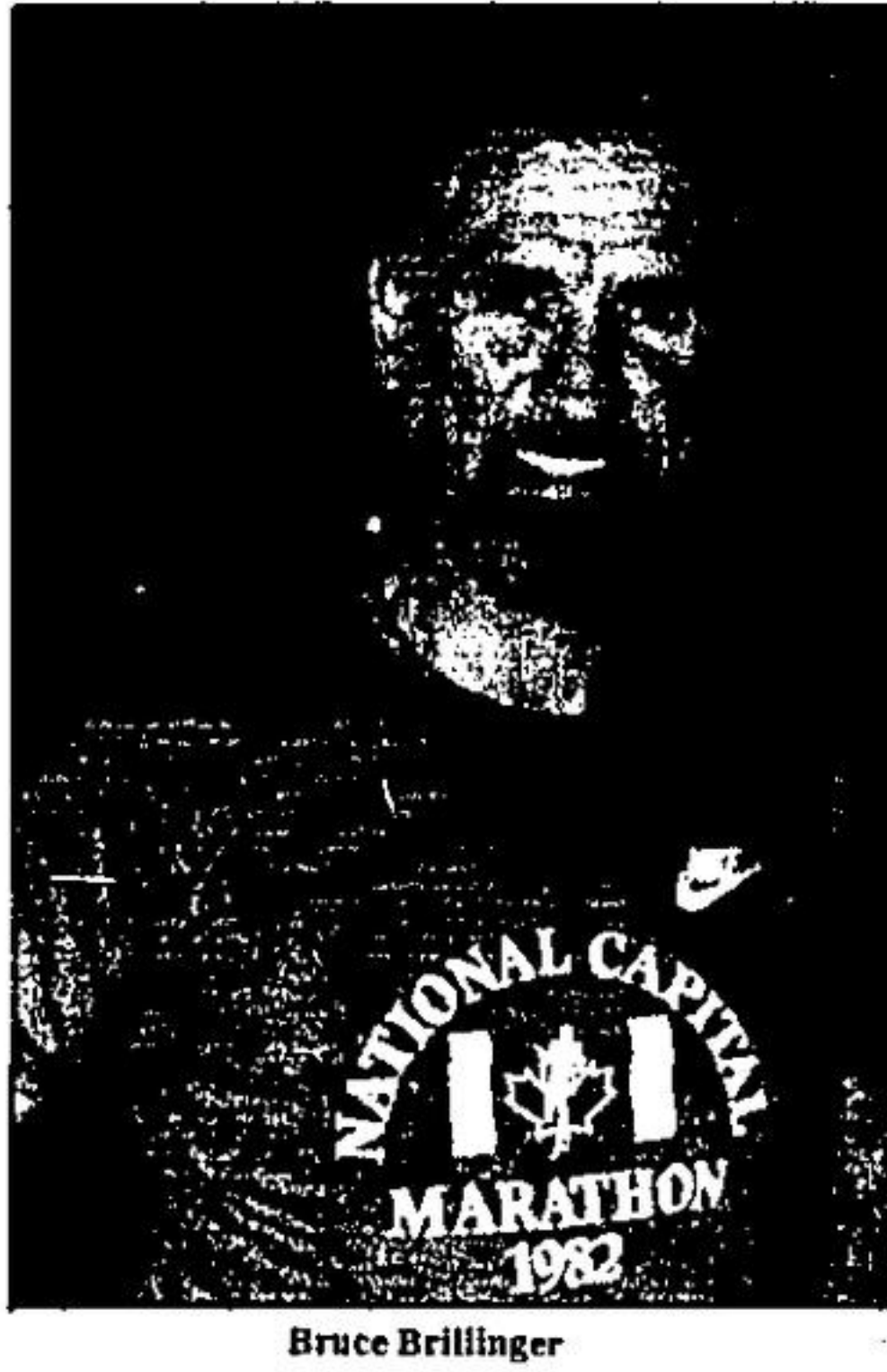
He stated, in running the race it was after a mile or a mile-and-a-half before there was room to move as 3,000 runners started the race.

Bruce, who runs four times a week, says he runs for fun and recreation, saying he loves the outdoors and always runs with his dog. Bruce prefers running alone, and has been for the past four years, running three to six miles during the week and six to 12 miles on weekends.

Bruce claims he runs in the annual Waterloo Classic because it attracts just the recreational joggers.

Bruce will run in the Mayor's Annual Road Race in Georgetown with a couple of his kids on June 13 and in the very unofficial race, Duntroon to Slayner, first run in 1867 and revived in 1967 as a Centennial project of the community.

Bruce says he'll keep on jogging for as long as he can because he loves the outdoors and the changing seasons in the countryside.



Bruce Brillinger

Entwistle, Uranick are the top AHS athletes

On Thursday night Acton High School held their annual Athletic Banquet and Doreen Uranick and Dave Entwistle were honored as female and male athletes of the year.

The Most Valuable Player Awards went to: Boys' Badminton Harold Koehler; Girls' Badminton, Sandra Brundie; Midget Boys' Basketball, Pete Jones; Junior Boys' Basketball, Bob Little; Senior Boys' Basketball, Rob Faber; Junior Girls' Basketball, Teresa Dunn; Senior Girls' Basketball, Linda Osso; Midget Boys' Rugger, Brian Bollert; Junior Boys' Rugger, Peter Faber and Senior Boys' Rugger, Dave Entwistle.

The Outstanding Athletes were, Female Crosscountry, Doreen Uranick; Male Crosscountry, Tony Wright; Female Swimmer, Karen Coats; Male Swimmer, Mark Duess and Brian Patterson; Female Track and Field, Doreen Uranick; Male Track and Field, George Gidman.

The Most Improved Female Athlete is Teresa Dunn and the Most Improved Male Athlete is Steve Margetts.

Rob Warrington was this year's winner of the Bill Spehar Memorial Trophy, for hard work in sports and the work behind the scenes, setting up events, working food booths etc.

Following are the members of all AHS teams:

INTRAMURALS
BLUE—Scott Allonby, Peggy Ancker, Yvonne Bogovic, Brian Canary, John Cavlovic, Kathy Coats, George Gidman, Paul Gorpj, Andrea Jenkinson, Dave Leslie, John Lobello, Steve Margetts, Gord McArthur, Robin McClure, Scott McDonough, Mark McKinnon, Donna Mitchell, Sandy Munro, Peter Neillspach, Tammy Nolan, Joel Pirk, David Quinn, Chris Salen, Ian Sawden, Tony Saxton, Mike Smith, Adam Thomas, Anthony Tillet, Betty-Lou Tufford, Shirley Van Rijk, Brent Vickery, Mark Walker, Sherry Willie, David Wuebbell.

GREEN—Norm Bourassa, Terry Cianfarani, Mark Cook, Les Dobias, Dave Entwistle, Peter Faber, Georgi Gaskill, Cheryl Greenly, Sean Heatley, Derek Hodgson, Harold Koehler, Annette Kroezen, Gord March, Emil Milarevic, Susan Nadhani, Greg Near, Bruce Shannon, Warren Somers, Hoy Spear, Steve Tallifer, Andreas Thunich, Jane Trueman, Susan Wilson, Peter Wright, Tony Wright.

RED—Mark Duess, Tracey Dunbar, Rob Forsythe, Lisa Gillis, Bev Glenn, Ken Kavanagh, Kelly Kennedy, Richard Kilpatrick, Chris March, Brian Martin, Tom McDonough, Al Peterson, Chris Stewart, Ian Tremblay, Rob Warrington, Elke Zeisig.

YELLOW—Andrea Arbic, Debbie Baum, Sandra Brundie, Marion Case, Nick Fryers, Gord Glenn, Scott Hibbard, Cathy Kolozavari, John Kwiatkowski, Bob Little, Lori Little, Cliff Nibbs, Paul Nolan, Rick Papillon, Glen Van Rijk, Nick Wagner, Ed Wong, Michael Yabwica.

BADMINTON CLUB
Peggy Ancker, Andrea Arbic, Sandra Brundie, Marion Case, Jodi Clow, Kathy Coats, Leanne Doberthien, Mark Duess, Dave Entwistle, Georgi Gaskill, Gwyneth Gibb, Bev Glenn, Gord Glenn, Andrea Jenkinson, Gaylene Mackenzie, Harold Koehler, Tracey MacFarlane, Emil Milarevic, Paul Nolan, Rick Papillon, Annette Pool, Dave Quinn, Connie Soros, Adam Thomas, Jane Trueman, Shirley Van Rijk, Rob Warrington, Peter Wright, Tony Wright, Dave Wuebbell. Coach: Jane Zarrow.

BASEBALL TEAM
Bev Baker, Tim Baker, Donna Baamiah, Tracey Clarke, Tim Evans, Georgi Gaskill, Cheryl Greenly, Rick Greenly, Denise Kennedy, Kelly Kennedy, Carrie Kirton, Yvonne Kocich, Chris March, Gord McArthur, Steve McClure, Hoy Spear, Bruce Shannon, Tom Shannon. Coaches: Boris Sheen, Murray Swanson.

ATHLETIC LETTERS
Scott Allonby, Andrea Arbic, Debbie Baum, Norm Bourassa, Sandra Brundie, Terry Cianfarani, Kathy Coats, Les Dobias, Mark Duess, Teresa Dunn, Dave Entwistle, Nick Fryers, Georgi Gaskill, Bev Glenn, Gord Glenn, George Gidman, Cheryl Greenly, Andrea Jenkinson, Ken Kavanagh, John Kwiatkowski, Emil Milarevic, Cliff Nibbs, Paul Nolan, Rick Papillon, Chris Salen, Heather Thatcher, Jane Trueman, Mark Walker, Rob Warrington, Kelly White, Ed Wong, Tony Wright.

ATHLETIC LETTERS
Scott Allonby, Teresa Dunn, Gord Glenn, Derek Hodgson, Ken Kavanagh, Rick Papillon, Brent Vickery.

RHYTHMICS
Susan Auty, Cathie Becham, Marina Herrington, Marlene Lott, Carey Martis, Linda Osso, Heather Thatcher, Nancy Thomson. Coach: Anne Lepik.

RUGGER
MIDGET—Brian Bollert, Derek Boyle, Peter Cassar, Greg Hlcock, Stewart Hoy, Pete Jones, Ken Jespersen, Tom Jung, Foad Khan, Rob McGregor, Ken McKee, Ted Moyle, Mike Ormsby, Rob Porter, Chris Szaburay, Steve Tallifer, Jamie Thatcher, David Thomas, Anthony Tillet, Tony Vandam.

JUNIOR—Martin Alac, Scott Allonby, John Andrea, Jim Barton, Brian Canary, Rick Chapman, Terry Cianfarani, Brian Demone, Rick Dodds, Mark Duess, Peter Faber, Jack Garton, Allan Higgins, Richard Kilpatrick, Chris Lobsinger, Lorner McGillivray, Cliff Nibbs, Peter Neillspach, Tony Saxton, Mike Steadman.

SENIOR—Bev Baker, Dave Entwistle, Tim Evans, Ian Finlay, Dave Forbes, Gord Glenn, Farid Khan, Randy Laver, Chris March, Steve Margetts, Edwin Nisaber, Paul Nolan, Rick Papillon, Mark Slaye, Scott Timbers, Danny Tremblay, Nick Wagner, Peter Wright. Coaches: Tom Biers, Murray Kitterer.

SWIM TEAM—Nancy Allan, Andrea Arbic, Laura Brillinger, Renata Brillinger, Karen Coats, Kathy Coats, Naomi Donat, Ula Dues, Kirsten Jarvis, Melanie Johnston, Michele Jones, Linda Kilpatrick, Pam Mahal, Sharon McBride, Laura Moore, Jane Sewell, Connie Soros, Heather Thatcher, Jane Trueman, Doreen Uranick, Bev Baker, Tim Baker, Norm Bourassa, Derek Boyle, Mark Duess, Dave Entwistle, Rick Greenly, Stewart Hoy, Bill McKenzie, Scott Nolan, Edwin Nisaber, Jack Nisaber, Brad Olaway, Brian Patterson, Rob Porter, Dave Quinn, Tom Shannon, Ross Turner. Coaches: Karen Braiding, Lynn Fountain.

THIN TEAM
Scott Allonby, Sally Briggs, Paul Curtis, Teresa Dunn, Dave Entwistle, Scott Hibbard, Julie Holland, Michele Jones, Ken Kavanagh, Chris Lobsinger, Paul Nolan, Brent Vickery, Kelly White, Susan Wilson. Coach: Anne Lepik.



Acton High School, Most Improved Female Athlete was Teresa Dunn and the Most Improved Male Athlete was Steve Margetts.



Acton High School Outstanding Athletes were: George Gidman—Male Track and Field; Tony Wright—Male Crosscountry; Doreen Uranick—Female Crosscountry and Track and Field; Mark Duess—Male Swimmer; Karen Coats—Female Swimmer; and Brian Patterson—Male Swimmer.



Acton High School Most Valuable Players were: Brian Bollert—Midget Boys' Rugger; Peter Jones—Midget Boys' Basketball; Teresa Dunn—Junior Girls' Basketball; Sandra Brundie—Girls' Badminton; Linda Osso—Senior Girls' Basketball; Back row, Harold Kroehler—Boys' Badminton; Bob Little—Junior Boys' Basketball; Dave Entwistle—Senior Boys' Rugger; Rob Faber—Senior Boys' Basketball; Peter Faber—Junior Boys' Rugger.

TRACK AND FIELD
Susan Auty, Andrea Arbic, Debbie Baum, Norm Bourassa, Sandra Brundie, Marion Case, Kathy Coats, Teresa Dunn, Les Dobias, George Gidman, Bev Glenn, Lisa Gillis, Norman Harris, Andrea Jenkinson, Gord March, Carey Martin, Tom McDonough, Scott Nowlan, Gord Spingale, Mike Soper, Tom Shannon, Jane Trueman, Doreen Uranick, Mark Walker, Rob Warrington, Don Weaver, Tony Wright. Coaches: Bruce Andrews, Mike Payne, Dave Boycott.

BASKETBALL
MIDGET BOYS—Brian Bollert, Mike Case, Alex Faber, Nick Fryers, John Haddon, Greg Hlcock, Ken Jespersen, Pete Jones, Ted Lindsay, Ian Sawden, Chris Stewart. Manager: Lorrie Robinson. Coach: Blair Lytle.

JUNIOR BOYS—Scott Allonby, Terry Cianfarani, Les Dobias, Peter Faber, George Gidman, Randy Laver, Dave Leslie, Bob Little, Cliff Nibbs, Paul Nolan, Mike Smith, Tony Wright. Managers: Lorelei Buscher, Annette Pool, Shirley Van Rijk. Coach: Murray Kitterer.

SENIOR BOYS—Dave Entwistle, Rob Faber, Gord Glenn, Paul Gorpj, Harold Koehler, John Kwiatkowski, Steve Margetts, Glenn Scott, Greg Siscock, Matt Vuk, Nick Wagner. Manager: Cheryl Greenly. Coach: Dave Boycott.

BASKETBALL
JUNIOR GIRLS—Andrea Arbic, Kendal Baichelor, Debbie Baum, Yvonne Bogovic, Sally Briggs, Tracey Dunbar, Teresa Dunn, Lisa Gillis, Donna Mitchell, Lisa Mitchell, Judy Thomson, Linda Thomson, Betty-Lou Tufford, Claira Van Sproosen, Angie Vuk. Coaches: Anne Lepik, Lynn McLaren.

SENIOR GIRLS—Sandra Brundie, Marion Case, Lori DeBruyn, Lori Drysdale, Andrea Jenkinson, Laurie Moreau, Linda Osso, Marlene Phillips, Donna Robinson, Kelly White. Manager: Linda Paton. Coaches: Anne Lepik, Lynn McLaren.

CROSS-COUNTRY
Scott Allonby, Todd Andrews, Norm Bourassa, George Gidman, Karen Kilner, Richard Kilpatrick, Pam Mahal, Tom McDonough, Scott McDonough, Ted Moyle, Paul Nolan, Al Peterson, Dave Quinn, Heather Thatcher, Jamie Thatcher, Doreen Uranick, Rob Warrington, Declan Weld, Sherry Willie, Tony Wright, Elke Zeisig. Manager: Scott Nowlan. Coaches: Bruce Andrews, Dave Jones.



This year's Female Athlete of the Year, Doreen Uranick and Male Athlete of the Year, Dave Entwistle, at the Acton High School Athletic Banquet.

Three Redmen to OFSAA

Three Acton High School students will be going to the provincial track and field meet in Etobicoke on June 4 and 5.

Deb Baum, George Gidman and Doreen Uranick qualified for the Ontario Federation of Schools Athletic Association (OFSAA) meet last Wednesday when the Acton High School Redmen Track and Field Team travelled to McMaster University to compete in the Regionals.

Deb has qualified in the Midget Girls' Discus, George in the Junior Boys' 400m race and Doreen has qualified in both the Junior Girls' 800m and 1500m races.

Redmen Rugger
Last week all the Acton High School Redmen Rugger Teams were eliminated from the play-offs as the Midgets lost in the semi-finals to Oakville-Trafalgar 24-0. The Juniors were hammered in the quarter-finals 43-0 by Oakville-Trafalgar and the Seniors were defeated 18-3 in the quarter-finals by Bramalea. This ends the rugger season until next year.



Minor Soccer action last Wednesday at McKenzie-Smith Middle School.

Soccer roundup

Bob's Angels fly high

By Tony Saxon

BOB'S ANGELS WIN BIG
In Squirt action Bob's Angels got off to a good start by defeating Rockwood A 5-0. Harry Rinsima led the way with two goals, while Garth James, Chris Hayter, and Bill Koeslag each scored once capping off a good all-round team effort. In other Squirt action Bill Gillis scored three goals and Mark Sears scored two to lead Tornadoses to a 5-4 victory over the Gunners. Jason Pun and Philip Williamson each potted two for the Gunners in this very closely contested match. Tigers outscored Lions to the tune of 6-2 as Sheldon Stuckless netted the hat-trick and Jason Higgins, Kevin Tetliper and Ryan Lofthouse each scored once. Steve Slaney scored both goals for the Lions. In the other Squirt game Falcons, led by David Deforest's five goals, beat Rockwood B 7-

0. Jeremy Cooney and David Patey scored the other Falcon goals.

LEOPARDS EDGE CUBS 5-3
In Atom action the Leopards, led by David Craig's hat-trick, edged out the Cubs by two goals 5-3. D. Boyle and M. VanDorakker scored the other Leopard goals while Wayne Bousfield replied with a hat-trick of his own for the Cubs.

In the only other game reported Cougars tied 3-3 with Rockwood A as Jamie Galway, Winston Pun and Craig Stuckey scored for the Cougars. Rockwood scorers were not available for this hard fought game.

VAN DAM LEADS ASTOS
John Van Dam scored two goals and John Beaulieu and Jeff Jackson each scored once to lead (Continued on page B2)

Stan Smith chosen to go to Kingston camp

by Dan McGiloway

Stan Smith, captain of last year's Ed's In-N-Out Midgets will be rubbing shoulders with the likes of Darryl Sittler, Dave Dryden and Vern Buffey, in Kingston, at the Hockey Ontario Camp this summer.



Stan Smith

Stan, 15, has been chosen by the Ontario Minor Hockey Association (OMHA) selection committee to participate at this camp.

Stan, who started his hockey in Georgetown moved with his family six years ago to Acton where he has played rep hockey for the past five years.

To be chosen one of 66 minor midget's from across the Province to participate in this camp is a great honor and Stan is looking forward to the July 31 to August 8 session at Queen's University in Kingston.

The purpose of this Hockey Ontario Camp is to identify and bring together outstanding Ontario minor midget players for a unique learning experience. This new program will eventually lead to the formation of Regional or Provincial teams and ultimately to the development of the National Teams at the Midget, Junior, and Olympic Levels for the purpose of competing internationally and at the Olympics.

The coaching staff at the camp will consist of Tom Watt—head Coach Winnipeg Jets; Ron Smith—Assistant Coach Vancouver Canucks; and Bill Mahoney—former Assistant Coach Washington Capitals.

Other coach's and instructor's at the camp are: Brian MacFarlane, David King, Dennis McDonald, John McCauley, Scotty Morrison, Gus Badali, David Branch, Sittler, Dryden and Buffey.

Instructional topics will include: conditioning, physiology, nutrition, psychology, Junior hockey, University hockey, Professional hockey, College hockey, player agents, leadership development, handling of the media, and preparing for International play.

So for Stan it will be a great learning experience, a chance to meet boys from all over Ontario and some of the hockey greats.



Rob Warrington was this year's winner of the Bill Spehar Memorial Trophy for hard work in athletics and work behind the scenes.



Jane Trueman presents Rick McArthur with a plaque in appreciation of the work Rick did at Acton High before he moved.



Acton High, Intramural Champions were represented by Rick Papillon, Andrea Arbic, Sandra Brundie and Gord Glenn from the Yellow Team.