

Prize winning cake recipe

William Neilson Ltd., has just released the winning recipe in the Neilson "Cocoa Chocolate Dream Cake" competition held this fall at the Georgetown

This year's winner is Mary Lou Denny of R.R. 4, Acton. Mrs. Denny's recipe, which was her first, yields a very high chocolate layer cake. it's perfect for serving when friends drop by during the hollday

"I've been baking since I was a member of 4-H," Mrs. Denny said. "I tried several recipes before l settled on the one I entered." Mrs. Denny didn't have any trouble finding volunteers to taste her attempts at finding the perfect chocolate cake recipe. Three boys in the house (aged 4 years, 6 years and 18 months) "I always had plenty of volunteers around."

NEILSON "CHOCOLATE DREAM" CAKE GEORGETOWN FAIR WINNER

Ingredients: 1 cup sugar

1 cup Neilson Cocoa 3, cup boiling water

cup shortening 15 cup butter 4 tps. vanilla

2 cups sugar 4 eggs (well beaten) 4 cups flour

I tps. salt 2 tsp. baking soda 34 cup sour cream I cup buttermilk

Method: Combine: I cup sugar

1 cup Neilson Cocoa 34 cup boiling water

Bring above ingredients to a boil for two minutes. Let cool.

Cream: 14 cup shortening

12 cup butter

To cream mixture add 4 tps. vanilla. Gradually add 2 cups of sugar, beating until creamy. Blend in 4 well-beaten eggs. Beat again until light.

Sift together: 4 cups flour 1 tps, salt

2 tsp. baking soda

Combine: 4 cup sour cream

I cup buttermilk Add flour mixture and liquid mixture to creamed ingredients alternately-beginning and ending with

flour. Mix just until blended. Fills two 9-inch pans. Bake one hour at 325 degrees. Filling: Can be prepared ahead of time. Combine to personal taste rasberry jam, coconut and an equal portion of icing. After cake has cooled spread evenly between layers.

Icing: Your favorite creamy pale-yellow butter ic-

Rec. department to the rescue of bulging bellies

Got the post Christmas midriff bulge?

Make a New Year's Resolution to get fit, or lose those extra pounds? Well, the Halton Hills Recreation Department has come to the rescue. Water exercises are

held weekly at the Acton swimming pool, in the shallow end of the pool so non-swimmers can participate too. Fitness and Dance

programs will be held in Acton and Limehouse. Dancing is used as a warm up to an hour of exercises, sports and games. The morning Take a

Break Fitness class will be held in Ballinafaid twice a week. Babysitting is available and after the exercises you can relax with morning coffee.

The Fitness and Swim class held in Acton features a one hour workout in the gym followed by a relaxing swim in the pool and the use of the sauna to refresh your-

There are also a variety of courses offered in Georgetown. For more information

Liquor stolen

. Thieves were probably laying in stock for New Year's Eve when they broke into a residence at RR 2, Acton late last Wednesday evening or

Thursday morning. Intruders removed 36 pints of beer, four bottles of spirits and stereo speakers from a house on Lot 13, Concession Two, according to police reports.

call the rec. department 19 (Acton), and ext. 60 Police Commission.

m's RRSP

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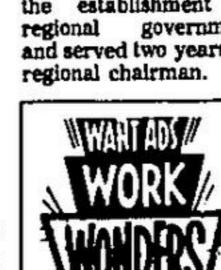
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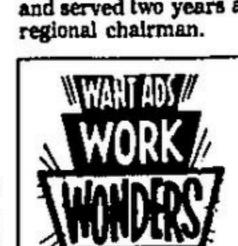
(Georgetown).



Ric Morrow

politician, started his political career as a member of Georgetown council in 1968,





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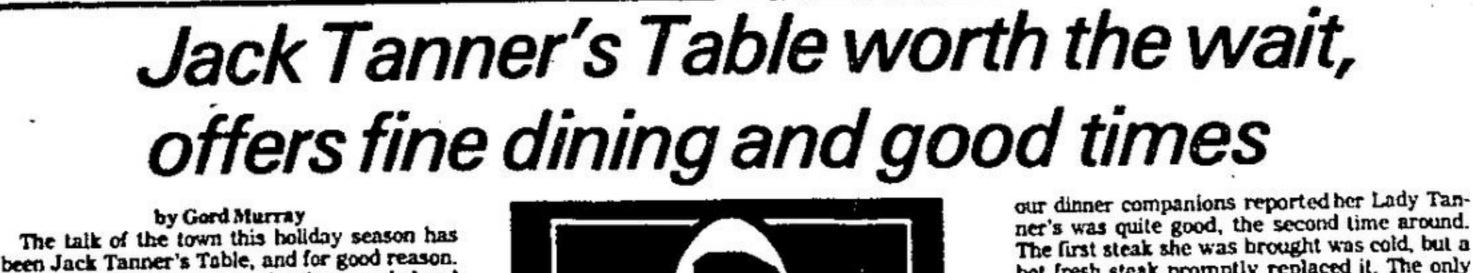
Use This Home Recipe Plan to Lose Ugly Fat

It's simple how graceful curves; if requickly one may lose ducible pounds and inpounds of bulky un- ches of excess fat don't sightly fat right in your seem to disappear cipe plan yourself. It's from neck, chin, arms, juice to fill the bottle. and help bring back.

low the Naran plan. ase does not show the disappears - how much simple, easy way to better you feel. More lose bulky fat and help alive, youthful appearregain slender more ing and active.

own home. Use this re- almost like magic easy - no trouble at all bust, abdomen, hips, and costs little. Just go calves and ankles just to your drug store and return the empty bottle ask for four ounces of for your money back. Naran. Pour this into a Follow the easy way pint bottle and add endorsed by many who enough grapefruit have tried this plan

Take two tablespoons alluring curves and full twice a day and fol- graceful stendernes .. If your first purch. Note how quickly bloat



burger, but some beverage better be close by after a few bites.

We'd suggest water always be served with dinner, not just on request, for just such instances as the above.

The fries which come with both the sandwich board and burger receive good and bad marks. Sometimes they have been crisp and hot, other times cool and soggy. The busier Tanner's is for lunch the more likely the fries will be good.

The quiche of the day is another item which has received mixed reviews, neither Helen or I can comment personally. We haven't heard anyone complain though about the size of the serving, more often than not the rap has been on the ingredients. This is the customer's fault since the waltresses state what type of quiche it is on that day and it is posted near the entrance also. And now to dinner.

The prime rib board is an excellent value. The prime rib has been superb three times in a row. Hot, tender, julcy and the portion has been large. The meat extras, particularly the ribs and chicken have also been quite good. Ham, when it is hot is a nice addition too, but on one occassion it was cold, it was supposed to be cold, but would seem to have been more suited as a salad addition not part of the hot meal. The menu says Tanner's will load your plate, and they do.

Scalloped potatoes seem to be the main potato dish both with dinners and the prime rib board. "They should give up on the scalloped potatoes," Helen reports. We've had them several times and every time they've been dull and pasty. Once they weren't even warm. On one occasion they had mercifully run out of

scalloped potatoes and served pan broiled potatoes instead. They were a nice improvement and should be the potato of the day more often. Mashed and baked potatoes would also be a nice break in the routine.

Vegetables, occasionally not as hot as they could be, have never been anything special. The rice which comes with a few entrees is quite Helen also enjoyed her marinated chicken, the

sauce was tasty and the serving large. Neither of us has had the steak yet, but one of The first steak she was brought was cold, but a hot fresh steak promptly replaced it. The only disappointment was her first plate featured rice, when her dinner was replaced the scalloped potatoes appeared.

We haven't tried the seafood dish of the day nor the boneless porkloin yet so we can't com-

We've heard good things about the weekend brunch but haven't tried it yet.

As for the prices, they seem reasonable when compared with other first class restaurants in the north Halton area. And of course there is a saving eating at Tanner's, you don't pay for gas to go to Georgetown, or Milton or Guelph, or Brampton etc.

The atmosphere is very condusive to relaxing times. It's open and airy with the high, high ceilings and the hanging plants give the dining and lounge areas a warmth. The four gas fireplaces add to the mellow atmosphere.

The lounge with its plush leather furniture is quite comfortable but we would suggest cushions for the dining room chairs If your stay is two or three hours the chairs are a little hard on the behind.

The staff we have met are professional, courteous and really work to make your visit special. We haven't tried a lot of the drinks, Helen says the Caesar is nice, and befuddled drinks are a good value. We have heard reports of some cocktails not being properly made and Irish Collee coming piping hot, but unwrapped.

Overall we have noticed a weekly improvement at Tanner's and while some more changes are recommended we believe they are on the right track.

A visit to Tanner's certainly makes for a nice evening outing or quiet lunch and is an establishment which Acton has been crying for some

Sincere Thanks!

I wish to express my sincere thanks to all my valued customers during the past thirty-three years of business in Acton.

To the new proprietor, David Hunter, 1 offer congratuations and solicit the same loyal support. It has been an extreme pleasure serving you.

Elisa Braida

Tax exemption for disabled

The Halton Regional Health Department has announced a new service for chronically disabled residents of Halton where anyone with a specific permanent health problem requiring specially designed equipment, or materials, is eligible for

Ontario Sales Tax Exemption on these necessities. Some articles require a Doctor's prescription, others may be obtained without an accompanying prescription. This does not include first aid materials.

To obtain an identification card for purposes of Sales Tax Exemption and an accompanying information package, interested persons are asked to send a Doctor's letter which indicates that they have a chronic disability including the diagnosis to:

Dr. Peter N. Cole, Medical Officer of Health,

Halton Regional Health Department,

P.O. Box 7000. 1151 Bronte Road.

OAKVILLE, Ontario.

L6J6E1 Further information can be obtained by calling 827-2151, Ext. 285.

Deer-car collisions \$36,000 damage

Deer-car collisions caused a lot of damage in the area last year.

Milton OPP reports there were 32 car deer accidents on highways in their area and damages totalled \$36,000. The highest number of deer-car collisions was recorded in November when there were

Fire call in Erin Twp.

Acton firefighters responded to a fire call New Year's Day at a home on the Fourth Line of Erin Township in the vicinity of 32 Sideroad. The chimney fire, which was really in the Erin fire area, was called in around 5 p.m.

NOTICE OF MEETING

Halton Burlington NDP Provincial Riding Association

QENERAL MEMBERSHIP MEETING

Monday, Jan. 11, 1982 8 p.m. at the U.A.W. Hall, Milton on Martin Street

ELECTION OF DELEGATES TO LEADERSHIP CONVENTION

Morrow Police Commissioner served as councillor,

Morrow Georgetown has been appointed a member of Halton Region Police

by Gord Murray

It's a type of business Acton has long needed and

The new restaurant in the olde Hide House

opened in early December, but already has been

visited by hundreds and hundreds of Actonians.

It was a popular spot for office Christmas lun-

There's no question Tanner's, as many are cal-

Many have reported not being 100 per cent

satisfied. There's also been numerous horror

stories, like prime rib au jus being poured in

But we have also heard many, many reports of

This article is based on an assessment by

Helen and I after several lunch and dinner visits

as well as comments of people we have dined

with and others here at the Free Press. A review

based on one visit and one opinion would be

I've tried the soup of the day four times (twice

at lunch) and rate it excellent. The ministrone,

vegetable and Mexican tomato are all hearty,

fresh tasting and servings are generous; to say

nothing of delicious. (It has also been quite hot,

even late in the evening). The only disappoint-

ment has been the fact one day it wasn't

available, someone in the kitchen forgot to watch

The French Onion is also good value, a large

serving, kept hot. Helen and another staffer both

report that on different days they found the

French Onion soup to have a slightly burnt taste,

The onion rings are top notch, good and crispy,

The escargot (which neither Helen or I have

tried) is served at both lunch and dinner and

comments from those we have eaten with have

been favorable. One female companion said they

have drawn raves from many we know, in-

The breaded mushrooms and zucchini with dip .

The salad bar is much the same at lunch and

dinner. For the regular visitor the salad bar has

one important feature, it changes in small ways

We've found the vegetable ingredients to be

good and fresh and there's a wide range of items.

But there's also frequently fruit, cheese, pate,

even cold sliced ham, which makes Tanner's

salad bar very out of the ordinary, much more

The combination of bread, melba toast and

sesame seed covered bread sticks also adds to

lunch or dinner. And speaking of bread, the

garlic toast, part of several of the appetizers, is

board and burger are both top notch. The sand-

wich board offers beef, corned beef, peameal

bacon and ham, you can build quite a meal.

Helen thinks some smaller, less expensive sand-

The burger is big and meaty, cooked to per-

fection, with excellent toppings. Watch out for

the chilli topping, it is very, very hot and spicy.

This isn't to say it isn't a tasty addition to the

wiches should also be available.

As for the main part of lunch the sandwich

were the best she had ever had in a restaurant.

they conclude it is supposed to taste that way.

and the serving is good value for the price.

it and it burned, not really a major sin.

fine meals, enjoyable times and glowing compli-

ling it, has experienced a multitude of opening

cheons and dinners in recent weeks.

problems and growing pains.

cups instead of coffee.

ments for Tanner's.

decidedly unfair.

cluding Helen.

than just salad.

We'll begin with lunch.

has been worth the wait.

Commission. His appointment effective immediately was confirmed by the Solicitor General's of-

Morrow replaces Glen Magnuson who resigned recently after serving seven years on Halton Police Commission and three on Georgetown Morrow, well-known

deputy-reeve and reeve. He was a regional councillor for five years after the establishment of regional government and served two years as



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